

Keep Lanarkshire Smiling

September 2010

NHS Lanarkshire Now On Facebook and Twitter

Everyone can now sign up as a fan of NHS Lanarkshire (NHSL) on both social networking sites Facebook and Twitter, to receive regular updates on the latest health information and services available. NHSL can make use of these social networking sites to promote its services, provide information to the local population and encourage the public to visit the NHSL website for important information. The public can also tell NHSL their

opinion of the services and how they can be improved.

Since the launch, over 300 NHSL fans have signed up on Facebook with almost 200 fans on Twitter. If you use these sites, please visit the following links and sign up as a fan:

www.facebook.com/nhslanarkshire
<http://twitter.com/NHSLanarkshire>

Healthy Working Lives Award

Congratulations to the Whitemoss Surgery in East Kilbride which has become the first dental practice in Scotland to win a bronze Healthy Working Lives award.

To celebrate this success, Whitemoss welcomed its original associate surgeon, Alexander Taylor Thomson (front row, second from left), back after 55 years.



Healthy Working Lives

Tooth Decay Figures Raise A Smile In Scotland



NHS Lanarkshire has improved its dental decay figures by nearly four per cent. The Lanarkshire figures were contained

within a report launched on 8 June 2010 which revealed record numbers of school children in Scotland are free from dental decay. The report also showed that the Scottish figure has surpassed the national target of 60 per cent of Primary 7 (P7) children to have no obvious sign of tooth decay.

The full report, published by the National Dental Inspection Programme (NDIP), shows that 10 of the 14 NHS Boards in Scotland now exceed the target, with four NHS Boards only a few percentage

points below this level. The published results covered the school year 2008 to 2009 and are available on:

www.scottishdental.org/index.aspx?o=2872

The Lanarkshire figures show a constant, steady and continuing improvement in the dental health of children in the area. This constant improvement is a direct result of the enormous amount of hard work and commitment shown by all dental staff towards oral health and prevention across Lanarkshire.

	2005	2007	2009
Lanarkshire	47.4	53.4	57.2
Scotland	52.9	59.1	63.6

Prevention and Management of Dental Caries in Children

'Prevention and Management of Dental Caries in Children' was published in April 2010 by the Scottish Dental Clinical Effectiveness Programme (SDCEP). Both Guidance in Brief and Full Guidance are available on:

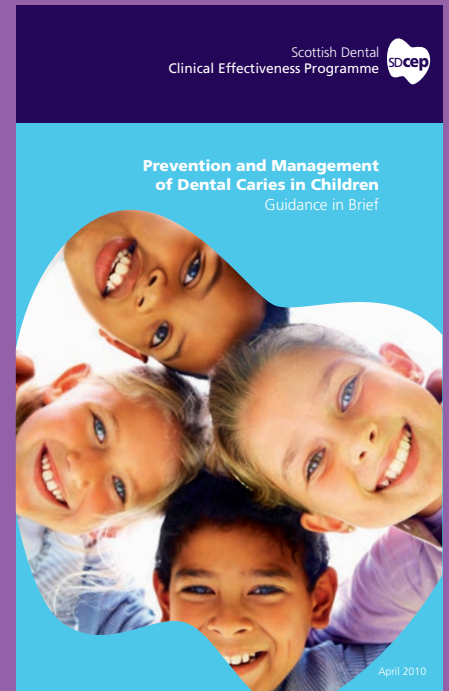
www.sdcep.org.uk/index.aspx?o=2332

This guidance has been developed by a group of professionals with a particular interest and experience in providing dental care for children, assisted by SDCEP's Programme Development Team. It is designed to assist and support dentists and their teams to improve and maintain the oral health of their child patients from birth up to the age of 16.

The publication has given advice on:

- Assessment of the child
- Delivery of preventive care based on caries risk
- Choosing from the range of caries management options available
- Delivery of restorative care, including individual treatment methods
- Recall and referral

- Providing additional support
- Management of suspected dental neglect



Emergency Dental Drugs Box

There has long been an element of uncertainty around the emergency drugs which dental practices are required to stock against those which are only recommended. The problem of cost and short shelf life of some of the drugs has also been raised. These concerns are now being addressed with the introduction of an Emergency Dental Drugs Box, which complies with the 'Medical Emergencies in Dental Practice' guidelines from British National Formulary 59 (March 2010) and endorsed by British Dental Association Scotland.

