



# Learning Disability Service

Information for patients  
Learning Disability Service



## WHAT DO WE DO?

We are a multidisciplinary health service covering North and South Lanarkshire. We provide specialist health care for people who have a learning disability. The Learning Disability Service is made up of:

- ❖ Child and Adolescent Mental Health Service (CAMHS-LD)
- ❖ Kylepark Assessment and Treatment Centre
- ❖ Community Learning Disability Team

This leaflet provides information about the team that works with adults. Information about CAMHS-LD is available by phoning 01698 424163.

Easy read health information can be accessed from <https://www.nhslanarkshire.scot.nhs.uk/downloads/easy-read/>

## WHO WORKS IN THE MULTI-DISCIPLINARY TEAM?

- ❖ Acute Liaison Nurse Practitioner
- ❖ Autism Spectrum Disorder Nurse Practitioner
- ❖ Community Learning Disability Nurses
- ❖ Dietitians
- ❖ Epilepsy Nurse Practitioner
- ❖ Forensic Nurse Practitioner
- ❖ Learning Disability Pharmacist
- ❖ Occupational Therapists
- ❖ Physiotherapists
- ❖ Psychiatrists
- ❖ Psychologists
- ❖ Psychological Therapists
- ❖ Speech and Language Therapists

## WHAT IS A LEARNING DISABILITY?

A Learning Disability is a significant, lifelong condition where all of the following three criteria must be met:

- ❖ Reduced ability to understand new or complex information or to learn new skills
- ❖ Reduced ability to cope independently
- ❖ A condition which started before adulthood (before the age of 18) with a lasting effect on the individual's development

### **YOU CAN BE REFERRED TO THE TEAM IF YOU:**

- ❖ Have a learning disability
- ❖ Are over the age of 16 and have left school or are going through transition from school
- ❖ Live or plan to move to the Lanarkshire area
- ❖ Have unmet health needs which require a specialist learning disability Service

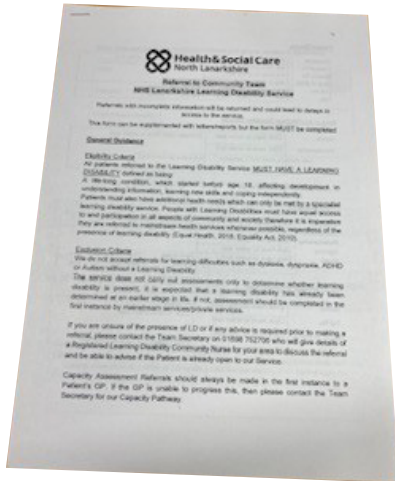
### **WE CANNOT PROVIDE A SERVICE IF:**

- ❖ You do not have a learning disability
- ❖ Your health needs can be met by mainstream services
- ❖ You have learning difficulties such as - dyslexia, ADHD or dyspraxia
- ❖ You have an autistic spectrum disorder without a Learning Disability
- ❖ You require an assessment only to determine if you have a learning disability or not

## **YOU COULD BE REFERRED TO THE TEAM IF YOU NEED HELP WITH:**

- ❖ Mental health issues
- ❖ Behavioural changes/concerns
- ❖ Management of epilepsy
- ❖ Autism
- ❖ Forensic issues
- ❖ Eating, drinking or dietary concerns
- ❖ Communication
- ❖ Mobility
- ❖ Complex physical health needs
- ❖ Support to understand and access health tests
- ❖ Health promotion
- ❖ Occupational performance issues
- ❖ Grief
- ❖ Dementia or suspected dementia

# HOW TO ACCESS THE SERVICE



Anyone can make a referral to the Team. For example you can refer yourself, or the referral can be made by a family member, carers, GP, day centre staff or social worker.

You can get a referral form from the Team Secretary, Telephone Number 01698 752706,



or you can write to:

Learning Disability Team Secretary,  
Kylepark Assessment and Treatment Centre  
Kirklands Hospital, Fallside Road, Bothwell G71 8BB.

Please note: Inpatient Services, Kylepark Assessment and Treatment Centre is accessed only via referral by Consultant Psychiatrist.

## WHEN IS THE SERVICE AVAILABLE?

The Team is available Monday to Friday 9am to 5pm, excluding public holidays.



### **FOLLOWING REFERRAL**

If we can offer you support, a Community Learning Disability Nurse or the most appropriate Learning Disability health professional will arrange to meet with you within 28 days to start your assessment for routine referrals or 2 days for urgent referrals.

### **ATTENDING APPOINTMENTS**

It is important that you come to your appointments or are at home for your appointment. If you cannot come to your appointment or will not be home, please telephone to let us know. If you miss an appointment, we will give you another one. If you keep missing appointments, we will look at the reason for this. It might mean we don't give you any more appointments and you might be discharged from the service.

## SMOKING

You are not allowed to smoke in any of the NHS Buildings and grounds.

### MENTAL WELFARE COMMISSION

The Commission is interested in protecting your rights and your welfare.

For more information, you can contact them on:

- ❖ Telephone 0800 389 6809 - for service users and carers only
- ❖ Telephone 0131 313 8777 - for professionals
- ❖ email [mwc.enquiries@nhs.scot](mailto:mwc.enquiries@nhs.scot)
- ❖ Or visit their website [www.mwcscot.org.uk](http://www.mwcscot.org.uk)

## WHAT DO YOU THINK?

If you are unhappy about something, we want you to tell us.

Tell the staff who visit you what is wrong or is making you unhappy and they will help you.

If they cannot help make things better then you can get support to make a formal written complaint.

Please contact:

Patient Affairs  
NHS Lanarkshire Headquarters  
Kirklands, Fallside Road  
Bothwell G71 8BB

Telephone 01698 752800

## CONFIDENTIALITY AND THE USE OF PATIENT INFORMATION

NHS Lanarkshire take care to ensure your personal information is only accessible to authorised people. Our staff have a legal and contractual duty to keep personal health information secure, and confidential. In order to find out more about current data protection legislation and how we process your information, please visit the Data Protection Notice on our website at [www.nhslanarkshire.scot.nhs.uk](http://www.nhslanarkshire.scot.nhs.uk) or ask a member of staff for a copy of our Data Protection Notice.

**NHS Lanarkshire** - for local services and the latest health news visit [www.nhslanarkshire.scot.nhs.uk](http://www.nhslanarkshire.scot.nhs.uk)

NHS Lanarkshire General  
Enquiry Line: 0300 30 30 243

**NHS inform** - The national health information service for Scotland.  
[www.nhsinform.co.uk](http://www.nhsinform.co.uk)  
Tel No: 0800 22 44 88

If you need this information in another language or format, please e-mail: Translation.  
[Services@lanarkshire.scot.nhs.uk](mailto:Services@lanarkshire.scot.nhs.uk)



[www.careopinion.org.uk](http://www.careopinion.org.uk)

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