

## CONTACT DETAILS

You can contact the  
Health & Homelessness Service direct on:

Telephone: **01698 755103** or  
Facsimile: **01698 727538**  
email: [lan.health-homelessness@lanarkshire.scot.nhs.uk](mailto:lan.health-homelessness@lanarkshire.scot.nhs.uk)

### **Breathing Space**

Tel No: **0800 838587**

Contact from:

6:00am - 2:00am Monday-Friday/  
24hr contact Saturday & Sunday

Website: [www.breathingspacescotland.co.uk](http://www.breathingspacescotland.co.uk)

### **Samaritans**

Tel: **08457 909090**

(can be contacted 24hrs per day)

Website: [www.samaritans.org](http://www.samaritans.org)

### **NHS24**

Tel: **111**

(can be contacted 24 hrs per day)

Website: [www.nhs24.com](http://www.nhs24.com)

### **Lanarkshire Mental Health Service**

Website: [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)

### **Scottish Domestic Abuse Helpline**

FREEPHONE: **0800 027 1234**

(can be contacted 24 hrs per day,  
7 days a week)

Website: [www.domesticabuse.co.uk](http://www.domesticabuse.co.uk)



[www.careopinion.org.uk](http://www.careopinion.org.uk)

**NHS Lanarkshire** - for local services  
and the latest health news visit  
[www.nhslanarkshire.scot.nhs.uk](http://www.nhslanarkshire.scot.nhs.uk)

NHS Lanarkshire General  
Enquiry Line: 0300 30 30 243

**NHS inform** - The national health  
information service for Scotland.  
[www.nhsinform.co.uk](http://www.nhsinform.co.uk)  
Tel No: 0800 22 44 88

If you need this information  
in another language or format,  
please e-mail: Translation.  
[Services@lanarkshire.scot.nhs.uk](mailto:Services@lanarkshire.scot.nhs.uk)

### **BLANTYRE HEALTH CENTRE**

Victoria Street

Blantyre G72 0BS

Telephone: 01698 727534

Pub. date:	January 2023
Review date:	January 2025
Issue No:	07
Telephone:	01698 755103
Clinical Lead:	

PIL.HEAHOM.60953.L  
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# Health and Homelessness Service



Design - Medical Illustration, NHS Lanarkshire

## HEALTH AND HOMELESSNESS SERVICE

We are a nurse led outreach service. We provide healthcare support and advice to individuals and families throughout Lanarkshire who have lost contact with Health Services.

If you; or someone you know have become homeless, or are threatened by homelessness, we can help.

### OUR TEAM

The Health and Homelessness Team is made up of different Healthcare Professionals:

- ❖ Health Visitor
- ❖ Mental Health Nurse/Addiction Nurses
- ❖ Podiatrist/Chiropodist
- ❖ Admin Staff

### OUR MISSION STATEMENT

**To provide a dedicated outreach healthcare service to improve the health and wellbeing of individuals and families who are homeless or threatened by homelessness.**

## HOW CAN WE HELP YOU?

We can help you

- ❖ to register with a GP
- ❖ to reconnect with your current GP and local health services (if you have lost contact).

We can help you if you have problems with:

- ❖ Anxiety
- ❖ Depression
- ❖ Alcohol
- ❖ Drugs
- ❖ Physical Health issues
- ❖ Foot care
- ❖ Any other health issue

**The Health Visitor can offer health advice and support if you have children between 0 - 16 years.**

## HOW TO CONTACT US

You can contact us yourself at the telephone number below.

or

Ask someone else to contact us such as your:

- ❖ Housing Advisor
- ❖ Housing Support Worker
- ❖ Family Support Worker
- ❖ Project Worker
- ❖ Named Nurse if you are in hospital

We can arrange to see you:

- ❖ at your present address
- ❖ at Blantyre Health Centre
- ❖ at a place convenient for both yourself and Health & Homelessness staff

### NOTES

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