# Health Improvement

# Bellshill Locality Flash Report 2021/2022

Bellshill Locality HI Team have had a busy year we have engaged with many community groups and partner organisations using an Asset Based Community Development Approach to health. Our locality is small but divided into 5 separate areas. Central, Orbiston, Holytown, Viewpark and Birkenshaw. We have engaged in various partnership projects within each of the areas. A few examples are outlined below;

## Kealth& Social Care



### A Bellshill Christmas

♣ 600 local people supported to access Toys, Food & Vouchers.

Families identified through collaborative approaches & shared resources

Food, Toys & Vouchers shared across 7 Orgs through donations from NHS Staff, NLC Procurement & CVS Organisation toy appeals

Collaborative working to share resources and manage referrals

Amazon Wishlist set up & managed by HI & donations provided by NHSL Staff and NLC Procurement

600 Families supported

7 partner orgs



### Partners

- Health Improvement
- Salvation Army
- Thorniewood Community Council
- Communities Together
- Mosshill Credit Union
- YMCA

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• John Bosco Food Bank





**C&YP MH & Wellbeing** 

£38,365 additional resource

 5 projects agreed and supported by HI & Education

### **5** Partnership Projects Identified

- VIP
- Ajabs Community Boxing
- YMCA Digi Youth Work
- Home Start NL
- Bazooka Arts

We are currently supporting both school clusters to measure and evaluate the impact the 5 projects have on pupils engagement and attendance.



### Health Improvement



**Easy Read Cancer Screening Website** Being designed in partnership with NHS Lothian and is currently in early stages. Consultancy ongoing with 2 NL Learning Disability groups who are testing the website before going live in Lothian. This will then be 'tweaked' and become a website for our Lanarkshire population.

Learning Disabilities & Cancer Screening Discussion with LD women's group around menopause, the group were introduced to & attended a menopause support group in Bellshill. The women were also linked into Jo's Trust (cervical cancer screening support service).



Mental Health



Suicide Prevention Awareness Week 2 Events delivered in partnership with NL Recovery Community. An evening & weekend walk through Motherwell & Bellshill. Information handed in to pubs, betting shops and fast food outlets. Many people engaged in conversation and were signposted to MH supports. New Suicide Prevention Message Sign placed on Bellshill Road Bridge. Health&Social Care-North Lanarkshire

Supporting the consortium HI Bellshill supported 10 local groups with successful applications to the consortium and also offer on-going support and signposting as well as delivering health information.

VIP were funded for 3 projects that support babies and parents, children and teenagers. All projects support individuals to realise their potential and tap in to peer support.

**Bazooka arts** support people to use art and creativity either through face to face or online, as a way to help them cope with mental health issues and isolation.

#### families

Swim time with Jenny delivered to 8 families. An additional 1 hour session was bolted on to the swim session to create bespoke information sessions on sleep, financial support, breast feeding and families were supported to sign their child up to the Dollywood imagination library. The families also signed the Positive Smoke Free Role Model Pledge.

Social Track delivering a skating project in Holytown and reaching over 30 young people, tapping in to their potential and hoping to support them into professional skating with sponsorship.

Well Land

**YMCA** are designing an eco friendly garden with help from Robots and solar panels to encourage people to grow and start thinking of global warming and how they can do their



Despite the on going pandemic we have been able to support the Bellshill community in various ways. We have encouraged a number of groups that are working within public health priorities and encouraged them to develop their support by applying for funding as well as being a member of the Bellshill Community Network which is delivered in partnership with NLC & VANL. Contact Marc. Howard@lanarkshire.scot.nhs.uk for more information.