

Other useful numbers:

Mr Kasem secretary:	01698 366155
Mr Bryce secretary:	01698 366155
Ms McCallum secretary:	01698 366155
Mr Stewart secretary:	01355 584773
Oesophageal Patients Association:	0121 704 9860
Cancer Backup:	0808 800 1234 (Mon - Fri: 9am - 8pm)
Pancreatic Cancer UK	0808 801 0707
Maggies:	01236 771199
Kilbryde Hospice:	01355 202020
Haven:	01698 727884
Little Haven:	01555 811846
Dietician:	01698 366413

CLAN: 01236 772004

Transport

Lanarkshire Cancer Care Trust is a charity whose work involves providing volunteer drivers to take cancer patients to and from appointments for hospital, clinics, and day care. No charge is made to patients for this transport.



www.careopinion.org.uk

NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.scot.nhs.uk
NHS Lanarkshire General
Enquiry Line: 0300 30 30 243

NHS inform - The national health information service for Scotland.
www.nhsinform.co.uk
Tel No: 0800 22 44 88

If you need this information in another language or format, please e-mail: Translation.
Services@lanarkshire.scot.nhs.uk

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Clinical Lead:	

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Introducing your Upper Gastrointestinal Nurse Specialist



Design - Medical Illustration, NHS Lanarkshire

Introducing Your Upper Gastrointestinal Nurse Specialist

Your Upper GI Nurse Specialist is an experienced nurse who specialises in the care and support of people with a cancer affecting the stomach, oesophagus (*gullet*) and pancreas. These are organs in the upper part of the gut.

Your Nurse Specialist works throughout Lanarkshire. You will see your Nurse Specialist both at outpatient clinics and in the ward setting. Your Nurse Specialist aims to meet patients and family members from the time of diagnosis, throughout treatment and onto follow-up care.

Your Nurse Specialist works closely with the multiprofessional team; this includes doctors, surgeons, pathologists, radiologists, dieticians etc. This provides a link with other health care professionals, both in the hospital and the community setting in order to provide continuity of care.

What does the Service Provide?

The Upper GI Nurse Specialist is available to any patient and their family/carers with a diagnosis of an upper GI cancer and will:

- ❖ Provide information to help you prepare for any investigations, surgery or treatment you may require
- ❖ Provide ongoing support, advice and information, and be available to discuss your care and treatment with you
- ❖ Provide advice on managing any symptoms you may have as a result of your surgery or treatment
- ❖ Provide information about other organisations that may offer you help and support
- ❖ Provide advice regarding benefits and other practical issues
- ❖ Communicate with others involved in your care
- ❖ Provide support for both you and your family

Upper GI cancer can have an effect on your ability to eat and drink. It can cause nutritional problems such as swallowing difficulties, loss of appetite and weight loss.

The dietitian will carry out a nutritional assessment and provide ongoing advice and support to help you manage any issues that may affect you.

How do I contact the service?

If you are in hospital ask your nurse or doctor to contact the Upper GI Nurse Specialist.

Contact details:

University Hospital Wishaw:

- ❖ Telephone ~ 01698 366028
(answer phone available)
- ❖ Dect phones ~ 01698 361100,
ext 6871 and ext 5733

The Upper GI Nurse Specialist is available Monday to Friday 9.00am until 5.00pm.

Out of these hours please contact:

- ❖ Your GP
- ❖ NHS 24 ~ 111
- ❖ Emergency department

It is important to note that this is an information and support service, it is **not** an emergency service.