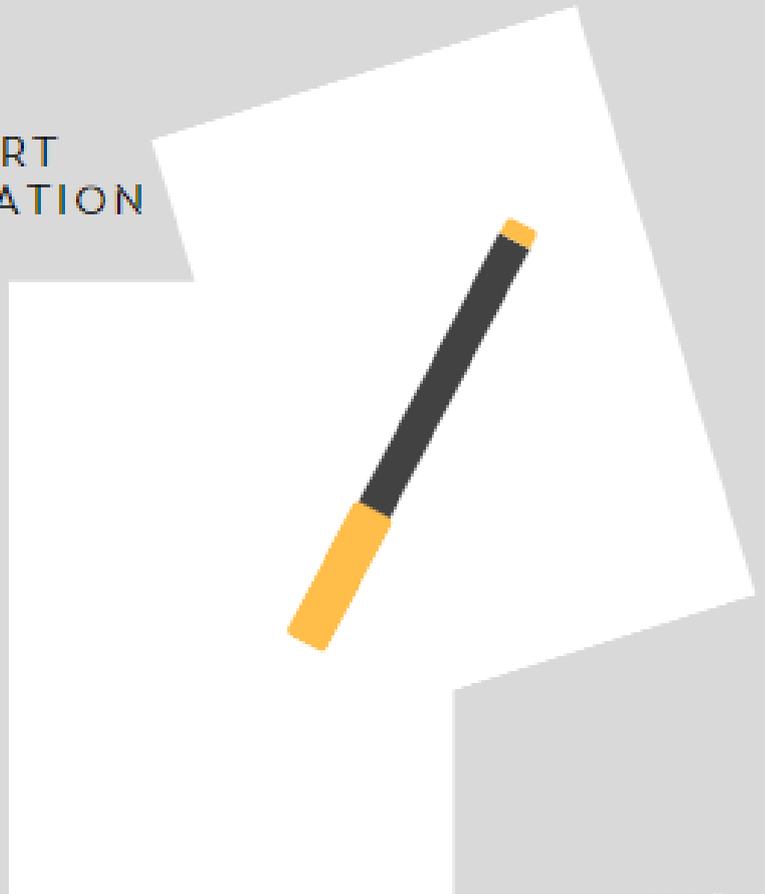


SMART TECHNOLOGY

HELPFUL APPS TO SUPPORT
PLANNING AND ORGANISATION
AT SCHOOL AND HOME



Smartphone Technology

Mobile devices and apps are changing the way we learn. More and more students are using mobile devices to connect to the web. Apps continue to offer students the possibility to study anytime, anywhere at their own convenience, accelerating their progress and guaranteeing better long-term results. Here are some apps that may be beneficial to you.

MyHomework

This app is useful for students who have difficulty remembering their assignments and deadlines and helps improve organisational skills. This free app enables you to monitor your class schedules and manage your assignments for all your lessons. You can input upcoming test and homework completion dates. It includes a calendar view with your assignments sorted by date. Any time you click on a particular date, it gives you a listing of your scheduled tasks. Teachers can also upload resources, homework tasks and assignments.

Evernote

This is user friendly, allowing students to take notes, take photos and record videos helping you remember all sorts of things. It comes with an additional feature such as collaboration on projects and note sharing with friends and classmates. Besides allowing you to record your thoughts and ideas, you can also organise that content into notebooks or folders. Evernote lets you tag your notes, making them easy to search and readily available for recall.

Trello

Trello allows you to organise any project you're working on through different boards, which you can customise. You can separate lists for tasks on your to-do list, task you are doing now and tasks you have completed.

iStudiezPro

This app efficiently tracks assignments and due dates for all your classes. You may opt to label and colour code some extracurricular activities and put them together with your class schedule. Having all the details of your schedule in one location makes it convenient for you to plan your responsibilities and organise your work schedule. It has a today feature that displays your academic and extracurricular activities for a specific day.

iBooks

The iBooks app allows you to download thousands of books to your mobile device so that they are accessible to you in a portable format. Students generally use this for shorter readings for their classes. In most instances it is best to work from the actual books, but for smaller readings, iBooks saves you from carrying a heavy backpack. You can download the books from the iBooks store to transfer books from your computer by dragging them to the iBooks app icon in iTunes.

