

PULSE

For the people in NHS Lanarkshire and health and social care partnerships

- www.nhslanarkshire.scot.nhs.uk/pulse
- [Request Form and Style Guide](#)
- Email pulse@lanarkshire.scot.nhs.uk

Printable Version

October 2022

Speak Up Week encourages staff to raise concerns

October 3, 2022

Categories: Pulse, Pulse - Spotlight

Tags: speak up week, Whistleblowing



Want to speak up but don't know who to turn to?

Speak Up Week (Monday 3 – Friday 7 October) is a new initiative launched by the Independent National Whistleblowing Officer (INWO) to raise awareness about how to raise concerns and promote a positive speak up culture within the NHS.

The [National Whistleblowing Standards](#) was introduced in April 2021 to help staff raise concerns as early as possible and supporting and protecting staff when they do raise concerns, giving them confidence to raise concerns if they see something wrong.

Under the Standards, all staff have access to a 'confidential contact'. Their role is to provide a safe space to discuss your concerns and to give you the information you need. They also have the knowledge and skills to help you to raise your concern with the appropriate manager. Staff can also raise concerns directly with their line manager or any other senior member of staff as well as by emailing uMatter@lanarkshire.scot.nhs.uk which is checked on a daily basis.

Nsenam Obot, a Specialist Radiographer at University Hospital Wishaw, is one of NHS Lanarkshire's confidential contacts.

Nsenam said: "We would encourage staff who have concerns to speak to one of the confidential contacts. Since the introduction of the standards last year, we have had concerns raised through us that have been investigated by senior management. As a result, action plans have been developed towards improving both the working conditions for staff as well as patient care.

“They have also enabled key learning outcomes, recommendations and service improvements to be shared across departments.

“There are a number of themes that we can guide staff on, should they wish to raise concerns. From patient safety and patient care to poor practice, unsafe working conditions and abusing authority. We can discuss these issues in a safe and confidential space and offer you all the support available to you during the process.”

NHS Lanarkshire’s non-executive director and whistleblowing champion Lesley McDonald added: “The whistleblowing standards can be used to improve patient care, safety and experience as well as promoting an open, transparent and supportive working environment.

“Whistleblowing means speaking up about a matter that is in the public interest and is different to a grievance which is typically a personal complaint about an individual’s own employment situation.

“People who raise a whistleblowing concern are protected by law against being treated unfairly as a result of doing so and are assured of receiving support, feedback and having their confidentiality protected.

“The important thing is to raise the concern and that both confidential contacts and managers will be able to advise how the concern can be addressed if whistleblowing isn’t the best process.”

NHS Lanarkshire’s confidential contacts are:

Rhonda Bell – Tel 07856 759884 or 01698 752702 Rhonda.bell@lanarkshire.scot.nhs.uk

Ann Marie Blaney – 01698 366449 AnnMarie.blaney@lanarkshire.scot.nhs.uk

Abi Campbell – 07977172696 Abi.campbell@lanarkshire.scot.nhs.uk (designated confidential contact for private contractors, including Private Finance Initiatives)

Dr Megha Jani – 07910 062534 Megha.Jani@lanarkshire.scot.nhs.uk

Dr Rachna Lalsinghani – 01698 755366 Rachna.lalsinghani@lanarkshire.scot.nhs.uk (designated confidential contact independent private contractors)

Nsenam Obot – 01698 366523 Nsenam.obot@lanarkshire.scot.nhs.uk

Paul Cannon – 01698 752868 Paul.cannon@lanarkshire.scot.nhs.uk (designated confidential contact for private contractors, including Private Finance Initiatives)

In many cases, concerns can be resolved through informal conversations with colleagues and managers, and through ordinary or ‘business as usual’ processes (such as incident reporting systems or raising an issue in a shift handover meeting).

Where raising a concern informally is not an option – e.g. where confidentiality is an issue or the issue is complex – you can raise a concern in writing, by phone or in a face-to-face meeting with a line manager or your confidential contact.

They will talk to you about the Standards if your concern is about whistleblowing, and any other business as usual and HR processes relevant to your concern.

Staff may also contact the INWO at any point in the process for advice and support. The INWO may also conduct an independent external review of the way in which the concern has been addressed.

The INWO are leading on a range of activity across Speak Up Week and will be highlighting a different topic each day via social media to help raise awareness of the benefits of speaking up. These are as follows:

- Monday – the benefits of speaking up
- Tuesday – spotlight on the role of the Confidential Contact
- Wednesday – spotlight on the role of the Whistleblowing Champion
- Thursday – building trust and transparency
- Friday – celebration of Speak Up Week

Follow on social media using the #SpeakUpWeek hashtag.

Further information

A full list of information and activity to mark the week is available [here](#).

Staff are reminded to complete the TURAS whistleblowing training module to help NHS Lanarkshire create a culture where staff feel safe to raise a concern.

Training is available for NHS Lanarkshire managers and staff [here](#).

You can watch the Lesley McDonald's video on the policy here:

- Vimeo – <https://vimeo.com/618026508>
- Youtube – <https://www.youtube.com/watch?v=HpsTsCmUGe0>

For further information on how to use the Standards and details of each stage of the Standards, click [here](#).

The National Whistleblowing Standards can be downloaded [here](#).

Further information is available on the [INWO website](#), including FAQs, cases studies and contact details. Further details on whistleblowing is also available [here](#).

Loch Ness Monster spotted in Kirklands

October 4, 2022

Categories: Pulse, Pulse - General News

Tags: scarecrow festival



The Loch Ness Monster has been spotted in Kirklands alongside his friend Hamish McCoo!

But it is not early trick-or-treaters or the latest Hollywood blockbuster being filmed in Lanarkshire. That's right, it must be the Bothwell Scarecrow Festival.

Two dedicated teams within Kirklands went to work on their amazing creations with the occupational therapy entry The Loch Ness Monster scooping two prizes for best new entrant and best community group.

Jacqueline Evans, occupational therapy assistant practitioner, said:

“Myself and colleagues from the occupational therapy adult learning disability services worked alongside the inpatients at Kirklands to create a wonderful scarecrow for the festival for the past five years.

“However, this is the first time we entered the competition and we are delighted to win two of the awards. Our prizes were two wonderful hampers which we shared with our patients and two trophies that are now proudly on display in Kylepark assessment centre reception.

“Our winning entry this year was ‘The Loch Ness Monster’ and patients worked every weekend for a whole month to design and build it. It was absolutely delightful to be able to announce them as winners today and celebrate all their efforts.

“My colleague Kirsty Neville and I have really enjoyed being part of the event and would like to express our thanks and gratitude to the Bothwell Scarecrow committee, not to forget a special nod to

all the fabulous scarecrow entries we were up against. It's a fantastic annual event and really brings the community together."

