# Hamilton Locality Health Improvement Team

# Flash Report 2021

The Hamilton Locality Health Improvement Team works in partnership to take forward a program of work in line with the 6 public health priorities for Scotland. The team has undergone some staffing changes this year and we are now looking forward to moving forward and continuing to build on the good work of the team from last financial year.



PHP 5

#### **Building & Celebrating Communities**

The HI team continue to work in partnership with South Lanarkshire Community Engagement Team (SLET) to support community consultation and neighbourhood plans. Development session delivered with the Beacons:

- 12 topics identified and ongoing support provided.
- 18 different sign-postings made to resources/local organisations.
- · Linkage with South Lanarkshire Leisure. People Helping People

### PHP 1 Lanarkshire Greenspace Map

Almost 400 parks added.

All 24 outdoor gyms added.

Health walk information for 20 areas.

Facebook post: 116 likes; 33 comments; 51 shares.

Green health webpage hits for the year: 735.

8 Health Walks in locality. 189 walks delivered. 6 new walk leaders.

816 PAP Referrals. 26% SIMD 1&2.

#### Employability

Development and support sessions for:

- Adult Employability Services.
- · South Lanarkshire Works.

Health Improvement presentation delivered to:

- Prescribing Team.
- GP Community Link Workers.
- Service Leads.

HI support and information has been provided to a wide range of staff, including the Primary Care OT Service.

350x When Money is Not the Only Problem booklets distributed to partners.

#### Screening

GP Practices supported to implement methods illustrated by CRUK to increase uptake.

Practice Managers supported with resources to promote and inform patients to support uptake of cervical cancer screening.

Cervical Cancer Awareness month highlighted and resources promoted widely.

#### **Healthy Working Lives**

250x wellbeing packs provided to care staff.

# PHP 2

- Solihull emotional health and well being e-learning sign ups: 82.
- Vitamin D distributed
- First pots: 838.
- Partnership working with the Machan Trust to increase registration with dental services.

## PHP<sub>3</sub>

 3 x Stigma Free Lanarkshire Workshops delivered to 18 staff.

The

**Beacons** 

- 500 Feeling Snowed Under leaflets and 50 posters delivered in December 2021 across the locality
- Digital and paper copies of mental health and well being resources regularly distributed to communities and partners.

## PHP 4

PHP 6

Supported delivery of IMPACT training.

Delivery of 2 x Jenny and the Bear presentations with Health Visiting Teams to raise awareness and increase referrals.

Partnership working with the Machan Trust to support sign up to the ASH Scotland Charter.

