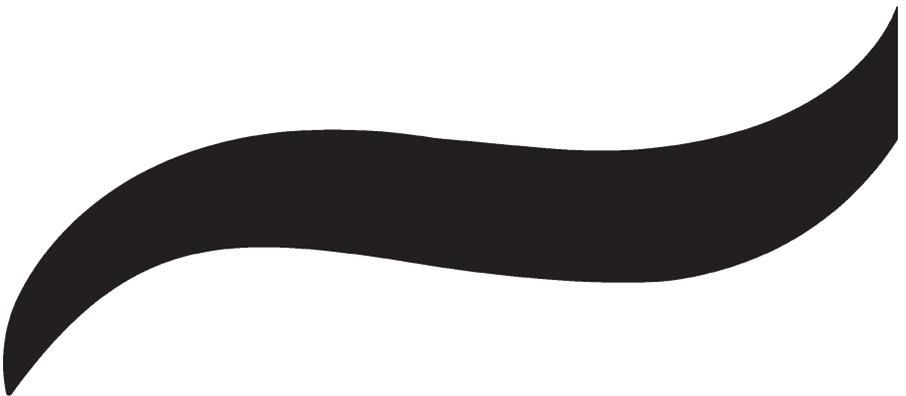




Cerebral Palsy

Information for Individuals,
Families and Carers

Physiotherapy



PHYSIOTHERAPY SERVICE

We are a Physiotherapy Service working with adults who have a diagnosis of cerebral palsy living in the Lanarkshire area.

We see individuals from 18 years of age onwards, or from the age of 16 if they have left school.

We will see individuals in the most appropriate place for them, this could be at their own home, a leisure centre or NHS facility.



WHAT WE DO

Our aim is to make the most of a person's ability to move and help them have a better quality of life. We will conduct a physiotherapy assessment and then agree a plan to suit the person's needs.

This may include:

- ❖ Postural Management
- ❖ Exercise Programmes
- ❖ Advice on Mobility
- ❖ Providing equipment

Our physiotherapy service can also help you by linking with...

- ❖ Westmarc Wheelchair Services
- ❖ Social Work
- ❖ Leisure Services
- ❖ Orthotics
- ❖ Any other appropriate health services

HOW TO REFER

Cerebral Palsy Physiotherapy Service, Longdales Cottage,
Kirklands Hospital, Fallside Road, Bothwell, G71 8BB

Telephone: 01698 752689

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