Health Improvement

(Coatbridge) Flash Report 2021/2022

109 Families received food packages

Oral Health (PHP 2,4,6)

Funtime Lunchtime Kirkshaws Neighbourhood Centre

- Oral Health programme delivered by Kirkshaws Neighbourhood Centre in partnership with Coatbridge locality team.
- Delivered through lockdown families received food and activity packages with meal ideas and instructions.
- The future of this programme will contain Oral Health training for staff and also sessions for the children and families.
- Each child will receive Oral Health pack containing toothbrush and toothpaste.
- Kirkshaws are very keen on progressing this work through Tobacco Education and Smoke Free work to further support families in and around their local community.



Please note that PHP stands for Public Health Priorities

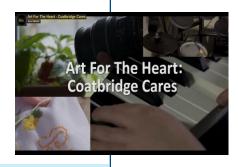


Mental Health (PHP 1,3,5)
Art for the Heart - Coatbridge Cares

Organisations took part within this short film

- Lead by Glenboig Development Trust in partnership with Coatbridge Consortium funding was applied for through NHSL's Mental Health Team.
- This film on 'Normality' celebrates
 Mental Health and showcases the locality
 work and partnership working by all
 consortium members.
- Discusses how 'normality' is very different for every individual living in communities.
- Commissioned for the SMHAF to highlight MH work in the community this film was shared and promoted widely to all localities as part of MH Awareness Week.







To view this short film on Coatbridge consortium's Mental Health and Wellbeing theme of 'Normality' – <u>click</u> <u>here</u>

Health Improvement (Coatbridge) Flash Report 2021/2022



LOIPs PHP 1,3,5

Community Board Short Term Working Group formed March 21 to identify priorities;

- LOIP plans were approved June 21 and published September 21; to view click here
- The priorities for Coatbridge were identified and agreed through community engagement consultation by Community Board and local organisations.
- These 3 priorities include; Poverty, Mental Health and Digital Inclusion
- 3 LOIP sub groups were formed August 21 to identify short, medium and long term actions. SIMD data was used to identify need and target resources that reflect the local needs of the community.

Barriers

- Scottish Government Covid 19 Restrictions
- Capacity of organisations recovering from Covid 19
- Different priorities of local community groups
- Remote access for partner engagement





Poverty

Mental
Health &
Wellbeing

LOIP'S

Digital Inclusion

Health&Social Care
North Lanarkshire

10
Organisations
involved in sub
group

Progress (Mental Health Sub Group)

- Mental Health and Emotional Wellbeing (MH&EW)
 emerged as a priority within Coatbridge through
 engagement with Stakeholders, local people and with
 seldom heard voices.
- The Pandemic has negatively impacted the MH&EW of everyone with many more people now in need of services and support due to reduction in confidence and increased isolation.
- The success of the group is; working in partnership to enable early intervention and build on the good support existing in Coatbridge to improve the MH&EW of local people.
- The group held monthly online meetings and will continue to meet frequently to progress the actions identified in the action plan and provide regular feedback to Coatbridge Community Board.