

# Health Improvement Flash Report 2022/2023

## Early Years Improvement and Training



Work this year has focussed on the further development of 4 Early Intervention Programmes – The Solihull Approach (SA), Scottish Book Trust (SBT) Book Bug Programme, Public Health Scotland (PHS) Play@home programme and the Scottish Government's Play Talk Read Campaign. (PTR)

### Play@home ( PHS)

2582 attendees

North and South Lanarkshire Education gifted over **3000 books** to families of preschool children this year.

- Face to face multidisciplinary Play@home training recommenced in February 2023.
- August 2022 - **2582 people** attended National Playday at Summerlee where Play@home resources were gifted and highlighted as part of our play sessions. Bookbug also joined us.

96 staff trained



### Bookbug ( SBT)

Both North and South Lanarkshire Bookbug steering groups continue to work in partnership to raise the profile of the free training offered by Scottish Book Trust. In 2022 we had 96 staff members attend Bookbug training to aid their professional development, and support work in communities with families.

The 2022 Lanarkshire Bookbug Shared Practice annual event was able to take place face to face again, with over 80 attendees at Newmains Community Trust. We engaged attendees in a **challenged / Solution session** to consider what we could change going forwards – here is feedback from a practitioner .... **“Challenge is local support for a Bookbug session Solution is buddy/ mentoring, when you go on training find a buddy training too and link up so when you go back to practice you keep in touch and help one another”**

We asked practitioners to reflect on something they were proud about in their Bookbug learning, here is a comment from one, **“I am proud of the new songs and rhymes I have learnt using the Bookbug App and have been able to share with the children and my colleagues, thank you”**

### Play Talk Read Campaign( PTR)

1063 families

Scottish Government, working with Smartplay network were able to recommence their bus tours in 2022. Through working with our Health Improvement Locality Links, we organised venues to visit in 16 different community areas across Lanarkshire.



- In North Lanarkshire, **439 families** attended the local bus tours.
- In South Lanarkshire, **224 families** attended there.
- In August 2022, National Playday had over 400 families visit their sessions at Summerlee.

April 22 to  
March 23



### What is the Solihull Approach

[www.solihullapproachparenting.com](http://www.solihullapproachparenting.com)

### Update on Solihull Approach Multiusers Licence On Line Access of courses 2022-23.

#### Lanarkshire Communities Registered to use the on line courses 2022/23

<u>South</u> 2475 - (Up 483 from 2021/22) Use Access code: Owen 123	<u>North</u> 4848 - (up 1025) Use Access code: Lanerch 1, 2 or 3
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#### Practitioners using the online Professional courses in Lanarkshire 2022/23

<u>South</u> Understanding Trauma 213 practitioners (up 23)	<u>North</u> Understanding Trauma 1540 practitioners (up 10)
Understanding Attachment 140 practitioners (up 37)	Understanding Attachment 647 practitioners (up 10)
Understanding Brain Development 54 practitioners (up 20)	Understanding Brain Development 471 practitioners (up 9)



12 New  
Trainers

### Update on the Solihull Approach Foundation 2 day training for multidisciplinary staff 2022-23

12 new trainers came on board bringing our number of active Solihull Approach trainers to 45

75 practitioners received their 2 day Foundation training.

A calendar of monthly training dates has been set up which will deliver training and also allow new trainers the opportunity to be mentored and shadow other experienced trainers

2 Trainers network sessions took place in 2022/23

Delivering face to face training in partnership, and finding new and innovative ways to raise awareness regarding promoting and developing these areas of work further in our communities , are the next steps for all of the above mentioned programmes . Margaret Clark Senior Health Promotion Officer