

### Bellshill Locality H&SC Consortium

The Health Improvement Team supported the following organisations to successfully access Community Solutions funding to deliver a range of health and wellbeing supports;

#### Lanarkshire Community Food & Health

- Cooking on a Budget and Weaning sessions
- Cooking in Recovery

#### Community Council Caring Cuppa

- Community café set up to tackle food poverty
- Improve digital access and employability skills

#### Salvation Army

- Supported to provide a Friday night youth project attracting in excess of **50 young people per week**

#### YMCA

Developed STEM (Science, Math, Engineering & Technology) based food growing project

#### Kinship Care Group

- Access to health and wellbeing therapies for Young People

#### VIP arts & Sports Academy

- Developed Scottish Fire & Rescue Service land into a community Garden



### Reducing Inequalities

**The Bellshill Health Improvement Team provided capacity support to a number of priority groups to access funding to deliver and expand their current activities.**



£33,000

**'The Well Foundation'** (based at Lanarkshire Mosque)

Received £33k to deliver sporting activities for ethnic minority communities across North Lanarkshire (original application was £16k but was so well received it was increased to £33k to expand the project wider) Starting in 2023, the programme will open up sports including; football, netball, multi sports and yoga to the minority ethnic population, who have additional barriers to accessing physical activity opportunities.

Bowel Screening

#### Neighbourhood Networks & NLC Supported Employment

Bowel screening awareness sessions were delivered to organisations who support adults with a learning disability, to engage in their communities and move into employment. Adults with a Learning Disability are less likely to take up their bowel screening invite and understanding the instructions were a major barrier to uptake. Working with National Screening Services, we received additional bowel screening kits to demonstrate how to use the kit.



Once again the Bellshill Community and partnership organisations triumphed at Christmas. In year 2 of our collaborative approach we asked referrers, where possible, to provide the postcode of the child and family they were referring for support. From 711 referrals, partner organisations were able to provide the full post code for 204 children referred.



711  
C&YP  
received  
toys

The 9 Christmas Steering Group organisations agreed that being unable to provide a post code would not be a barrier to supporting our families. The reasons why a post code could not be provided included;

- Child Protection
- Care Experienced Young People moving around
- People experiencing / fleeing domestic abuse

SIMD 1	SIMD 2	SIMD 3	SIMD 4	SIMD 5	Partial Postcode	No Postcode	TOTAL
145	41	13	1	4	234	273	711

The toy appeal was greatly supported by local businesses, churches and H&SC staff who donated cash in lieu of their normal Secret Santa ☺

This partnership model has been shared and rolled out to other localities

## Next Steps

Design electronic referral recording sheet for A Bellshill Christmas 2023

For more details please contact: [Marc.Howard@lanarkshire.scot.nhs.uk](mailto:Marc.Howard@lanarkshire.scot.nhs.uk)  
Or Frances McKay [Frances.McKay@lanarkshire.scot.nhs.uk](mailto:Frances.McKay@lanarkshire.scot.nhs.uk)



The Bellshill HI Team led on 2 subgroups this year;

- Tackling Poverty & Food Insecurity and
- Mental Health & Wellbeing.

This work was delivered in partnership with residents and multiple key organisations in the locality. The subgroups met monthly to progress LOIP priorities including;

- Delivery of **3** Cost of Living Roadshows across Bellshill
- Delivery of **2** for H&SC staff
- Training of staff & volunteers from **7** Warm Spaces in Bellshill

The Money Worries approach, developed by NHS Highland, focused on encouraging central referrals to NL Tackling Poverty Team and Scottish Welfare Fund.

## IMPACT

The training showed a marked increase in knowledge and confidence around raising the issue of financial wellbeing and knowing where to go for support when needed.

### Face to Face Session Scores

Pre Confidence – **5.3**  
Post Conference – **7.7**  
Pre Knowledge – **4.6**  
Post Knowledge – **7.4**

### Virtual Session Scores

Pre Confidence Score – **5.3**  
Post Conference Score – **7.7**  
Pre Knowledge – **3.8**  
Post Knowledge – **9**

## Invite to Staff Roadshow

So come and join us for a coffee and catch up with our stall holders on  
Thursday 24th November

Get information on heating, financial support, carer information, employment opportunities and many more....

Where? Bellshill Health Centre 9.30-12.30pm

Where? Viewpark Health Centre 1.30-4.30pm

For more information please contact  
Marc Howard Health Improvement Senior Bellshill  
07973 785 190

## Next Steps

Roll out Money Worries Training to clinical teams in Bellshill