Those of you visiting Kirklands over the last few weeks will have been greeted by Hamish McCoo just outside the main car park.

Lyndsay McLean, management team secretary in public health, said:

"The idea originated from discussion within an informal Public Health chat, whereby it was felt a happy and positive opportunity to take part in a longstanding festival within the Bothwell area where NHS Lanarkshire is situated within the community.

"Both myself and fellow colleague, Kerri Duncan volunteered to take on the challenge of coming up with a scarecrow idea – even motivated enough to go along to the scarecrow making workshop run by the organising committee.

"After brainstorming some ideas within which we were keen to incorporate a Scottish theme, I suggested we could take inspiration from Lizzie McCoo by Steven Brown. The image of Lizzie is well recognised throughout Scotland and a keen favourite of many.

"Hamish – as we later named him – was constructed within my dad's garage at home which he kindly allowed me to 'take over' as my workshop for two weeks. My dad helped with constructing the frame upon which I later applied the multi-coloured strips of material that allowed Hamish a keen likeness to Lizzie McCoo's bold colours.

"A lot of fabric cutting and crocheting later, along with many glue gun burned fingers, I was able to stuff him full of his straw, really bringing him to life! The final 'cherry on top' was his wooden horns collected on a forest walk alongside my Labrador pup – all in all, a team effort!

"A late night visit to Kirklands delivered Hamish to his new spot at the entrance to Kirklands, with Bothwell scarecrow festival committee waking up the next morning to the arrival of the newest addition to the festival."

Local scheme ‘Kick Starts’ careers within NHS Lanarkshire

October 5, 2022

Categories: Pulse, Pulse - Spotlight



Image – Kirsten Scott 4th from the right with the HR Business Team.

NHS Lanarkshire welcomed 15 eager and inspiring young people to work placements in February, in partnership with the National Government Employability programme; ‘Kickstart’.

The health board signed up to the landmark scheme to work with young people who were unemployed due to various circumstances, including many who lost their jobs due to the pandemic.

This is part of NHS Lanarkshire’s commitment to creating opportunities for young people through high quality roles to build their skills in the workplace and gain more experience to improve their long-term work prospects.

The scheme offered the participants, aged 16-24, six-month work placement across domestic, clerical or health support worker roles. More than half of the participants have already secured permanent employment with the health board and other organisations.

NHS Lanarkshire’s Health Improvement team focused on supporting the young people with their health and wellbeing. This ensured each person was effectively supported during their placements and future career opportunities with additional wrap around support provided by South Lanarkshire Council.

Kirsten Ritchie, who took part in the scheme as a clerical officer and has progressed to assistant technical officer in pharmacy at University Hospital Monklands, said: “I started as a clerical officer with the HR Business Team at Law House, and I loved my time there.

“It genuinely built my confidence and taught me new skills, as well as the fact I made new friendships. The entire team was amazing and nothing was ever too much to ask.

“The scheme is fantastic and I really hope others in the future gain as much from it as I did. NHS Lanarkshire gave me the opportunity to get back into the workplace and they’ve been welcoming and understanding from the start. I was always hopeful of a permanent position, which I now have within University Hospital Monklands pharmacy department.

“I feel very lucky to have secured a place through the work I did under the Kickstart scheme, and even luckier to have been placed in Pharmacy, which is what I’ve always wanted to come back to. It has given me back my life.”

Maureen Inglis, assistant operational service manager, NHS Lanarkshire, commented:

“I had a young man within my team named Robbie Miller, who worked within a clerical officer role within mental health services based at Airbles Road.

“Robbie had such a positive impact on the team who were exceptionally busy and working at reduced levels due to Covid. He was initially shy but with the appropriate investment from his team and mentor, he was supported to develop his skills and confidence to take on more tasks.

“By the time Robbie came to the end of his six months, it was safe to say every consultant, nurse and admin staff based within the department were sad to see him go, however I’m very pleased and grateful that his experience with us allowed him the skillset to secure another role within the organisation.”

Lorraine Scott, HR business partner – Employability, NHS Lanarkshire, said: “These positions within the organisation were aimed at improving life chances and opportunities of our local young people of all abilities and levels, and our supporting role allowed participants to access and experience this sector as a future career pathway. It also wouldn’t have been possible to achieve this without all the staff involved across our acute sites and the Health and Social Care Partnerships.”

Kerri Todd, head of health improvement, NHS Lanarkshire, said: “Our team was delighted to support these young people within their placements, as we recognise how overwhelming it would be not only starting a new job but a new career path.

“I’m thrilled the scheme resulted in the majority finding permanent employment, and I’m positive that all who took part will add value to the role they choose for their career.”

Pharmacy recognised for supporting people to quit smoking

October 6, 2022

Categories: Pulse, Pulse - Spotlight

Tags: pharmacy worker wins award, quit smoking pharmacy, quit smoking support



Quit Your Way is NHS Lanarkshire's free and friendly stop smoking support service, however, residents may not know, they can also ignite their quit journey with its trained staff at local community pharmacies.

Pharmacies are readily available to support people who smoke to quit, so much so, pharmacy worker Lisa O'Neill, from Motherwell, was recently recognised at the pharmacy magazine 'Training Matters' Awards, where Lisa won the Service Excellence Award due to her amazing efforts in supporting local residents who are ready to quit smoking to stop for good.

Impressing the judges with her dedication to clients, Lisa said: "I find helping people to quit smoking incredibly rewarding.

"I have lost loved ones prematurely to smoking related illness and this motivates me. I love getting to know those who are quitting, supporting them, motivating them, believing in them, so they believe in themselves and seeing the difference it makes to their lives.

"The best thing about the award is that it recognises the amazing efforts of every single one of our patients who have worked with us to quit and change their lives, they are the real winners. We make them feel valued, respected, worth it, special and appreciated. We also really celebrate people's success with them.

“The fantastic thing about quitting smoking for people is that it has so many benefits. It is not only a significant way to improve health but also help people by putting more money in their pockets and also enhancing their wellbeing, how they look and feel and also self-esteem with a great sense of achievement. It also has secondary benefits for others such as reducing the effects of second-hand smoke.”

Heather Donaldson, pharmacy champion, NHS Lanarkshire, commented: “Lisa has done, and continues to do, an amazing job with her patients to quit smoking, it’s really fantastic to see someone who loves their job and supporting others as much as Lisa does.

“We understand people who smoke might feel nervous to ask for support, especially if they have tried to quit once or twice before, however local community pharmacies can offer friendly information and advice, as well as ongoing support and free nicotine replacement therapy, which can increase people’s chances of quitting.

“Anyone thinking of quitting smoking is welcome to visit their local community pharmacy and we’ll support them to lead a healthier, wealthier future.”

Victoria Toner, Lisa’s pharmacist store manager, added: “I nominated Lisa for the Service Excellence Award due to her unfaltering passion and dedication in spearheading our stop smoking service in our pharmacy.

