Health Improvement

Training Senior Flash Report 2021/2022







Work this year has continued apace as we use online platforms to deliver training to both staff and communities...

"I've never felt this proud!"

HIIC at the Beacons

Another successful HIIC!

- Eight volunteers at the Beacons successfully studied the **Health Issues in the Community** (HIIC) Part 1 course. The group decided to do a presentation lobbying decision-makers to move towards a public health approach on drugs and submitted written work of a very high standard.



'Best presentation I've seen this year!"

"Very helpful...will use this!"

Trauma

Trauma Training with Primary Care Mental Health Liaison Nurses

- Building on last year's initial staff training, all staff in the team have now been trained up to Level 3 of Trauma Training, 24 staff in total.
- Using the NES Trauma Training Framework, we have now trained the entire team and they are delivering training to GP practices throughout Lanarkshire, which is Lanarkshire's first use of the cascade model of training NES endorses.





"Best course I've ever done!"

Online Training Successes

From guinea pigs to wise owls...

We have now successfully delivered several online courses here at NHSL.

- All ABI (Alcohol Brief Intervention) training is now delivered online, with attendance statistics clearly showing better uptake than previous in-person sessions – we now have a waiting list!
- IHDEP (Improving Health: Developing Effective Practice) course is now facilitated through live online workshops, with Lanarkshire pioneering the first course in Scotland, with nine brave students leading the way in May 2021, and another 11 participated in the autumn cohort.
- Solihull training was re-designed and piloted online, and a full calendar of this training is now available online from demi.stringfellow-mills@lanarkshire.scot.nhs.uk

"I now see the theory in practice"



Years of good health gap grows to 24 years...





After consultation with the NHSL Health Improvement Department, a 'wish list' of literature on health inequalities was made and, working closely with our colleagues from the Library, most of the wishes came true! We now have a wealth of contemporary resources on inequalities across the wider determinants of health, all of which can be accessed through the Knowledge Network

http://www.knowledge.scot.nhs.uk/home.aspx

144 staff trained

Alcohol Brief Intervention Training

The course has been re-designed and reviewed and is now a half-day delivered via MS Teams. Six new ABI trainers were trained, mentored and supported this year. Trainers meet regularly and have frequently amended the format and process of this course in response to learners' feedback. Demand for this training remains high, and every course has been fully booked.







NHS Lanarkshire Pioneers!

Development of IHDEP Online

NHS Lanarkshire has been pivotal in the re-design and relaunch of the Improving Health: Developing Effective Practice course. We have worked in collaboration with other Boards to write, trial, review and re-work the materials and have now delivered more IHDEP online courses than any other Board in Scotland.

This collaborative approach continues as we build our trainer pool and capacity to deliver this flagship learning opportunity – it is the one course to combine the theory and practice of health improvement to NHSL staff and to partner agencies, in order to build a greater understanding of health and inequalities across Lanarkshire.