



## Living our Best Lives in Lanarkshire

2023-2030

What Matters to You?

### OUR HEALTH TOGETHER IN BRIEF

#### Involving our communities

Our new health care strategy, *Our Health Together – Living Our Best Lives in Lanarkshire*, gives us an exciting opportunity to explore new ways that we can deliver health care in Lanarkshire.

The strategy will:

- Support our communities to make the most of their health and wellbeing
- Address the challenges of the last three years
- Build sustainable future services that our children and grandchildren can enjoy

We know that a lot has changed over the last three years. The pandemic and cost of living crisis continue to affect the health and wellbeing of the people of Lanarkshire. We want to build on positive changes and to ensure that we deliver the best quality care.

#### Why we need your feedback

We know we must listen to what matters to you and to our staff. This means residents of Lanarkshire and our staff will play an important part in planning how we should deliver our services in the future. We will use this feedback to develop our strategy.

#### Why we need to change

Our population is changing with less people of working age to help to deliver our services. We will also work with our local community to try to address how poverty affects the health of the people of Lanarkshire.

During the pandemic we were able to quickly change how we provided services. Our staff continue to work to manage the impact of the pandemic and we continue to recover our services and build on the positive changes made. It is important that we make best use of our resources and make sure services are available for those who need care in the future. Advances in medicine and medical technology have saved lives and changed the way we deliver care to our patients.

## **What we need to do and what we need our patients to do**

NHS Lanarkshire already delivers positive change for our patients and the local community. We need to be thinking now about how our services need to change and evolve. When patients interact with our services, this will be in a different way. We will also need our staff to change the way they deliver care. Our services are under more strain and this means there is a risk that some of our patients will not receive the quality of care we want to deliver. We need to take action to change this now.

## **What matters to you**

We need to learn about what matters to the people in our communities and our staff. This information will help us shape our services. We have developed a number of topics we want to hear your thoughts about. These are:

- Factors that impact on your health and wellbeing
- Ways we can best support you to stay well
- Access to our services
- The role of digital developments in your healthcare

## **How to get involved**

We will be engaging with staff and members of the public between April and June 2023 and hope to have a final draft of our strategy by November 2023. You can find out more about **Our Health Together** and out how to get involved using the following link:

- [www.nhslanarkshire.scot.nhs.uk/our-health-together](http://www.nhslanarkshire.scot.nhs.uk/our-health-together)