“During Lisa’s working days she can be found phoning patients and checking in on how they are getting on, giving hints and tips to help them quit and generally providing overall moral support. She has a true passion for driving this service as she genuinely wants to help improve each patients’ quality of life by stopping smoking.

“We are very lucky to have her in our team looking after our patients, and I would encourage anyone thinking of quitting smoking to visit their pharmacy for more information and support.”

To find out about the pharmacy stop smoking services, find your [nearest community pharmacy](#), visit www.nhslanarkshire.scot.nhs.uk/quit-your-way or call the Quit Your way helpline service on [0800 84 84 84](tel:0800848484).

Espresso clips offer short and powerful snapshots of care at home staff at work

October 6, 2022

Categories: Pulse, Pulse - General News



A mini-series of short and powerful ‘espresso clips’ is set to bring the role of Care at Home staff into sharp focus.

Launching across health and local authority social media channels from today, the films will provide day-in-the-life snapshots of the ‘life changing’ work carried out by staff members Calum Hoey and Jill Bell. The film shorts are the latest tranche of a campaign to support ongoing recruitment for South Lanarkshire Health and Social Care Partnership’s Care at Home service.

“What resonates throughout this series is not only the positive impact our home carers have on people’s everyday lives – but how the role has been life changing for those who fulfil it,” said Soumen Sengutpa, Director of Health and Social Care in South Lanarkshire.

“These videos shine a light on two valued staff members who really are representative of the rich human tapestry, the passion and the characters of our Care at Home workforce.”

Calum Hoey was a taxi driver when the pandemic hit and, at the age of 52, he found himself with no work. He successfully applied for a career in Care at Home.

He said: “Just as with the taxi-driving, I love the people I meet.

“They are fascinating to talk to, but it is also wonderful to feel that you are making a difference to their lives. There are practical benefits now, as well, such as the fact that I am now in a pension scheme for the first time in my life, which was a big attraction to me.”

Jill Bell was working in a sports centre when the pandemic struck and lockdown forced the closure of South Lanarkshire Leisure and Culture's facilities, with staff being redeployed to help where they were most needed.

Jill's never looked back: "In the longer term, I'd love to take the opportunities to further my career while staying in this field. In the meantime, though, I'm just so happy to be going out each day to do this job.

"Because you're assisting people with tasks they struggle to do or can no longer manage themselves at all, the work you are doing puts life in perspective, and the constant gratitude you receive makes you feel like a super hero."

Mr Sengupta added: "The effort and commitment of our diverse workforce has been nothing short of superhuman throughout the pandemic.

"They continue to play a crucial role going forward as a vital part of our health and social care services. They are our superheroes."

The service is recruiting now, and you can find out more: [SLA08839 – Home Carer – | South Lanarkshire | myjobscotland](#)

For more info, visit: [slhscp South Lanarkshire Council](#)

Sneak previews:

- In this clip meet Calum and find out how his gift of the gab as a former taxi driver has equipped him well. <https://youtu.be/t2QCIVP1WuA>
- In this clip meet Jill and find out why the terms and conditions suit her family lifestyle. <https://youtu.be/-RJEW4pucfE>
- More short clips will run, from today, over the next month on NHS Lanarkshire and South Lanarkshire Council's respective Twitter and Facebook feeds.

Latest discounts from NHS Staff Benefits

October 6, 2022

Categories: Pulse, Pulse - For You

Tags: staff benefits, staff discounts, staff offers



Save £££s on some great deals both in-store and online, all especially negotiated for NHS staff. To find out more, or sign up to receive all the latest discounts, visit: www.nhsstaffbenefits.co.uk

Here are some of the latest deals from some fantastic brands.

- **20 per cent off tickets to the Country Living Christmas Fair in Glasgow**

The Country Living Christmas Fair is an amazing event for you to kick off your festive season in style and, as an extra gift, NHS Staff Benefits members are being offered a 20 per cent* discount when booking.

Step inside a world of unique gifts, delicious food and drink, festive entertainment and so much more. The Country Living Christmas Fair has everything you need to create the perfect seasonal celebration, all under one roof.

What you can expect this year

- o Shop from hundreds of unique artisan makers and brands;
- o Pick up beautifully bespoke, handcrafted gifts;
- o Take part in festive crafting workshops;
- o Be inspired by live cookery demonstrations;
- o Brand new for 2022 – indulge in tailored tasting sessions;
- o Soak up the festive atmosphere with Christmas entertainment and merry tunes;
- o Top it all off with a glass of bubbly in the Champagne Bar by Viking.

To secure the discount, simply copy the exclusive discount code, click through to the website and select tickets for your chosen date.

*The offer is valid on standard adult tickets only until 11.59pm on 4 December. A £3.95 transaction fee will apply.

For more information, including terms and conditions, visit:

<https://www.nhsstaffbenefits.co.uk/deal/country-living-christmas-nhs-discount>

- **20 per cent NHS discount laptops, tablets, PCs and workstations from Lenovo**

Lenovo is dedicated to transforming its customers' experience with technology and how it, and they, interact with the world around us. Lenovo call this 'intelligent transformation'. They are setting the stage for what is possible with technology shaped by augmented intelligence, capable of enhancing and elevating human capability.

Looking for an NHS discount laptop? Through the Lenovo reward store, NHS staff can save up to 20 per cent off on hardware (laptops, tablets, desktop PCs, workstations) and accessories (monitors, mice, keyboards, docking stations).

No discount codes are required, the Lenovo reward store shows the pre-discounted prices.

For more information, including how to access the offer, visit:

<https://www.nhsstaffbenefits.co.uk/deal/lenovo-nhs-discount>

- **65 per cent off first box plus 25 per cent off all boxes for two months with Gousto**

Precise ingredients and delicious recipes delivered to your doorstep.

Tuck into the 75 dish menu, filled with global cuisines, family favourites and Joe Wicks approved healthy options. Meals for every appetite – sorted.

To redeem the exclusive NHS Staff discount, simply copy the exclusive discount code and apply at the checkout stage.

The offer is valid for new UK customers only.

For more information, including terms and conditions, visit:

<https://www.nhsstaffbenefits.co.uk/deal/65-off-your-first-box-25-off-all-boxes-for-2-months-with-gousto>

Don't want to miss new NHS exclusive deals, limited time offers or competitions? Make sure you are signed up to the NHS Staff Benefits newsletter and follow on Instagram and Facebook. Here, you will

find all the new deals – so while you are browsing your feed or watching stories, you can stay in the know about the best of NHS Staff Benefits.