Contents of the Emergency Dental Drugs Box

Quantity	Item
1 x 16	Aspirin Soluble Tablets 300mg
1 x 5	Adrenaline Injection 1 in 1000 (1mg in 1ml) ampoules
1 x	Glucagen Injection Pre-filled syringe 1mg
1 x 3	Glucose Gel 25g
1 x	GTN Spray (75 dose)
5 x 2ml	Midazolam Injection 5mg/ml + 5 x oral syringes (for BUCCAL use only)
1 x	Salbutamol Inhaler 100microgram/dose
5 x	1ml Syringe, disposable, luer-slip, sterile
5 x	21g x 1.5" Needle disposable sterile

The box has an expiry date of minimum 1 year and is required to be replaced either when some of the contents have been used in an emergency, or when the contents are due to expire.

These boxes are available from Tayside Pharmaceuticals at a cost of £51.70 + VAT. Each box will be traceable to the dental practice to allow direct notifications of any Drug Recalls affecting the contents, and the cost also includes the disposal of all contents.

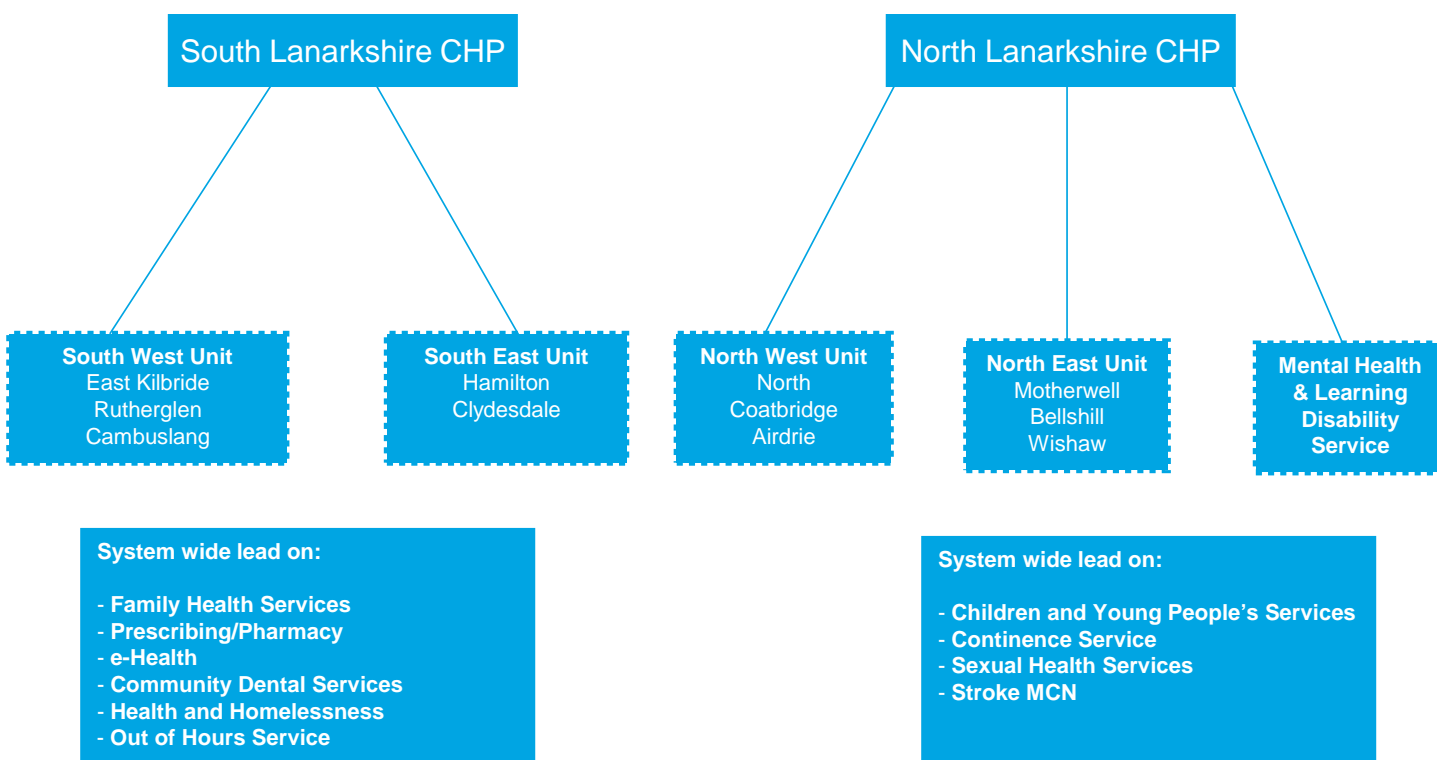
Contact details: ☎ 01382 632052 or ✉ tpsales.tayside@nhs.net

New Community Health Partnership Management Arrangements Launched

The new management arrangements for both North Lanarkshire and South Lanarkshire Community Health Partnerships (CHPs) were launched in April 2010.