Instapaper

This is the kind of app that saves web pages for you to view later, even though you do not have access to the internet at the time. Instapaper saves web pages as text only files, which makes them extremely easy to read even on your mobile phone. It is most useful for bookmarking pages and articles that are relevant to your class.

To be able to gain access to them even without having a wireless coverage provides you more freedom to study and read anywhere you are. A favourite feature for this app is that you can check out what your friends are reading or select from the curated list of the Editor's Pick's if you are searching for new content to read

Wolfram Alpha

Wolfram Alpha allows you to input any math's question and it'll find the correct answer along with the formula for how it solves it. This is great as it allows you not only to check that your answer is correct but that your working is too. Wolfram Alpha allows users to find the answers to problems for various other subjects including physics and music.

Mathway

Mathway provides you with an effective internet and mobile app to solve complicated math equations and scientific expressions. It can compute problems in Statistics, Pre-Algebra, Pre-calculus, Calculus, Finite Math, Linear Algebra, Trigonometry, Chemistry, Algebra and Basic Math. Once you have downloaded this app, it does not need an internet connection.

Scanner Pro

This studying app allows you to scan documents quickly and then add them to cloud storage providers such as Google Drive and Dropbox, or to your camera roll. It is also able to find existing documents that you have previously photographed and convert them into PDFs. Whenever you need the scanned documents, just open Scanner Pro to view the documents that it has automatically identified from your photo gallery

RefMe

RefME is a referencing app, enabling students to create bibliographies, citations, and references instantly by copying and pasting URLs. It supports popular programs like Evernote so that you can export and import your work with your other devices. RefME is one of the top mobile apps for students, as it conveniently enables you to scan the barcodes of books, and store them in Cloud for access in the future.

Pomodoro

The Pomodoro Technique is a time management method that can be used for any task. For many people, time is an enemy. The anxiety triggered by “the ticking clock”, especially when it involves a deadline, leads to ineffective work and study habits which in turn lead to procrastination.

The aim of the Pomodoro Technique is to use time as a valuable ally in accomplishing what we want to do in the way we want to do it, and to enable us to improve continually the way we work or study. At the beginning of each day select the tasks you need to complete and put them on the TODO list above.

Start working:

1. Start the Pomodoro timer
2. Work until the Pomodoro rings
3. Take a short break (3-5 minutes)
4. Keep on working, Pomodoro after Pomodoro, until the task at hand is finished. Every 4 Pomodoros take a longer break, (15–30 minutes).

Freedom

If you need to focus on assignments or studying, Freedom can help by blocking distracting websites and apps, enabling you to be more focused. Start session's inpromtly or schedule your freedom time in advance. You can plan schedules that recur daily or weekly.

Quizlet Flashcards

Quizlet is the easiest way to study, practise and master what you are learning. Create your own flashcards or choose from millions created by other students. With Quizlet flashcards app you can: get test day ready, learn with flashcards, put your memory to the test, race against the clock in a game of match, and share flashcards with friends and other students.

Simplemind

With Simplemind you can create mind maps that help you organise your thoughts, remember things and generate new ideas. This intuitive app allows you to mind map wherever you are and whenever you want.

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 @OccupationalTh4

**If you have any queries or concerns please contact NHS Lanarkshire
Occupational Therapy, Children and Young People:**

South Team – Douglas Street Community Health Clinic (01698) 368714

North Team – Glenorchy Building, Coathill Hospital (01236) 707778



This is not an exhaustive list of information. Apps update on a regular basis, so keep an eye out for new versions.