Follow on Instagram at <https://www.instagram.com/nhsstaffbenefits/> or visit Facebook at <https://www.facebook.com/NHSSB/>

Challenge Poverty Week

October 7, 2022

Categories: Pulse, Pulse - Spotlight



Challenge Poverty Week is an opportunity for us to raise our voices against poverty and unite with organisations across Scotland in calling for a more just and equal society. This year, Challenge Poverty Week will take place this week (Monday 3rd – Sunday 9th October) and NHS Lanarkshire is supporting and promoting activities being co-ordinated by both North and South Lanarkshire local authority areas.

Jo Duffy, senior health promotion officer, BBV & Sexual Health Promotion and Tackling Poverty, NHS Lanarkshire, said: “More and more households are struggling to keep their heads above water as energy, food and housing bills continue to rise. Challenge Poverty Week is an opportunity to highlight the help and support that is available to our staff and residents of Lanarkshire and I would urge anyone who is experiencing financial worries to speak out and seek help and support.

“Throughout the week, there will be daily themes and you can keep up to date with social media messages and information by following the hashtags #ChallengePoverty #TurnTheTide.

“You can also access the [Challenge Poverty Week website](#) which contains useful information, resources and virtual events which are free to attend. Local events and information will also be shared over the course of the week.”

Dr Gillian Sweeney awarded PhD

October 10, 2022

Categories: Pulse, Pulse - Spotlight



Congratulations to Dr Gillian Sweeney, occupational therapy advanced practitioner for her recent PhD awarded from the Bioengineering Department at Strathclyde University.

Gillian's research involved a pilot randomised controlled trial of two novel types of rehabilitation after stroke.

Gillian compared the effects of robot assisted therapy and constraint induced movement therapy techniques on upper limb function following stroke, and as part of this research explored patient and therapist's views of both of these interventions. This work will be used to shape and inform the future delivery of occupational therapy services for stroke patients locally, nationally and internationally.

Janice McClymont, head of occupational therapy profession, said:

"I commended Gillian for the years of hard work and dedication to stroke services in Lanarkshire. Gillian has a tenacity for learning and an innovative and transformative approach,

"Congratulations and best wishes for your future career Gillian. I'm sure there will be many more successes to come."

Brave the shave

October 11, 2022

Categories: Pulse, Pulse - Spotlight

Tags: MacMillan Cancer Support



Clinical support worker Louise Mcvey from ward 15 University Hospital Hairmyres is participating in the “Brave the shave” to raise funds for Macmillan Cancer Support.

Louise will brave the shave on Saturday 29 October at 10am in the day room of ward 15.

Louise will also be holding raffles which will be drawn on the same date. We have loads of prizes to raffle from Halloween sweetie raffle to alcoholic beverage raffle.

These tickets are on sale from ward 15. We are also running a tuck shop to try and boost her donation further.

Scottish Health Awards – Carol needs your vote

October 11, 2022

Categories: Pulse, Pulse - General News

Tags: scottish health awards



Project co-ordinator for NHS Lanarkshire's Condom Distribution Scheme, Carol Rattray, has made the shortlist for this year's **People's Choice Award** at the Scottish Health Awards.

Having worked for NHS Lanarkshire for over 40 years, Carol was nominated for the award as a result of the work she carried out during the pandemic to set up the successful Condoms by Post service. The service ensured condom provision continued throughout the pandemic, when there was disruption to usual condom outlets.

Carol has also worked with organisations such as food banks and charities that were delivering hot meals to people's doors, and enabling them to also provide free condoms.

To help spread important information, Carol used social media platforms to launch a seven-week campaign which saw around 1,500 people ask for condoms.

Carol was aware that young people are the most affected by sexually transmitted infections and with the sudden service disruption, the risk of people contracting an infection or having an unintended pregnancy was likely to increase. She was also acutely aware of health inequalities and the cost of buying condoms, particularly during the pandemic when many were losing their jobs.

Reviewing the postcodes in which deliveries were made, in relation to Scottish Index of Multiple Deprivation (SIMD) data, this showed that the campaign was successful in targeting people from our most deprived areas in Lanarkshire.

The People's Choice Award is a public vote, so please vote for Carol using the below link:

<https://scottishhealthawards.com/2022/en/page/pca>

Voting closes on Sunday 16 October, and the winner will be announced at the awards ceremony on November 3.

Latest discounts from NHS Staff Benefits

October 12, 2022

Categories: Pulse, Pulse - For You

Tags: staff benefits, staff discounts, staff offers



Save £££s on some great deals both in-store and online, all especially negotiated for NHS staff. To find out more, or sign up to receive all the latest discounts, visit: www.nhsstaffbenefits.co.uk

Here are some of the latest deals from some fantastic brands.

- **Two free tickets per person to Homebuilding and Renovating Show, SEC, Glasgow**

Whether you are building or renovating, extending up into the loft, or creating that all-important home office, having the right knowledge, skills and equipment is essential. From expert advice to practical tips, it is all under one roof at the Homebuilding and Renovating Show. So you can say goodbye to those endless internet searches.

The Homebuilding and Renovating Show will take place at the SEC, Glasgow on 20 and 21 May 2023 and NHS Staff Benefits members are being offered two free tickets, valid for any one day the show is open.

To redeem your tickets, click on the 'Get Tickets' button and your tickets will be emailed to you.

For further information, including terms and conditions, visit:

<https://www.nhsstaffbenefits.co.uk/deal/two-free-tickets-to-the-homebuilding-and-renovating-show-various-dates-and-locations-across-the-uk>

- **25 per cent off selected shows at The King's Theatre Royal, Glasgow**

One of Scotland's most historic and significant theatres, King's Theatre Glasgow, opened in 1904 and has played host to top stars and shows ever since. Well known for its Christmas pantomimes, the theatre continues to present first class shows today from a wide range of genres. Featuring a Victorian auditorium, the Theatre Royal presents first class entertainment.

NHS Staff Benefits members can save 25 per cent off tickets to selected shows at The King's and Theatre Royal, Glasgow.

To secure the discount, click on the 'Get Tickets' button. You will be able to see the selected shows, dates and times when clicking this link and the discount will automatically be applied only when purchasing from the link.

A limit of four tickets can be purchased at one time.

For more information, including terms and conditions, visit:

<https://www.nhsstaffbenefits.co.uk/deal/25-off-selected-shows-at-the-kings-theatre-royal-glasgow>

- **Fee free, no obligation mortgage advice for NHS staff**

The Mortgage Advice Clinic provides NHS Staff Benefits members with mortgage advice if you are a first time buyer, a home mover or are re-mortgaging for any reason.

When it comes to mortgages, the Mortgage Advice Clinic understands how valuable it is to have free of charge, whole of market advice from experienced mortgage advisors. Their no obligation, fee free service matches your circumstances and requirements to the most suitable mortgage product. Their advisors can help with first time buyer mortgages, re-mortgaging, home moving and also lifetime mortgages.

NHS staff can also refer the Mortgage Advice Clinic to their friends and family – who will be provided with exactly the same service.

