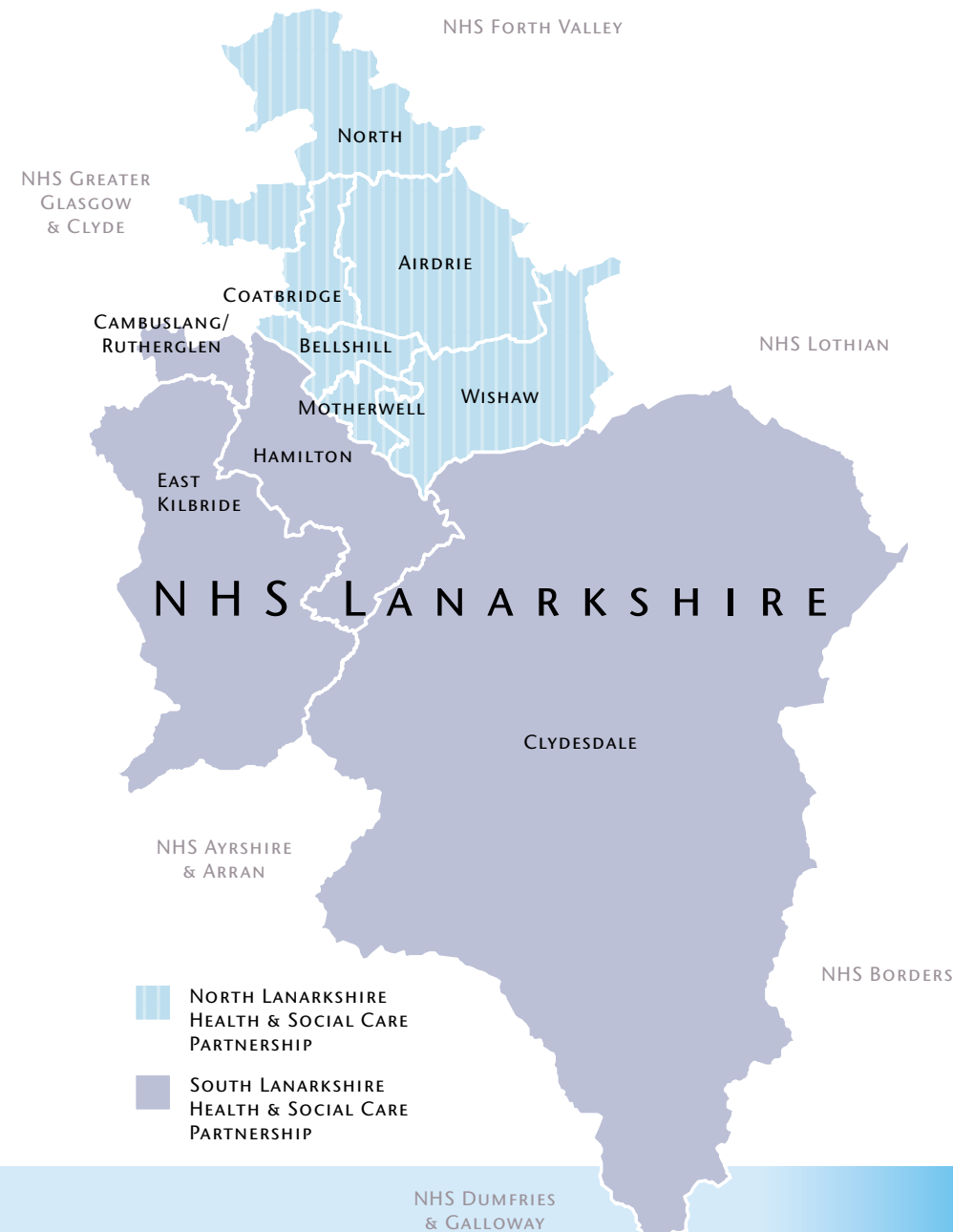


Map of Lanarkshire

Health & Social Care Partnerships and locality areas



Orthodontics



A national survey in 2013 found that 37% of 12-year-old children needed orthodontic treatment but weren't getting it (treatment of irregularities in the teeth or jaws). A further 9% were undergoing treatment. To meet this need, local courses were organised for dentists to allow them to assess and refer children for treatment.

Healthcare Strategy



People in Lanarkshire are living longer, but more have multiple long-term health conditions. The balance of care needs to change between hospitals, community services, health and social care. There must be a greater focus on prevention and self-management, and care provided at, or close to, home.

