

Lanarkshire Chronic Pain Service Patient Pathway

Start

Red Flags?
<https://cks.nice.org.uk/sciatica-lumbar-radiculopathy#!diagnosisSub:1>

Age > 16 yrs ?

Refer to paediatrics RHC, Glasgow

Refer to appropriate speciality

Pain > 6/12 ?

Manage in Primary Care (RCGP guidelines)
Referrals with pain of shorter duration will only be considered in specific circumstances (e.g CRPS)

Is this an initial presentation of back pain ?

Refer to MSK/back pain service pathway initially

Are all investigations and treatments completed ?
See RCGP/RCR guidelines

NO
(unless discussed with pain consultant in advance)

YES

Alcohol/drugs dependency ?
Somatisation disorder ?
Significant mental health issues ?
Severe active depression
Psychosis
PTSD
High level/primary anxiety
High level/primary personality disorder
Unresolved bereavement issues
Unresolved abuse issues
Please contact our service to discuss if unsure

NO

Does patient accept that all appropriate medical interventions and diagnostic tests are completed ?

NO

YES

Is patient ready to self manage ?
Please give details of what a patient expects from referral to pain service

NO

YES

Is the patient in a position and likely to commit to regular attendance to all aspects of our multidisciplinary approach that we feel is required
Non attendance to any aspect of our service without good reason will result in a patient being removed from our service

NO

YES

YES

Refer to appropriate service
(d/w CPS as input from service might not be appropriate at this time)

Refer to Lanarkshire Chronic Pain Service

DO NOT REFER