For further information, including terms and conditions, visit:

<https://www.nhsstaffbenefits.co.uk/deal/fee-free-no-obligation-mortgage-advice-for-nhs-staff>

Don't want to miss new NHS exclusive deals, limited time offers or competitions? Make sure you are signed up to the NHS Staff Benefits newsletter and follow on Instagram and Facebook. Here, you will find all the new deals – so while you are browsing your feed or watching stories, you can stay in the know about the best of NHS Staff Benefits.

Follow on Instagram at <https://www.instagram.com/nhsstaffbenefits/> or visit Facebook at <https://www.facebook.com/NHSSB/>

Dr Mark Russell appointed Medical Director for SLHSCP

October 13, 2022

Categories: Pulse, Pulse - Spotlight



Dr Mark Russell has been appointed as Medical Director for South Lanarkshire Health and Social Care Partnership.

Soumen Sengupta, Director of Health and Social Care for South Lanarkshire, said “I am really pleased to welcome Mark into his new role within the senior leadership teams of South Lanarkshire Health and Social Care Partnership and NHS Lanarkshire. Mark is a highly respected clinician who brings a wealth of expertise and a palpable drive to this key position.

“I am looking forward to the significant contribution that I know that he will make as he builds on the substantial leadership provided by our outgoing Medical Director, Dr Linda Findlay.”

Mark said: “I’m delighted to be the new Medical Director for South Lanarkshire Health and Social Care Partnership. I’ve been the Associate Medical Director for Health and Social Care North Lanarkshire since 2020 which has enabled me to forge strong working relationships with colleagues across Lanarkshire’s health and care system.

“I am very much looking forward to joining what I know is a very dynamic team in South Lanarkshire, as well as working constructively with general practices, dentists, community pharmacists and optometrists in my new role.”

Mark graduated from Glasgow University in 2004 and qualified as a GP in 2009. He has worked clinically in NHS Lanarkshire ever since. First in practices in Motherwell and Airdrie for ten years and then as Associate Medical Director for Health and Social Care North Lanarkshire.

He has also previously worked in NHS Education for Scotland as a Research and Development Fellow, and has an ongoing interest in health inequalities, and education and training sparked by this

post. He was key in the creation and delivery of the covid-19 vaccination programme during the pandemic and continues to provide clinical input. This was the largest vaccination programme ever undertaken in Lanarkshire.

Mark lives in Lanarkshire and outside of work enjoys spending time with his wife and three young children.

Nurses careers event at HMP Shotts health centre

October 13, 2022

Categories: Pulse, Pulse - General News

Tags: healthcare, nurses, prison



Health & Social Care North Lanarkshire is hosting a careers event with a difference this month (Monday, 24 October) showcasing the unique job opportunities for registered nurses and final year nursing students at Shotts prison.

The event will give nurses the chance to visit the health centre at HMP Shotts and learn about multi-disciplinary teams working in prison healthcare. Registered nurses interested in the Band 5 nurses' positions will have the opportunity to meet some of the healthcare team including:

- The deputy governor of HMP Shotts
- Scottish Prison Service staff
- The lead GP
- Senior healthcare managers
- Members of the multi-disciplinary team

Allison Pettigrew, senior nurse, Health & Social Care North Lanarkshire, said: "A career in prison healthcare is often one that many of our colleagues wouldn't be aware of.

"We're holding this nursing careers event to give potential new recruits a feeling for what their day would involve and give them the chance to speak with some of the members of the team at HMP Shotts.

"Nurses working in prisoner healthcare have a very varied working day. They contribute to, and deliver, a comprehensive primary care service in partnership with Mental Health and addiction

practitioners. They are a valuable part of an extensive multi-disciplinary team within the unique setting of a prison environment.

“It’s a real opportunity to use the breadth of their skills and knowledge while being part of a team providing assessment, evaluation and delivery of a range of interventions to manage prisoner healthcare needs.”

A practitioner nurse at HMP Shotts said: “I enjoy the variety and different skills required to perform the role as no two days are the same. I value working with all my different colleagues and the people we work with in the prison.

“A typical day can consist of administering medication, triaging and assisting patients, and working in nurse-led clinics.

“I would recommend the job as it’s an exciting and varied role where you gain lots of experience. It provides a good work life balance and we have a very friendly and welcoming team dedicated to our patients’ needs.”

To register for the event, which runs from 1.30-3.30pm, please email: Sarah.Wilson3@lanarkshire.scot.nhs.uk to secure a place.

On the day, those attending should report to the vestibule at the main entrance of the prison where they will be met by an NHS clinical nurse manager.

Please bring photographic Identification in the form of driving licence or passport. All electronic devices including mobile phones are prohibited. Lockers are available to store valuables if required.

The job specification and application can be found at: <https://apply.jobs.scot.nhs.uk/displayjob.aspx?jobid=114822>

Restart a Heart Day

October 14, 2022

Categories: Pulse, Pulse - Spotlight

Tags: CPR, restart a heart



Restart a Heart Day- which takes place on Sunday 16 October – is an international campaign encouraging people of all ages to learn cardiopulmonary resuscitation (CPR).

CPR is a lifesaving medical procedure which is given to someone in cardiac arrest. Most of us will witness a cardiac arrest in our lifetime. Each year, over 30,000 people have an out-of-hospital cardiac arrest in the UK, with one-in-ten surviving.

CPR can more than double someone’s chance of survival, which is why CPR training for everyone is vital.

Penny Brankin, senior nurse practice development, said: “NHS Lanarkshire encourages everyone to learn CPR and supports International Restart a Heart Day. Everyone can get involved to help save a life.”

The British Heart Foundation has launched ‘RevivR’, an interactive CPR training course. In just 15 minutes, you can learn how to save a life and receive your very own CPR certificate.

To start your training or to find out more, click [here](#).

Eligible care home residents receive Covid-19 booster and Flu vaccines

October 14, 2022

Categories: Pulse, Pulse - General News, Vaccine

Tags: care home, COVID-19, vaccination



We've now completed administering the latest dose of the Covid-19 vaccine to eligible care home residents.

The first health board in Scotland to vaccinate care home residents against Covid-19, we have now vaccinated more than 3,000 residents with both the Covid-19 booster and Flu vaccines.

Lesley Thomson, South Lanarkshire Health & Social Care Partnership nurse director, said: "This Covid-19 booster and the Flu vaccines will play an important role in providing a further layer of protection for care home residents.

"Care home residents are amongst our most vulnerable residents and I know it will be greatly reassuring to residents, their loved ones and staff that they have now received both vaccines.

"From the very outset of the Covid-19 pandemic health and social care staff have worked closely with care home staff to keep residents as safe as possible and this is another significant milestone in this journey.

"The care home vaccination programme has been carried out as quickly as possible. Each step of the programme has further highlighted just how dedicated and flexible our staff and care staff are in protecting residents."

