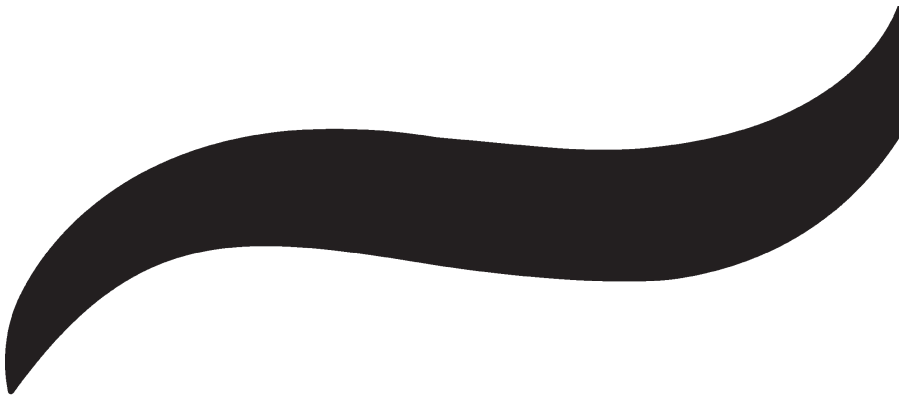




Hormonal Contraceptive Interaction with Sugammadex (Bridion®)

Discharge Information for female patients following surgery



During your procedure or surgery on/...../..... you received a medication that lowers the effectiveness of hormonal contraceptive (birth control medication).

- ❖ Sugammadex (Bridion®) is a medicine that helps to speed up recovery from anaesthetic drugs (muscle relaxant) which patients may be given during surgery.
- ❖ Sugammadex is known to decrease the effectiveness of your hormonal contraceptive (birth control) for up to 7 (seven) days.
 - You should use a backup (non-hormonal) birth control method for up to 7 (seven) days after your procedure or surgery
 - Continue taking your hormonal contraceptive during this period

WHAT ARE HORMONAL CONTRACEPTIVES?

- ❖ Combined pill or progesterone only pill (Oral contraceptive)
- ❖ Injectable contraceptives (e.g. depoprovera)
- ❖ Implantable contraceptives (small plastic rod or device inserted under the skin or inside the uterus)
- ❖ Contraceptive patches (small adhesive patch worn on the skin)
- ❖ Vaginal rings (flexible plastic ring inserted into the vagina)
- ❖ Hormonal coil (e.g. Mirena)

You may want to consider one or more of these backup birth control methods:

- ❖ Male condom
- ❖ Female condom
- ❖ Female diaphragm
- ❖ Female cervical cap and sponge
- ❖ Abstinence (not having sex)

Further information

- ❖ If you have any questions or concerns, contact your doctor.
- ❖ You can find out more about contraception by visiting the Healthy living section of the NHS inform website
<https://www.nhsinform.scot/healthy-living/contraception>

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