



Falls are the top cause of accidents in people over the age of 65 and can occur anywhere, including in your own home. Just over one in every seven falls occur in the bathroom, about ¼ of falls within the home occur on the stairs but nearly 1/3 of all falls actually happen in the living room. There are 12 things shown in this picture of The Broons' living room which could increase your risk of falling – how many can you spot and more importantly, how many would you find in your home? (Answers on the back page.)