As part of the vaccination programme planning process it was acknowledged that there will be a small number of residents who were not eligible to receive the vaccines at the planned time. This can be for a number of reasons such as being unwell on the day of vaccination or are new residents.

As a result, further visits to care homes are taking place to ensure all residents are fully vaccinated as they become eligible.

Message from Heather Knox, NHS Lanarkshire chief executive

October 14, 2022

Categories: Pulse, Pulse - For You

Tags: Chief Executive, Heather Knox, weekly message



Heather begins this week's video message by providing the latest number of Covid-19 cases in care homes, hospitals and the community.

Heather also highlights NHS Lanarkshire's Staff Health and Wellbeing Week, which will run Monday 31 October–Friday 4 November.

The week highlights several support services and resources that staff can access to help them manage their own health and wellbeing, as well as providing information from partners and activities for staff to participate in. It will be launched by Colin Maclachlan, motivational speaker and star of 'SAS: Who Dares Wins' and 'Secrets of the SAS'.

Staff can sign up to a wide variety of sessions which include Quit Your Way smoking cessation, Weigh To Go weight management, guided meditation, Mindfulness, yoga, financial wellbeing, Weigh To Go and Wellbeing.

The video can be accessed on Vimeo and YouTube using the links below:

- o Vimeo – <https://vimeo.com/760241754>
- o YouTube – https://youtu.be/s8QIn92f_os

New Associate Medical Director for South Lanarkshire HSCP

October 17, 2022

Categories: Pulse, Pulse - General News



Dr Veronica Rainey has been appointed as the new Associate Medical Director for South Lanarkshire Health and Social Care Partnership.

Soumen Sengupta, Director of Health and Social Care for South Lanarkshire, said: “I’m delighted that Veronica is joining the senior clinical leadership team for South Lanarkshire and across NHS Lanarkshire. Veronica brings a palpable drive for improvement and I know she will build on the valuable work undertaken by her predecessor Dr Sharon Russell, for the benefit of our patients, carers and communities.”

Veronica said: “I’m so pleased to have been appointed as Associated Medical Director and am very much looking forward to joining such a dynamic team. A key focus of my work will be primary care and my experience in this area will help us work collaboratively with independent contractors to continue to improve services for the people of Lanarkshire.”

Veronica graduated from Glasgow University in 1998 and has been a GP for more than 20 years. She is currently a GP in Coatbridge and also holds roles as a GP appraiser with NHS Lanarkshire and as the Associate Advisor in Quality Improvement and Patient Safety for NHS Education for Scotland. Her other professional interests lie in addressing health inequalities, patient safety and quality improvement.

Veronica will take up her new role as Associate Medical Director for South Lanarkshire Health and Social Care Partnership in early January 2023.

Outside of work, Veronica chairs a local non-profit organisation and is a busy mum to two children.

Your health matters – mental health support via EASY

October 17, 2022

Categories: Pulse, Pulse - For You

Tags: EASY, Salus occupational health, Your Health Matters



Early access to support for you (EASY) provides support and early intervention to staff from their first day of sickness absence in order to assist in their recovery and return to work.

Staff members can be assured that they will be treated in a caring, professional and non-judgemental manner at all times. The EASY service is completely confidential and no details of any discussion will be shared with managers.

While it is policy for all sickness absence to be reported to EASY, the service aims to concentrate its calls on absences relating to mental health, musculoskeletal conditions, cancers and Covid-19. There are a number of support services that EASY can offer to staff, which may help them while they are off work or when they return. These include:

Immediate Support

- o Staff Care and Wellbeing – 24-hour staff care helpline (01698 752000);
- o National Wellbeing Helpline – 24/7 support service (0800 111 4191).

Ongoing Support

- o Staff confidential counselling service provided by The Talking Rooms (0800 138 9150);
- o Able Futures (0800 321 313) – nine months confidential, no cost advice, guidance and support from mental health professionals to help you cope with work while you manage a mental health condition such as anxiety, depression or stress;

o Occupational health case management (OHCM) – a holistic approach to support staff to help address and manage factors that are adversely affecting your overall wellbeing. Contact Salus helpline on 01698 759 333;

o Signposting to helpful websites such as NHS Inform (<https://www.nhsinform.scot/>), Lanarkshire Mind Matters (<https://www.lanarkshiremindmatters.scot.nhs.uk/>) and Your Health Matters for self-care information (www.nhslanarkshire.scot.nhs.uk/your-health-matters).

Michele Lyons, assistant case manager, Salus occupational health, safety and return to work services, said: “It’s important that referrals are made to EASY as soon as a member of staff is absent. This will enable our service to provide appropriate support that could help from day one and would ask managers for their assistance in this regard.

“It’s also important to remember that staff don’t have to be absent from work to access the services, they can contact the Salus helpline on 01698 759333 to discuss their concerns. EASY will then direct them to the most appropriate support when they need it.”

Access the EASY referral form at: <http://vsv-623/FormStreamNC>

A guidance video for the EASY referral system is available at: <http://firstport2/staff-support/salus-occupational-health-and-safety/early-access-to-support-for-you/Documents/EASY%20Referral%20Video.mp4>

Dr John Logan retires after long career in public health

October 19, 2022

Categories: Pulse, Pulse - Spotlight

Tags: Dr John Logan, public health, Retirement



We say a fond farewell to Dr John Logan, consultant in public health medicine and deputy director of public health, who recently retired after 23 years' service.

During his medical training between 1981 and 1987, John undertook a variety of clinical based roles including auxiliary nurse in a hospice in Edinburgh, working at St Luke's Hospital in India and with the Glasgow Simon Community.

John graduated from Edinburgh University Medical School in 1987 and took up his first general medicine post at Kilmarnock's Crosshouse Hospital and general surgery at Bangour General Hospital in Lothian.

In 1988 John took up his first public health (PH) post as a registrar in public health medicine with NHS Forth Valley. He also worked post-registration in locales as diverse as Shetland, Honduras, Melbourne and the north of England.

In 1991 John spent time in Lesotho, South Africa as a senior resident medical officer before moving on to GP training in 1992 in Muirhead in Glasgow.

John's attachment in communicable disease and environmental health in 1994/95 clearly made a favourable impression as he chose to specialise in public health for the rest of his career.

Since joining NHS Lanarkshire in 1999, John has been a key member of the PH health protection team at Kirklands Headquarters.

Professor S Josephine Pravinkumar, director of public health and health policy, said: “We have been truly blessed to have had Dr Logan as a long-standing member of the public health directorate in Lanarkshire. As a consultant in public health medicine and deputy director of public health, his invaluable input to the work of the directorate has been hugely appreciated.

“Throughout his career, John has made excellent contributions, progressing health protection and many wider public health priorities both in Lanarkshire and at a national level. As champion for the NHS Scotland global citizenship programme, he has played a key role in influencing this work.

