



Breast Core Biopsy - After Care Advice

Information for patients Breast Care Services



WOUND DRESSING

- A small dressing has been applied to your breast after your procedure. A further pressure dressing may have been applied as well.
- Do not let your dressing get wet in the shower or bath in the first 48 hours. After 48 hours, you may remove the dressing, applying a small plaster if required, then bath and shower as usual.
- Avoid strenuous activity, such as lifting, for 24hours.

BRUISING

- It is likely that you will have some bruising following this investigation.
- Slight bleeding might also occur. If this happens, apply firm pressure to the wound site for several minutes.

PAIN

- You may experience some discomfort after the procedure.
- If you have a breast lump, this may feel larger after the biopsy has been performed
- We recommend taking a mild painkiller such as Paracetamol.

COMFORT

It may help to wear a supportive bra, both day and night for 24 to 48 hours after your biopsy.

HELP AND ADVICE

If you should experience any problems following your biopsy, please contact:

Breast Care Sister (Mon to Fri between 8am - 4pm) - Please contact the hospital you attended:

		Breast Unit Secretaries
Hairmyres:	01355 585381	01355 584685
Monklands:	01236 713171	01236 712801
Wishaw:	01698 366181	01698 366162
If you need advice or assistance * Your GP		
outside these times contact:		* NHS 24: Tel: 111

Or contact you local breast care nurses if you are a patient from outwith NHS Lanarkshire.

Please note that biopsy results will not be given out over the telephone and contact should only be made to the breast care nurses if you have concerns with the biopsy site.

RESULTS

Results of the biopsies will take 14-21 days to become available. You will be contacted with results by letter or a clinic appointment will be arranged for you to discuss the results.

CONFIDENTIALITY AND THE USE OF PATIENT INFORMATION

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University Hospital Hairmyres East Kilbride G75 8RG

Telephone 01355 585000

University Hospital Monklands

Monkscourt Avenue Airdrie ML6 0JS Telephone 01236 748748

University Hospital Wishaw

50 Netherton Street Wishaw ML2 0DP Telephone 01698 361100



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NHS inform - The national health information service for Scotland. www.nhsinform.co.uk Tel No: 0800 22 44 88

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Pub. date:	October 2022
Review date:	October 2024
Issue No:	05
Department:	Breast Care
Clinical Lead:	