



Options

The HSCP have a legal duty to offer individuals who have been assessed for services four options:

- Option 1 – a direct payment, which is a payment to a person or third party to purchase their own support
• Option 2 – Individual service fund (IFS) offers flexibility to decide who they would like to be supported by and which care agency
• Option 3 – the council will take responsibility for managing and arranging services
• Option 4 – a mix of the above

Getting support in deciding which funding option to choose

Take Control South Lanarkshire provides independent information, advice and support. They can assist with setting up and signposting for options 1, 2 and 4 www.takectrl.org.uk

Section 3 – Financial Benchmark

All self-directed support budgets are subject to agreed financial benchmarks which are updated annually.

If you need further details on the information contained in this leaflet please visit the website www.southlanarkshire.gov.uk

Locality contact details

Local social work offices are open Monday to Thursday 8.45am – 4.45pm and Friday 8.45am – 4.15pm

Clydesdale

Council Offices
South Vennel
Lanark ML11 7JT
Phone: 0303 123 1008

Hamilton

Brandon Gate
1 Leechlee Road
Hamilton ML3 OXB
Phone: 0303 123 1008

East Kilbride

Civic Centre
Andrew Street
East Kilbride G74 1AB
Phone: 0303 123 1008

Rutherglen/Cambuslang

Council Offices
Cambuslang Gate
27 Main Street
Cambuslang G72 7EX
Phone: 0303 123 1008

Social Work Emergency Service

Phone: 0303 123 1008
This number is only available when the local offices are closed.

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: 0303 123 1015

Email: equalities@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk

Care at Home Service

If you need this information in large print, on tape or in Braille, please contact 0303 123 1015.

Please phone 0303 123 1015 if you would like this information in Chinese, Urdu, Punjabi, Hindi or Polish.

這份資料備有中文譯本，查詢詳情請致電 0303 123 1015

यह सूचना आपके लिए हिन्दी में भी उपलब्ध की जा सकती है

अतिरिक्त जानकारी के लिए इस फोन नं: पर सम्पर्क करें:

0303 123 1015

ਇਹ ਜਾਣਕਾਰੀ ਪੰਜਾਬੀ ਬੋਲੀ ਵਿਚ ਵੀ ਤੁਹਾਨੂੰ ਮਿਲ ਸਕਦੀ ਹੈ

ਹੋਰ ਜਾਣਕਾਰੀ ਲਈ ਇਸ ਨੰਬਰ 'ਤੇ ਫੋਨ ਕਰੋ:

0303 123 1015

یہ معلومات اردو زبان میں بھی مہیا کی جاسکتی ہیں

مزید معلومات کے لئے اس فون پر رابطہ کریں 0303 123 1015

Proszę dzwonić na numer 0303 123 1015, jeśli chcieliby Państwo posiadać tę informację po polsku.



support
care
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Working together to improve health and wellbeing
in the community – with the community



Produced for South Lanarkshire Health and Social Care Partnership
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Section 1 – Care at Home Services

South Lanarkshire Health and Social Care Partnership is a public body that was formed as part of the integration of services provided by NHS Lanarkshire and South Lanarkshire Council. The partnership is jointly run by the NHS and the local council and is overseen by an Integration Joint Board.

The Partnership are responsible for the management and delivery of community health and social care services and create close partnerships between health, social care and hospital-based services.

The Care at Home Service provide personal and non-personal care and support to individuals over the age of 18, who have an assessed need for care and support, within their own homes. The service seeks to support individuals to live as independently as possible through a re-ablement approach with a multi-disciplinary team such as 'Care at Home', Occupational Therapy (OT) and the Integrated Community Support Team (ICST).

How can the Health and Social Care Partnership (HSPC) support you?

- South Lanarkshire Health and Social Care Partnership (HSCP) can arrange care at home for you if you're eligible for it. This can be provided by HSCP in-house care at home or an external support provider.

A Living the Life You Choose Assessment will be carried out to determine if you require ongoing support for eligible needs. If eligible, the HSCP may recommend supports at home under Self-directed Support (SDS) (see section2). If you are not eligible for care, the HSCP will offer you advice on where to get supports within your community or alternatively, you can arrange your own care at home.

How it works

We aim to provide services that will support your overall personal care and health needs. We will use other services and professionals to help maximise your independence and ensure as fully as possible your maximum participation within your community. We work to help you regain your self-confidence and realise your personal outcomes and goals.

When should I consider help?

- You are finding it difficult with personal care tasks, such as washing and dressing
- You don't want to move into a care home

How can Care at Home help me?

Personal care

This means anything done for you that's of a personal nature. This may include:

- Personal hygiene – bathing, showering, hair washing, shaving and oral hygiene
- Continence management – toileting, catheter/stoma care and skin care
- Food and diet – food preparation and help with eating
- Simple treatment – assistance with medication and application of creams
- Personal assistance – help with dressing, surgical appliances, aids and getting in and out of bed using hoists

Nursing care may also involve health colleagues which might include injections and managing pressure sores.

Care at Home do not provide non-personal care tasks.

This may include:

- Housework
- Shopping
- Befriending
- Banking

Information can be given where these can be sourced locally.

Charging

Depending on your circumstances, you may have to contribute to the cost of your non-personal care charge.

What you will contribute will depend on your income and savings, the council's financial assessment team will work this out in a financial assessment.

If the HSCP is paying for some or all of your care at home, they will give you a support plan that details your outcomes and how this will be achieved. This sets out what your needs are, how they will be met and your personal budget (the amount the HSCP thinks your care will cost).

Free Personal Care for adults and older people

From April 2019, the Scottish Government introduced further legislation to extend free personal care to under 65s. This ensures free personal care to adults and older people who receive significant support needs.

Discharge home from hospital

After your period in hospital the Care at Home services will take a re-enablement strength based approach. Staff will spend time with you to regain skills and maximise your independence. This can be for a period of 6-8 weeks. If after your period of re-enablement you have ongoing eligible needs we will refer you to the

appropriate service who will then assess you and offer guidance and appropriate supports.

Section 2 – Access to Self-directed Support

The Scottish Government passed the Social Care (Self-directed Support) (Scotland) Act 2013 so that people who are eligible for social care support can get greater choice and control over how they receive these services. This means that care services can be personalised to your identified needs and outcomes.

Self-directed Support is an approach to engage you and or your representative in discussion around what is important to you. You are important and require to be involved in assessing your care needs and support.

The planning is done by you and a lead worker (social work or health representative). They will talk about your outcomes and how they will be achieved, this could be a mixture of family, friends (natural supports) personal assistant (PA), church, local HSCP or and external provider.

When the assessment has been completed and your indicative budget agreed you will then be ready to support plan (see SDS separate information pack) which will be based on your eligible needs. Low, moderate, substantial and critical.

Where the needs are low and moderate level, the South Lanarkshire HSCP Eligibly Criteria Guidance indicates that these needs should be met through universal services, advice and or guidance and there are likely little or no need for provision of Social Care Services.

When critical or substantial needs are identified where there are risks to an individual's health or wellbeing, this will call for provision of social care.