“I am personally grateful for his wisdom and guidance over the years. In his work, John has always had the health and wellbeing of the people of Lanarkshire at the fore, ensuring improved outcomes for the local population.

“We will miss John immensely but wish him a relaxing and enjoyable retirement and look forward to him joining us again, two days a week, in the New Year.”

International Infection Prevention and Control Week

October 20, 2022

Categories: Pulse, Pulse - General News

Tags: infection prevention, international infection prevention



This week (16 to 22 October) is International Infection Prevention Week (IIPW) which aims to shine a light on infection prevention each and every year.

This year's theme is 'The Future is Infection Prevention: 50 Years of Infection Prevention' and recognises the decades of infection prevention throughout the last 50 years and the need to inspire the next generation of IPs to join the fight.

To read more about the history of IIPW visit:

<https://infectionpreventionandyou.org/iipw/history/>

We have been celebrating the week with a number of events, including our senior nurses issuing a different message every day. One message was about how to 'break the chain of infection', with information on how the chain of an infection can be broken through a number of steps.

However, celebrating the work our IPC team do is not just for one week. Our infection prevention and control (IPC) team has been supporting us over the years from surges in HAI outbreaks, flu, E-coli, legionella and so many other day-to-day infections and we are extremely grateful.

The past two years have shown the crucial role that IPC teams across the NHS has played in supporting staff fighting the Covid-19 pandemic and none more so than the NHS Lanarkshire team.

Staff Health and Wellbeing Week: additional sessions

October 20, 2022

Categories: Pulse, Pulse - For You

Tags: staff wellbeing, wellbeing week



NHS Credit Union
People Not Profit

As part of NHS Lanarkshire's Staff Health and Wellbeing Week, which runs between Monday 31 October and Friday 4 November, we have added two additional sessions on the NHS Credit Union.

Presented by Elaine Rae, chief executive officer, NHS Credit Union, the sessions will offer the opportunity to find out how the NHS Credit Union can support staff who are looking to save monthly or weekly from their payroll.

You can also find out about joining the NHS Credit Union which is open to all NHS staff members currently working or retired and family members who live with them, including children and young people.

Both sessions will take place on Wednesday 2 November:

- o Session one – 9am to 9.30am
- o Session two – 2.15pm to 2.45pm

To find out more about the week and register for sessions visit: [Your Health Matters](#).

Weekly message from Heather Knox, NHS Lanarkshire chief executive

October 21, 2022

Categories: Pulse, Pulse - For You

Tags: Chief Executive, Heather Knox, weekly message



Heather begins this week's video message by providing the latest number of Covid-19 cases in care homes, hospitals and the community. Heather takes this opportunity to encourage staff to get their vaccinations.

Congratulations goes out to our care home vaccination team as NHS Lanarkshire was the first health board to get all care home residents vaccinated.

Heather also congratulates the four Lanarkshire finalists in the Scottish Health Awards:

- Jimmy Grieve, volunteers award finalist
- Carol Rattray, People's Choice Award finalist
- Lanarkshire Care Home Wellbeing Group, Care for Mental Health finalist
- Home First, South Lanarkshire Health and Social Care Partnership, Integrated Care finalist

The video can be accessed on Vimeo and YouTube using the links below:

- Vimeo – <https://vimeo.com/762646707>
- YouTube – <https://youtu.be/FaJaghmJfd4>

COMING NEXT WEEK – Sign up now for Staff Health and Wellbeing Week Sessions

October 24, 2022

Categories: Pulse, Pulse - For You

Tags: staff health and wellbeing



NHS Lanarkshire's Staff Health and Wellbeing Week is coming next week and there's still time to sign up to sessions.

The Week will be launched on Monday 31 October at 10am by Colin Maclachlan, motivational speaker and star of SAS: Who Dares Wins and Secrets of the SAS.

Sessions are available on the various support services and resources staff can access to help manage their own health and wellbeing including Wellbeing in the Winter Months, Supporting Team Health and Wellbeing, Salus Services, The Talking Rooms and Loss & Grief.

To find out more about the week visit: [Your Health Matters](#)

To book any of the sessions,

visit: <https://www.surveymonkey.co.uk/r/StaffHealthRegistration>

New info graphic focuses on quality

October 24, 2022

Categories: Pulse, Pulse - General News

Tags: quality approach, quality directorate



NHS Lanarkshire’s quality directorate has developed a new info graphic in consultation with staff groups across the organisation to summarise the Lanarkshire Quality Approach.

Karon Cormack, director of quality, explains: “Starting with the inner circle, our service users and staff are at the heart of everything we do and are central to informing the annual objectives of the NHS Lanarkshire quality strategy. We believe that leading with compassion will support staff to be the best they can be and help to create the learning culture required to flourish. We want to be an organisation with a focus on learning and improving.

“The six ‘Is’ – which are involvement, intelligence, investigation, implement, improvement and inquisitive – explain the components of our whole system quality approach including feedback, finding and reviewing evidence and using current methodology to provide assurance on quality of care and create opportunity to learn, leading to changes being implemented.

“The ‘tail’ of the ‘Q’ includes our values of working together, fairness and respect which are applied to how we work with service users and staff.”

To view the info graphic, click [here](#).

Feedback invited on the meaning of quality

October 25, 2022

Categories: Pulse, Pulse - Spotlight

Tags: quality directorate, quality strategy, staff survey



NHS Lanarkshire’s quality directorate is currently writing the new NHS Lanarkshire Quality Strategy for 2023-2028. The main purpose of the quality strategy is to provide direction to ensure that high quality care is delivered across all health and social care settings within Lanarkshire.

The quality strategy will describe NHS Lanarkshire’s approach which is person-centred, safe and effective care. Quality is everyone’s business, both at all levels of the organisation and across all services we provide. To achieve this aim, the quality directorate is keen to engage with staff, service users and leadership teams that promote quality.

Karon Cormack, director of quality, said: “We want to ensure that we capture what is important to staff and so I would encourage staff to provide us with their feedback on what quality means to them in relation to their role.

“If you work for NHS Lanarkshire, please take the time to complete the short survey.”

The survey will take a couple of minutes to complete and will be completely anonymous.

Take part in the survey at: <https://www.smartsurvey.co.uk/s/O7X1CJ/> by Wednesday 30 November.

Alternatively, the survey can be accessed by scanning the QR code [here](#) or see below.



Feedback from the survey will be used to inform the development of the 2023-2028 NHS Lanarkshire quality strategy.

There's still time to sign up – Staff Health and Wellbeing Week

October 26, 2022

Categories: Pulse, Pulse - General News

Tags: staff health and wellbeing



NHS Lanarkshire's Staff Health and Wellbeing Week is coming next week and there's still time to sign up to sessions.

