# Lanarkshire Smiling

**NHS** Lanarkshire

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#### HEAT H9 Target for Fluoride Varnish Applications



Michael Matheson MSP, then Minister for Public Health (second from right), met with Childsmile staff during the Annual Review in November 2014

NHS Lanarkshire is the best performing mainland board in providing dental fluoride varnish applications to children.

The health board, successfully met the HEAT H9 target by delivering at least two applications of fluoride varnish to 66.7% of children aged three and four, in its worst performing quintile, compared to a national average of 19.5%.

Only one NHS board, NHS Shetland, has a better performance than NHS Lanarkshire. The nearest mainland NHS board to NHS Lanarkshire was NHS Borders with 22.6%.

Meeting this target is a great example of cooperative working involving the Childsmile team, the Public Dental Service, general dental practitioners and our local authority colleagues.

NHS Lanarkshire is using the allocation of funds and the resources provided to deliver preventive programmes in an egalitarian, effective, efficient and economical manner.

#### For further information, please visit:

https://isdscotland.scot.nhs.uk/Health-Topics/Dental-Care/ Publications/2015-01-27/2015-01-27-FluorideVarnish-Report.pdf

# **Childsmile Symposium**

The Childsmile evaluation symposium was held on 29 October 2014 at the Beardmore Hotel, Glasgow. It showcased the evaluation and monitoring work undertaken for the Childsmile national oral health improvement programme. Over 150 oral health personnel attended the symposium. Keynote speakers included Professor Richard Watt from University College London and Chief Dental Officer for Scotland, Miss Margie Taylor. Presentations were also delivered by researchers covering topics such as tackling oral health inegualities, prevention

in practice, fluoride varnish for caries prevention and the interface between Childsmile and National Dental Inspection Programme in primary schools.



National Dental Inspection Programme



Figure shows percentage of P1 children with no obvious decay experience

Latest figures show that 67.8% of primary one children in Lanarkshire have no obvious signs of tooth decay.

The figures, which were released as part of the National Dental Inspection Programme, show a large improvement on the 47.4% in 2004.

In 2014, the average number of primary one children's teeth affected by obvious decay experience was 1.34, in comparison to the Scottish average of 1.27.

Over the period 2004-14, the improvement recorded in the oral health of primary one children in Lanarkshire was 20.4%.

Over the same period, NHS Lanarkshire is the fourth best NHS board when it comes to demonstrating improvements in the oral health of primary one children.

More details can be found at:

http://ndip.scottishdental. org/wp-content/ uploads/2014/10/2014-10-28-NDIP-Report.pdf

Presentations can be downloaded from: www.child-smile.org.uk/documents/24669.aspx

## **Guidance on Cleaning Dental Instruments**

Scottish Dental Clinical Effectiveness Programme (SDCEP) Decontamination Guidance recently updated its 'Decontamination Into Practice' guidance.

A second edition of *Cleaning of Dental Instruments* has been published which reflects recent changes to requirements within dental practice, such as the need for a separate local decontamination unit and the use of a washer disinfector as standard.

SDCEP has also added a new section entitled *Managing Decontamination in Dental Practice*, which introduces a checklist for reviewing and recording the status of the practice's decontamination documentation and a collection of templates that the practice can adapt for its own use.

The checklist and templates are all accessed via SDCEP's Practice Support Manual. The 'Decontamination Into Practice' Introduction and Appendices have also been recently updated.

These documents can be downloaded from: www.sdcep.org.uk/published-guidance/decontamination



#### **Combined Practice Inspection**



A revised version of the Combined Practice Inspection document is now available from www.scottishdental.org/?o=7742. The main revision concerns renumbering of items, which will cause practices that have already put a system in place some additional work. However, it will make the process of revising the document simpler in future. There have been a few additions and deletions, and some updates, principally regarding Freedom of Information and written procedures for IR(ME)R requirements.

#### Emergency Drugs and Equipment in Primary Dental Care

The National Dental Advisory Committee has published a revised document on *Emergency Drugs and Equipment in Primary Dental Care*. This new document updates the previous 1999 publication *Emergency Dental Drugs* and was developed by a short life working group following recent changes in practice and guidance.