Population Screening



Screening programmes are offered to individuals before symptoms develop and provide opportunities to detect disease early, provide early intervention and, potentially, provide more effective treatment. A national review of all screening programmes in Scotland will start in 2016.

No Health Without Mental Health



Mental health and well-being remains a significant public health priority. There is a need to maximise opportunities to develop mentally healthy communities provided through health and social care working together, including enhancing primary mental health care.

Health and Social Care Partnerships



The North and South Lanarkshire Health and Social Care Partnerships merge some NHS and council services. They will work to ensure health and social care act better together to improve wellbeing, support, and outcomes for individuals and communities.

A Snapshot of Lanarkshire Public Health 2015/16



Highlights from *The Annual Report of the Director of Public Health*

Public health is defined as “promoting and protecting health and well-being, preventing ill-health and prolonging life through the organised efforts of society”¹. My report outlines this work in Lanarkshire.

For the first time, the full report will not be printed but will be available electronically. My report covers:

- the health of the people of Lanarkshire
- health protection (such as North Lanarkshire water quality incident)
- health improvement (such as Lanarkshire’s relationship with alcohol)
- oral health (including services in HMP Shotts), and
- health services (such as the Health and Social Care Partnerships which bring together social and health care).

Three issues from the past year will continue to come up in the future:

- 1 Notifying patients of a former healthcare worker who had hepatitis C (8,000 Lanarkshire patients were contacted in February).
- 2 NHS Lanarkshire’s Healthcare Strategy 2016–25 on providing health services as we live longer with long-term conditions. Key points are prevention, self-management and hospital “centres of excellence”.
- 3 “Realistic medicine” – the challenge from Dr Catherine Calderwood, Scotland’s Chief Medical Officer. It includes more shared decision-making and reducing harm, waste and differences.

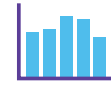
I welcome comments or requests for information. Finally, I have always regarded it a privilege to serve the people of Lanarkshire and in this, my last Report, I wish you a healthy future.

Dr Harpreet S Kohli

Director of Public Health, *September 2016*

Email: harpreet.kohli@lanarkshire.scot.nhs.uk **Tel:** 01698 858241

Population Profile



Lanarkshire’s population is 654,490 and has increased in the last year by 1,190. By 2035, Lanarkshire’s population will rise slightly overall but with 37,300 more people aged 75 and over.

VRE Outbreak



VRE are bacteria from the gut which can cause serious infections. The risk of illness can be reduced by following infection control (like washing hands) and careful use of antibiotics. Incident management work brought the outbreak to a swift end.

PREVENT Strategy



Terrorist attacks are rare in the UK, but extremists have tried to turn vulnerable people to violence. PREVENT is designed to identify individuals who are at risk. Agencies try to prevent and divert individuals away from criminal activity.

Health Protection Update



The health protection service must continue to provide an effective service for Lanarkshire residents because communicable diseases and environmental hazards are important areas of work to protect people’s health.

Pandemic Influenza Planning



Many factors affect how health and social care services cope with the surge in demand during a pandemic (a large outbreak in a country or the world). Working with other agencies and public communications are crucial to deal effectively with a pandemic.

Water Quality Incident



An effective response was made to a major water quality incident affecting a large number of people in North Lanarkshire. Having plans and joint training exercises meant agencies were able to work together to protect people’s health.

Lanarkshire’s Relationship with Alcohol



Alcohol use in Lanarkshire, as in the rest of Scotland, is falling. However, there is still a burden to health and social care services. People living in the most deprived communities are more likely to be affected by alcohol (and drug) related problems.

Weight Management Approaches



In Lanarkshire, about two thirds of adults and one third of children are overweight or obese. They are at greater risk of having diabetes, heart disease and some cancers. Preventing unhealthy weight gain in childhood should be core work in communities.

Cancer Prevention



Taking part in cancer screening when you are invited helps protect against cervical cancer and allows early detection of breast and bowel cancers. Stopping smoking and managing your weight are important ways to reduce the risk of cancer.

Let’s Make Lanarkshire Smoke-Free



Tobacco is still the biggest killer in Lanarkshire. It has a strong link with inequalities. All adults should act as positive role models against tobacco, whether they smoke or not. Prevention must be the main focus of our work with the child at the centre of it.

Preconception Care



Care before becoming pregnant helps improve pregnancy and birth results. The importance of preconception health and care is not widely recognised. Preparing for parenthood (including preconception care) should be a core element of the school curriculum.

Oral Health Improvement in HMP Shotts



Access to dental care and oral health for prisoners in Shotts has improved. However, there is a need to continue to provide high quality dental care to prisoners and make sure waiting times for treatment are as short as possible.