

### Other useful numbers

ENT secretary - 01698 752136  
Oral and maxillofacial secretary - 01698 752149  
Speech therapy - 01698 752084 or 07976320529  
Dietician – 01698 752010  
Joyce Houston - 07554459024  
Ann Muir - Speakeasy support group  
01555 893184  
MacMillan Cancer Support (Mon-fri 9am-8pm)  
0808 800 1234  
Maggies Monklands - 01236 771199  
Kilbryde hospice - 01355 202020  
Haven Blantyre - 01698 727884  
Haven Wishaw - 01698 366948  
Dalziel Centre - 01698 245026  
St Andrews Hospice – 01236 766951  
Haven Forth - 01555 811846

### Transport

Lanarkshire Cancer Care Trust is a charity whose work involves providing volunteer drivers to take cancer patients to and from appointments for hospital, clinics and day care. No charge is made to patients for this service.

Phone: 01698 355137

### Head and Neck Cancer Support Groups

1<sup>st</sup> Thursday of the month at Maggie's Centre  
Monklands Hospital - 11-12.30pm.

Speakeasy 1<sup>st</sup> Wednesday of the month  
Pather Community Centre – 1-3pm.

Introducing your Head and Neck Nurse Specialist 5

## CONFIDENTIALITY AND THE USE OF PATIENT INFORMATION

NHS Lanarkshire take care to ensure your personal information is only accessible to authorised people. Our staff have a legal and contractual duty to keep personal health information secure, and confidential. In order to find out more about current data protection legislation and how we process your information, please visit the Data Protection Notice on our website at [www.nhs.uk](http://www.nhs.uk) or ask a member of staff for a copy of our Data Protection Notice.



[www.careopinion.org.uk](http://www.careopinion.org.uk)

**NHS inform** - The national health information service for Scotland.

[www.nhsinform.co.uk](http://www.nhsinform.co.uk)

Tel No: 0800 22 44 88

If you need this information in another language or format, please e-mail: Translation.

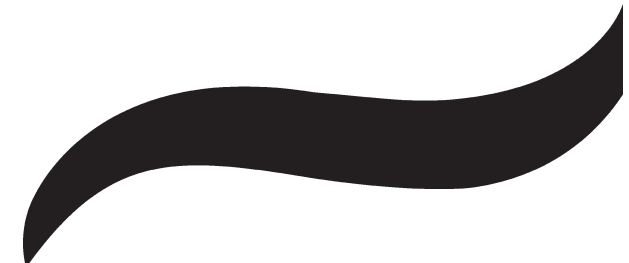
[Services@lanarkshire.scot.nhs.uk](mailto:Services@lanarkshire.scot.nhs.uk)

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# Introducing your MacMillan Head and Neck Nurse Specialist and the Head and Neck Team



## **INTRODUCING YOUR HEAD AND NECK CLINICAL NURSE SPECIALIST**

Your Head and Neck Nurse Specialist is an experienced nurse who specialises in the care and support of people with a cancer affecting the head and neck.

You will see your Nurse Specialist at outpatient clinics and in the ward setting and maybe also in your own home.

Your Nurse Specialist aims to meet patients and family members from the time of diagnosis, throughout treatment and onto follow-up care.

Your nurse will:

- ❖ Provide information to help you prepare for any investigation, surgery or treatment you may require.
- ❖ Provide ongoing support, advice and information to you and your family and be available to discuss your care and treatment.
- ❖ Provide advice on managing symptoms.
- ❖ Provide information about other organisations that could offer help and support.
- ❖ Provide advice regarding benefits and other practical issues.
- ❖ Coordinate your care.
- ❖ Communicate with others involved in your care.

### **How do I contact the service?**

If you are in hospital ask your nurse or doctor to contact the Head and Neck Nurse Specialist.

The Head and Neck Nurse Specialist is available Monday to Friday 8.30am to 4.30pm.

Contact details: Melanie Rose

Office: 01698 752422

Mobile: 01698 752422

### **Out of hours please contact:**

Your GP and/or district/Macmillan nurse  
NHS 24 – 111

Emergency department.

Ward 9 Monklands: 01236 712330

Your Head and Neck Nurse Specialist works closely with other members of the healthcare team. These include: Doctors, Surgeons, Pathologists, radiologists, dieticians and speech therapists.

## **SPEECH THERAPISTS**

Some patients undergoing treatment may experience difficulties with swallowing and/or speech. Speech and language therapists can offer advice and support. If you notice any problems such as choking, coughing, feeling chesty, food sticking or changes in your voice please contact the number in the contact section or ask to speak to a speech therapist at the clinic.

### **Tracheostomy nurse specialist –**

#### **Joyce Houston**

If you have a tracheostomy or laryngectomy stoma and require further help, support and advice please contact Joyce on the number overleaf. She is also available at valve clinics.

### **Dietician**

Throughout your treatment the dietician will offer you support and advice on your nutritional requirements/intake needed/ type of support required in order to support you nutritionally. Contact number overleaf.