The new document can be downloaded from: www.gov.scot/Publications/2015/01/8495/0



#### Benefits have changed Know your patient's options

Staff in NHS Lanarkshire are being encouraged to raise the issue of financial insecurity with their patients as part of a number of established projects across Lanarkshire.

The UK Welfare Reform programme aims to increase the number of people in paid employment as evidence shows good, secure, reliable employment is healthy for us. A number of benefits, entitlements and assessments have changed under the reform. Unfortunately evidence is emerging which shows that changes are resulting in significant financial losses to some families, those in and out of work, and particularly those living in more disadvantaged communities. Vulnerable individuals, many who suffer from ill health, long term conditions and disabilities, seem to be disproportionately affected by the changes.

If you have a patient who requires benefit, welfare or debt advice, you can signpost them to:

North Lanarkshire Council's Your Money
South Lanarkshire Council's Money Matters
Hamilton Citizen Advice Bureau (CAB)
Rutherglen CAB
East Kilbride CAB
Clydesdale CAB

01698 403170	
0303 123 1008	
01698 283477	
0141 646 3191	
01355 263698	
01555 664301	
01555 004501	

#### New Stop Smoking Service Telephone Number

The Stop Smoking Service Number has been changed to:

#### 0300 303 0242

The stop smoking cards given by the service to dental practices will be reprinted and distributed

over the coming months. There is a call divert system in place from the old number until 31 March 2015. Contact the Stop Smoking Service if you have any queries.



## **Interpreting Service**



Following a review of NHS Lanarkshire's interpreting service, a number of key changes have been 20

implemented to improve the service provided for patients and simplify the process for staff. Since October 2014, Language Line telephone interpreting service has been the first option for interpreting. This is a quick and flexible service which does not usually need to be pre-booked.

The criteria to arrange for an interpreter for faceto-face interpreting include British Sign Language, consultation involves serious diagnosis, bad news, giving consent for an operation or investigation or has a power of attorney, complex discharge instructions, child protection, vulnerable adults or gender based violence issues.

General dental practices should contact the NHS Lanarkshire Primary Care Department if they need more information on how to access interpreting service.

#### Winner of Dentistry Scotland Award 2014: Graham McKirdy



A Lanarkshire dentist has scooped the prestigious 'outstanding contribution to Scottish dentistry award' at the Dentistry Scotland Awards 2014.

Graham McKirdy qualified in 1979 and worked as an NHS dentist for 35 years. He now practises from new premises in Hamilton.

Speaking of his award, Graham

said: "I was surprised but delighted to win the award.

"Most of the work I do is behind the scenes, I think it's probably the dentists that I work with that felt that I should be recognised. It's a bit like playing football – you are a part of a team and everyone works to deliver what is best for patients.

"The event showed all that is positive in Scottish dentistry. The awards show dentistry in a positive way and I think it improves patient experience."



Electronic referrals to the Hospital Dental Service and the Public Dental Service (PDS) are now available. It is a straightforward process. E-referrals are accepted for opinions on orthodontic and oral & maxillofacial surgery cases.

All cases will be considered routine unless 'suspicion of cancer' is recorded.

Dentists need to keep a copy of the referral for their records, which may require the referral to be printed and scanned to the patient record on computer systems. Please note that referrals for extractions under general anaesthetic will continue to be made to PDS by telephone, e-referrals may be made for patients needing special care.

Setting up and demonstrating the system can be accessed through Donna Gallagher, dental IT facilitator, on 01698 377850.

#### Ebola Guidance for Dental Team



It is unlikely that a patient with symptoms of Ebola will attend a dental practice. However, if a patient presents with a fever please ask them if they have travelled to Guinea, Liberia or Sierra Leone within the past 21 days. If so, isolate the patient in a side room or surgery to limit contact, and seek advice from the NHS Lanarkshire Health Protection Team.

Contact details for NHS Lanarkshire Health Protection Team are as follows: -

In hours number 01698 858232

Out of hours number 01236 748748

#### To download a copy of the guidance document, go to

www.hps.scot.nhs.uk/travel/ guidelinedetail.aspx?id=61320

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www.nhslanarkshire.org.uk/Services/Oral/Pages/KeepLanarkshireSmiling.aspx