Health Improvement

Early Years Improvement and Training Flash Report 2021/2022

Work has focussed on the recovery of 3 main Early Intervention Programmes – The Solihull Approach (SA), Scottish Book Trust (SBT) Book Bug Programme and Public Health Scotland Play@home programme.



60 staff trained online

SBT Bookbug

4 North and South Steering Group updates took place bringing new partners together to share developments.



Lanarkshire Team are highly commended Read article here

Project funded by Queens Nursing Institute and Dolly Parton Imagination library led to improvements for 71 Lanarkshire families

2000 additional Bookbug resources distributed during lockdown.

Bespoke online training to HV team

PHS play@home

Public Health Scotland Play@home programme recovered the resources to all nurseries and partner providers across Lanarkshire

- 3000 preschool books were reinstated to North and South Lanarkshire Education for distribution to preschool children
- New named links were established to ensure resources were ordered into councils
- Training online was tested and delivered in partnership with Scottish Book Trust
- August 2021 -794 families attended National Playday at Summerlee where Play@home resources were distributed.

12 new trainers

The Solihull Approach (Foundation training)



During 21-22 The Solihull Approach Foundation on line training was developed for Lanarkshire staff.

- 12 trainers places were negotiated for Lanarkshire and delivered by NES
- IT Training sessions were developed to support new and existing trainers
- 24 IT support sessions were run
- 20 existing trainers attended > 1 session
- 6 x 2 day foundation sessions delivered
- 60 multidisciplinary staff trained
- SA supporting training resources now in 10 town centre Libraries
- SA manuals available to borrow from 3 NHS Library sites



SA in NHS libraries



Families using the Online courses in Lanarkshire comparison North and South 2021-22

All Registered in South(S) 1992 (up 519) North(N) 4823 (up 419)

Understanding Preg /lab/birth (S) 251 up 51 (N)222 up 26
Understanding Baby (S) 176 up 28 (N) 239 up 22
Understanding Child (S) 476 up 124 (N) 1142 up 140
Understanding your Teens Brain (S) 120 up15 (N) 270 up 24
Understanding your brain(teens) (S) 32 up 4 (N) 84 up 10
Understanding your child with additional needs

Want to read our online courses in your first language?

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(S) 76 up 33 (N) 146 up 22



April 21 – May 22

Practitioners using the online Professional

COURSES in Lanarkshire comparison North and South 2021 – 22

Understanding Trauma (S) 190 up 54 (N) 1540 up 35 Understanding Attachment (S) 103 up 81 (N) 637 up 39 Understanding Brain Develop/t (S) 54 up 50 (N) 462 up 24



Recovery from the pandemic will be the next steps for all of the above mentioned programmes, allowing for face to face training and local events to happen again, with social distancing always in mind. Margaret Clark Senior Health Promotion Officer (Early years Improvement and Training)

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