

Hepatitis C



Easy Read Booklet

Hepatitis



Hepatitis is inflammation of the liver caused by different viruses.

The main differences between hepatitis A, B, and C are how you get them and how they make you feel.



You may not show any signs or symptoms of hepatitis.

How you can get Hepatitis C?



By sharing any injecting equipment including syringes, needles, filters, cups, spoons and water.



From infected blood like an open cut, accidental injury with a contaminated needle, by sharing razors, toothbrushes.



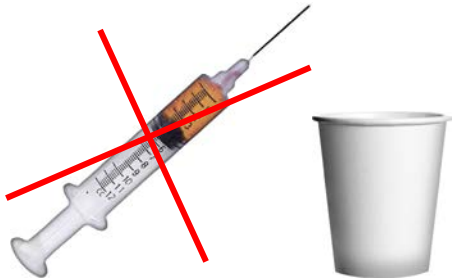
From body piercing or tattooing if any equipment is re-used.



Having sex without using a condom.



How you can protect yourself from Hepatitis C



Do not share any injecting equipment including syringes, needles, filters, cups, spoons and water.



Do not share personal items such as a razor or toothbrush where dried blood may be present.



Check that sterile needles are used for injecting, acupuncture, tattooing and body piercing.



By having safer sex – use a condom.



Where to go for information



www.lanarkshiresexualhealth.org



Lanarkshire HIV, AIDS and
Hepatitis Centre

01236 712247

Where to go for testing

Your own doctor (GP)



Lanarkshire GUM (Genitourinary
medicine) and sexual health service

0300 303 0251



To get free condoms go to

The doctor (GP), clinic or chemist.

Or call **0300 303 0251** for your
nearest centre.



Acknowledgements –Photosymbols & NHS Lanarkshire Sexual Health Service.