The new structure moves from 10 locality general managers (six in North Lanarkshire and four in South Lanarkshire) to four geographical unit general managers (two in the north and two in the south) and a general manager for the Lanarkshire-wide Mental Health and Learning Disability Service. The 10 localities remain, sitting under the geographical units.

The Salaried Primary Care Dental Services (including *Childsmile*) are now being hosted by the South West Unit under South Lanarkshire CHP.



Caring for Smiles

'Caring for Smiles', a guide for training care home staff, was launched in May 2010. This training resource was developed by a subgroup under the National Older People's Oral Health Improvement Group. The guide is available on:

www.healthscotland.com/documents/4169.aspx

This guide has been designed to support oral health professionals in delivering training to all care home staff. It consists of seven units including core oral health

knowledge, practical skills, oral health risk assessments and a unit on special care requirements.

Persistent barriers exist to improving care practice and it is necessary to acknowledge and address these barriers within the training session. This guide offers background information for trainers on addressing these attitudes and encourages open discussion. Another challenging area for care staff is the provision of oral hygiene to residents who resist or reject care, often as a result of cognitive impairment.

The number of care home residents who have dementia and also have retained their own teeth

is expected to rise significantly in the future. Unit 6 is therefore included specifically to provide suggested strategies to help care home staff on this issue.

NHS Lanarkshire Special Care Oral Health Team who already provide training in care homes, plan to incorporate key elements from the training guide in their own training programme 'Mouth Matters' across Lanarkshire.



The Big Bump DVD Helps Mums-To-Be Learn About Oral Health

In April 2010, NHS Lanarkshire (NHSL) launched a free educational DVD which provides all pregnant women with a guide to improve their own and their baby's health including oral health. NHSL is the first Board in Scotland to supply such a helpful resource.

The DVD is entitled 'The Big Bump' and includes easy-to-follow advice on staying fit and healthy during pregnancy and beyond. General issues like exercise, breastfeeding and pregnancy screening are covered as well as essential information on oral health for both the mums and their babies. Various sections from the DVD are available from: www.youtube.com/user/bigbumpstv



News Extra

NHS (General Dental Services) (Scotland) Regulations 2010

These new regulations came into force on 2 July 2010. Details can be found on: www.legislation.gov.uk/ssi/2010/208/pdfs/ssi_20100208_en.pdf

Area Dental Advisory Committee Members

We give thanks to Graham McKirdy who recently stepped down from the ADAC after many years of service, and we offer a big welcome to Laura Milby, who now joins the committee.

Childsmile

Peter King has been appointed as the Childsmile Programme Manager (West Region) since March 2010.

Clark Galloway – Student Dental Nurse

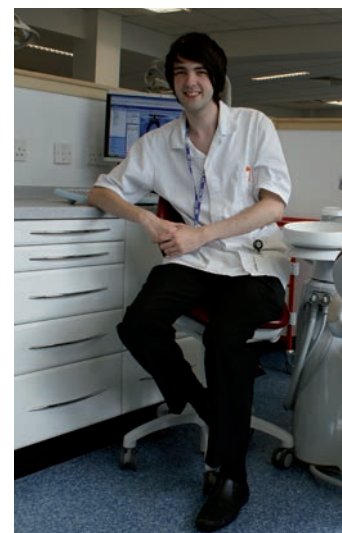
A BELLSHILL man is one of the first males to be part of NHS Lanarkshire's dental nurse student intake. Clark Galloway, 21, who registered to become a student nurse last year, admits he was very surprised to discover he was the only male in the class.

He said: "I was studying chemical engineering but I decided I wanted to try something with a clinical nature and when I saw an advertisement for student nurses I applied. I was genuinely surprised to find out I was the only male in the class as I've never thought about nursing as a purely female profession."

Clark began his training in Cumbernauld but is now based in the new Buchanan Centre in Coatbridge. He continued: "It's been one of the best decisions I've ever made as the variety of work is so interesting and I'd recommend it to everyone."

Christine MacDonald, a senior dental nurse, said: "This is the fifth year of the programme and as the person responsible for them, I do feel a bit like a 'den mother,' but it's a great programme and we all enjoy passing on our experiences to the new students."

If successful, Clark and all the other students will leave with their SVQ3 in dental nursing when the programme ends in April 2011.



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