

Emergency Department
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 University Hospital
 Monklands 01698 752005
 University Hospital
 Wishaw 01698 366630



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Pub. date:	August 2023
Review date:	August 2025
Issue No:	05
Dept:	Day Surgery
Clinical Lead:	

PIL.PROSED.79490.L
 23_14796



Procedural Sedation

Discharge information for patients from the Emergency Department



Design - Medical Illustration, NHS Lanarkshire

- ❖ As part of your treatment you have been given medication that relieves anxiety and helps relaxation.
- ❖ You may have been given strong painkillers by mouth or as an injection.
- ❖ You may have experienced a short period of memory loss during the time that the sedation is working.
- ❖ Your judgement and/or coordination may be impaired for the next 24 hours.

You have been monitored during your hospital stay and have been assessed fit to go home under the supervision of a responsible adult.

Please telephone the Emergency Department of the hospital you attended if you are worried or concerned about your medical condition.

You should follow these guidelines for the next 12 - 24 hours

Do:

- ✓ Remain with a responsible adult.
- ✓ Rest quietly.
- ✓ Drink plenty of fluid and eat a light diet.

Do not:

- ✗ Drive a car or any other vehicles including bicycles.
- ✗ Operate any machinery or appliances such as cookers or kettles.
- ✗ Drink any alcohol or take other sedative medication/drugs.
- ✗ Lock the toilet door, or make yourself inaccessible to the person looking after you.
- ✗ Undertake activities involving heights.
- ✗ Undertake sporting activities.
- ✗ Be the sole carer for young children.
- ✗ Make any important decisions or sign any legal/important documents.