Lesley Mackay, Programme Manager – Staff Health and Wellbeing Week Strategy, said:

“Our incredible workforce is dedicated to caring for the people of Lanarkshire. In order to deliver an excellent level of care, the health and wellbeing of NHS Lanarkshire staff is crucial. That's why we're launching the organisation's first Staff Health and Wellbeing Strategy during Staff Health and Wellbeing Week next week, Monday 31 October – Friday 4 November. I encourage all staff across the organisation to sign up for one of the many sessions available via Your Health Matters.”

The Week will be launched on Monday 31 October at 10am by Colin Maclachlan, motivational speaker and star of SAS: Who Dares Wins and Secrets of the SAS. Sessions are available on the various support services and resources staff can access to help manage their own health and wellbeing including Wellbeing in the Winter Months, Supporting Team Health and Wellbeing, Salus Services, The Talking Rooms and Loss & Grief.

To find out more about the week visit: [Your Health Matters](#)

To book any of the sessions, visit:

<https://www.surveymonkey.co.uk/r/StaffHealthRegistration>

Win an ARRAN Sense of Scotland Christmas bundle

October 27, 2022

Categories: Pulse, Pulse - For You

Tags: ARRAN Christmas bundle, ARRAN Sense, pulse competition



We have teamed up with NHS Staff Benefits and ARRAN Sense of Scotland to offer one lucky reader a limited edition ARRAN Christmas bundle, including:

- Advent calendar containing contents worth over £140;
- Coorie 30cl scented candle;
- Mandarin and petitgrain 30cl scented candle;
- Hot toddy 30cl scented candle.

ARRAN Sense of Scotland's purpose is to help the world connect with nature. Taking time out, slowing down and connecting with nature is known to improve both physical and emotional wellbeing. When you connect with nature you can find the balance and beauty in every day, benefiting both you and the impact you can have on the world around you.

The Isle of Arran provides an unspoiled way of life. Here you will find the moments that capture the true sense of Scotland. Discover nature-inspired wellbeing and transport your mind to our unspoiled island home.

Embrace the magic of Christmas with the ARRAN Sense of Scotland. You can choose from their range of beautifully presented gift sets to bring the scents of Arran to someone you love. Their luxury bath, body and home products make a beautiful gift this Christmas or a treat for yourself.

Don't forget, NHS Staff Benefits members can save 30 per cent off Arran Sense of Scotland's Christmas collection. For details, visit:

<https://www.nhsstaffbenefits.co.uk/deal/save-30-off-arran-sense-of-scotlands-christmas-collection>

To enter, answer the following question:

In ‘The 12 Days of Christmas’ carol, what was the gift on day five?

Please send your competition answer including your name, location and contact number to:

Alison McCutcheon
Communications Department
NHS Lanarkshire Headquarters
Kirklands
Fallside Road
Bothwell
G71 8BB

or email pulse@lanarkshire.scot.nhs.uk with ‘ARRAN’ in the subject line.

The closing date is Monday 21 November.

NHS Staff Benefits is free to register for all staff and has both local and national deals – both in-store and online – all especially negotiated for NHS staff.

To find out more, or sign up to receive all the latest discounts, visit: www.nhsstaffbenefits.co.uk

Don’t want to miss new NHS exclusive deals, limited time offers or competitions? Make sure you are signed up to the NHS Staff Benefits newsletter and follow on Instagram and Facebook. Here, you will find all the new deals – so while you are browsing your feed or watching stories, you can stay in the know about the best of NHS Staff Benefits.

Follow on Instagram at <https://www.instagram.com/nhsstaffbenefits/> or visit Facebook at <https://www.facebook.com/NHSSB/>

Jim White retires after long career in health service

October 27, 2022

Categories: Pulse, Pulse - Spotlight

Tags: health protection, Jim White, public health, Retirement



Congratulations go to health protection nurse specialist Jim White who retired in September after a remarkable 46 years' service.

Jim joined NHS Lanarkshire in 1976 when he was appointed as a clinical support worker in mental health at Hartwood Hill Hospital. In August of that year, Jim began his mental health nurse training at Hartwood Hill Hospital where he worked across all of the wards for an incredible 18 years.

In 1983, Jim was seconded to the 48-week general nurse training programme at Law House to train as a registered general nurse before returning to Hartwood Hill Hospital.

In 1995, Jim left mental health nursing for a move to infection control, initially based at Hartwood Hill and thereafter at Cleland Hospital.

In 1996, Jim obtained a Diploma in Infection Control at Glasgow University and utilised this experience throughout the rest of his career.

In 2008, Jim joined the health protection team, firstly at Beckford Street, Hamilton and latterly at Kirklands Headquarters where he remained until his retirement.

In his spare time, Jim enjoys cycling, walking and attending football matches.

Karen McLennan, public health nurse team leader, said: "It is with a heavy heart that we say farewell to Jim. He has been a constant presence in the health protection team for a long time, having worked in the public health department since 2008. He's known among the team as the font of health protection knowledge.

“Jim has mentored many staff throughout his career, always being keen to provide guidance and support where necessary and I know the staff have appreciated his patience and kindness.

“The team have all said they will miss Jim’s stories which he regales from ‘back in the day’ about working in NHS Lanarkshire or from some of his adventures. If Jim was finishing sharpish you always knew there was a football game on.

“Jim has had a lengthy career in NHS Lanarkshire and I would like to thank him for his years of tireless service. He will be a huge loss to NHS Lanarkshire, especially the health protection team, but I would like to wish him a long and happy retirement. He should be proud of the work he has done and the difference he’s made. He is going to be greatly missed by all.”

Call for feedback on North Lanarkshire's health and social care services

October 31, 2022

Categories: Pulse, Pulse - General News

Tags: Care Opinion, Health and Social Care North Lanarkshire



North Lanarkshire's health and social care partnership is calling for local people to get in touch with feedback to ensure services improve further.

Health & Social Care North Lanarkshire (HSCNL) is one of more than 500 organisations using Care Opinion to listen to what patients, service users and carers tell them, then respond and act on the feedback.

Care Opinion is an independent, not-for-profit, website that gives patients and carers a way of voicing what they think of the services they receive.

The online service <https://www.careopinion.org.uk> means that:

- People can share honest feedback easily
- Stories are directed to the service to help them make a difference
- Everyone can see services are listening and evolving in response

Trudi Marshall, nurse director, Health & Social Care North Lanarkshire, said: "As a partnership, we are committed to using Care Opinion as an easy way to ensure we keep listening to, and learning from, the people who use our services.

"Whether they've experienced healthcare or social care recently, either as a patient or service user, as a carer or friend of someone else, we want people let us know how it was. What was good? Can we

make it better?

“All feedback we receive is handled by Care Opinion which can then ask Scotland’s health and social care services to respond to feedback it receives. Peoples’ names are not shared with us so everything is confidential.

“So, please tell us your experience – help make our services better.”