



# Breast Core Biopsy - After Care Advice

Information for patients  
Breast Care Services



## **WOUND DRESSING**

- ❖ A small dressing has been applied to your breast after your procedure. A further pressure dressing may have been applied as well.
- ❖ Do not let your dressing get wet in the shower or bath in the first 48 hours. After 48 hours, you may remove the dressing, applying a small plaster if required, then bath and shower as usual.
- ❖ Avoid strenuous activity, such as lifting, for 24hours.

## **BRUISING**

- ❖ It is likely that you will have some bruising following this investigation.
- ❖ Slight bleeding might also occur. If this happens, apply firm pressure to the wound site for several minutes.

## **PAIN**

- ❖ You may experience some discomfort after the procedure.
- ❖ If you have a breast lump, this may feel larger after the biopsy has been performed
- ❖ We recommend taking a mild painkiller such as Paracetamol.



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