

Health Improvement

Wishaw Locality Flash Report 2022 / 2023

Inclusive Economy (Public Health Priorities (PHP) 1,3 & 5)

36 people attended

Cost of Living Event - People at Leisure Scotland (PALS)

The PALS group offers a support network for older people. The event provided information on the cost of living crisis and community supports. Feedback gathered showed a positive experience and outcomes.

Motherwell FC Community provided participants with a festive hamper and Scottish Fire & Rescue arranged for fire safety checks at local sheltered housing complexes. HI supported PALS with a successful application for Community Solutions Funding.



Early Years (PHP 2,4 & 6)

Play Talk Read Bus

Wishaw welcomed Benji the Play Talk Read bus to both Made4UinML2 and Glencassels Community Development Project.

"It was great having Benji the Play Talk Read Bus, Scottish Fire & Rescue, Police Scotland, Childsmile & special guest Bookbug. All of the families had a wonderful time and really hope for another visit from Benji soon."

120 Families attended



Mental Health (PHP 1, 3 & 6)

Time to Talk Day

Wishaw Locality hosted a walk and talk event creating supportive communities by bringing people together and promoting good mental health and wellbeing.

This event was organised in partnership with LAMH and Get Walking Lanarkshire which has resulted in the groups setting up a weekly walking group which all 22 participants are keen to attend! We aim to hold more events like this in the future.



Vibrant, Healthy, Safe Places & Communities (PHP 1, 2, 4 & 6)

Newmains & St Brigid's Community Hub

As part of the Plan for North Lanarkshire the new flagship Community Hub at Newmains & St Brigid's Campus recently opened. HI have been involved in the reference group making the hub a place for the whole community. The team attended the first parents/carer evening signposting to supports and services.



Perception of Hub

This event changed the participants' perception of the hub from a joint campus school to a positive community asset.

Wishaw Locality Health Improvement Team, has seen changes in staff this year and we continue to build relationships toward better partnership working. Our work focuses on the six Public Health Priorities for Scotland and driving the delivery of the Local Outcome Improvement Plan. HI Practitioner Grant Murdoch introduced a locality newsletter which is now distributed to 450 members of staff and partners weekly.

For More Information please contact Donna Wallace

Donna.Wallace@lanarkshire.scot.nhs.uk

Local Outcome Improvement Plan (PHP 3 & 5)

Mental Health & Wellbeing Sub Group

Sub group has been established and meets regularly to progress and monitor actions resulting in raised awareness and sharing of local MH services.

Tackling Poverty & Inequalities

Money Counts presentations delivered to staff and volunteers from 'warm space' Community Drop In's. Training aim is to Increase confidence to raise the issue about money worries and increase their knowledge of Support Services using routine enquiry and a cash first approach.

Physically Active (PHP 6)

GBT Get Active Get Going Launch

The Health Improvement Team supported the launch of GBT's new fitness programme. 102 individuals participated across the various activities on the day of the event, leading to a regular timetable of activities.



Training Impact Face to face

Pre confidence 5.3/10
Post confidence 7.7/10
Pre knowledge 4.6/10
Post knowledge 7.4/10

Virtual

Pre confidence 6/10
Post Confidence 9/10
Pre knowledge 3.8/10
Post knowledge 9/10