

Locality contact details

Local social work offices are open
Monday to Thursday 8.45am – 4.45pm
and Friday 8.45am – 4.15pm

Clydesdale

Council Offices
South Vennel
Lanark ML11 7JT
Phone: 0303 123 1008

East Kilbride

Civic Centre
Andrew Street
East Kilbride G74 1AB
Phone: 0303 123 1008

Hamilton

Brandon Gate
1 Leechlee Road
Hamilton ML3 0XB
Phone: 0303 123 1008

Rutherglen/Cambuslang

Council Offices
Cambuslang Gate
27 Main Street
Cambuslang G72 7EX
Phone: 0303 123 1008

Social Work Emergency Service

Phone: 0303 123 1008
This number is only available when
the local offices are closed.

Adult and Older People Services

If you need this information in another
language or format, please contact us to
discuss how we can best meet your needs.
Phone: 0303 123 1015
Email: equalities@southlanarkshire.gov.uk
www.southlanarkshire.gov.uk

Ready for discharge? What happens next?

A guide for patients,
families and carers

If you need this information in large print, on tape or
in Braille, please contact 0303 123 1015.

Please phone 0303 123 1015 if you would like this
information in Chinese, Urdu, Punjabi, Hindi or Polish.

這份資料備有中文譯本，查詢詳情請致電 0303 123 1015

यह सूचना आपके लिए हिन्दी में भी उपलब्ध की जा सकती है

अतिरिक्त जानकारी के लिए इस फोन नं: पर सम्पर्क करें:

0303 123 1015

ਇਹ ਜਾਣਕਾਰੀ ਪੰਜਾਬੀ ਬੋਲੀ ਵਿਚ ਵੀ ਦੁਹਾਨੂੰ ਮਿਲ ਸਕਦੀ ਹੈ

ਚੇਰ ਜਾਣਕਾਰੀ ਲਈ ਇਸ ਨੰਬਰ ਤੇ ਫੋਨ ਕਰੋ:

0303 123 1015

یہ معلومات اردو زبان میں مہیا کی جاسکتی ہیں

مزید معلومات کے لئے اس فون پر رابطہ کریں 0303 123 1015

Proszę dzwonić na numer 0303 123 1015, jeśli chciałbyś
Państwo posiadać tę informację po polsku.



support
care
trust
protect

Working together to improve health and wellbeing
in the community – *with the community*



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South
Lanarkshire
Health and Social Care
Partnership



NHS
Lanarkshire



Discharge to assess

Discharge to assess means that we will support you to leave hospital at the right time when it is felt that it's safe to do so.

By taking you home under a discharge to assess, our aim is to support a timely discharge from hospital. This will minimise your stay and maximise your independence with care at home wherever possible. Sometimes you may go to an intermediate care bed (within a care home) to convalesce to better health to support your recovery. Once you have left hospital, we send a rapid response team into your home and work with you to re-enable you to be as independent as possible.

How can we help you recover?

South Lanarkshire Council Health and Social Care Partnership will work with you to help regain your skills, build up confidence and maximise your independence to help you to do as much as you can for yourself. We will help you with managing your care needs such as getting washed and dressed and making meals and snacks. We will also provide rehabilitation where you have issues with mobility. Our aim is to prevent where possible a further admission to hospital.

The focus will be to gradually reduce the support to make sure you get the right quality of care. This service is free for 6 weeks and if you have ongoing needs we will refer you to the appropriate service. (See care at home leaflet within the pack). This will provide you with information on how you can get support with longer term care.

Returning home

When returning home make sure you have notified our family and friends. You will be given enough medication, if required for 7 days.

Discharge information will be given to you or a family member therefore it's important that you present this to your GP alerting them to your return home and any recommended visits.

Please alert staff if you are not sure if you have food and other essentials at home. This will ensure a safe discharge to assess.

Transport can be provided or you can arrange for family or a friend to collect you, please let staff know your preference.

There are times when people enter hospital after a long time struggling at home. We will encourage you to return home with the right support, however, some individuals or their family may ask us to consider alternative accommodation. At this time we will discuss with you or your family member on how to proceed to an assessment that may suit your needs better.

Palliative care needs

Anyone with palliative care needs will be given supports either at home, in a homely setting or hospice. This will be arranged in conjunction with you, health staff and hospital consultant.

