NHS Lanarkshire

Hospital at Home

Information for patients





This service provides rapid assessment of older adults in their own home within one hour of referral by their GP.

We work with your GP to undertake investigations, diagnose your illness and provide the care and treatment you require in your own home.

WHO ARE WE?

The team is made up of:

- Consultant doctor specialising in the care of older adults
- Advanced Assessment Nurse
- Occupational Therapists
- Physiotherapists
- * Rehabilitation Support Worker.

WHAT WE DO

Once your GP refers you to our team, the Advanced Assessment Practitioner will attend your house to undertake an initial assessment.

This may involve:

- physical examination
- monitoring your blood pressure, pulse and temperature
- testing your urine
- taking a blood sample
- tracing your heart (electrocardiograph)

The nurse will speak to the consultant to agree the best treatment for you which will be recorded as a Treatment Plan.

YOUR TREATMENT PLAN

We aim to provide treatment and support in your own home supported by the Consultant and your GP.

The Consultant may agree your Treatment Plan, decide to visit you at home, or send you to hospital for further tests.

The nurse will advise you on all aspects of your treatment. A copy of your Treatment Plan will also be left in an emergency pod (small box). You should show this to any health professional you come into contact with at home, in hospital, or at a clinic.

If you notice any of these signs or symptoms please use the contacts section to get medical advice or assistance:

SIGNS AND SYMPTOMS	
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HOSPITAL AT HOME CONTACTS

- North West Locality (University Hospital Monklands area) 8am to 6pm on 01698 752005
- North East Locality (University Hospital Wishaw area) 8am to 6pm on 01698 366557, Fax 01698 366096
- South Lanarkshire (University Hospital Hairmyres area) 8am to 6pm on 01355 584613, Fax 01355 584614

If outwith these hours please contact - NHS 24: 111

NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.scot.nhs.uk NHS Lanarkshire General Enquiry

Line: 0300 30 30 243

NHS inform - The national health information service for Scotland. www.nhsinform.org
Tel No: 0800 22 44 88

If you need this information in another language or format, please e-mail: Translation.Services@lanarkshire.scot.





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