

The Alcohol & Other Substances Team was established in May 2022 to try to tackle the issue of alcohol-related harms across both North and South Lanarkshire. Since then, we have been making connections with our partners and colleagues to introduce ourselves and establish good working relationships.

Party Smart, Party Safe

The Party Smart, Party Safe initiative is a partnership between NHS Lanarkshire, Police Scotland, Scottish Fire & Rescue and North Lanarkshire Council Housing Services. It aims to tackle alcohol-related disorder, improve health and raise awareness of alcohol and substance use, mental health/suicide prevention, sexual health and second- hand smoke.



Training

Our Alcohol Harms Team contribute to the Health Improvement Training Calendar. Training includes Alcohol Awareness Sessions, Alcohol Brief Intervention and MAP Behaviour Change Training. More information on this training can be found on our NHS Lanarkshire website www.nhslanarkshire.scot.nhs.uk/ourservices/health-improvement or by contacting the team.



Cooking in Recovery/On a Budget

We are working with our partners from Healthy Valleys to deliver 4 cooking sessions within our recovery communities within Lanarkshire. The focus is on the development of skills and knowledge of basic cooking skills and nutrition for communities, families and young people. Also to tackle food poverty.



Foetal Alcohol Spectrum Disorder (FASD)

We are working with New College Lanarkshire to deliver FASD presentations to a range of students across Lanarkshire. FASD is a spectrum of disorders both physical and neurodevelopmental caused by alcohol use in pregnancy. Further information on FASD can be found at: www.fasdscotland.com