

Contact Information

If you have any queries once you are home or experience any difficulties, please contact:

Endoscopy Units

University Hospital Hairmyres
(8am - 8.00pm) 01355 585648

University Hospital Monklands
(8.00am - 6.30pm) 01698 752248

University Hospital Wishaw
(8.00am - 8.00pm) 01698 366465

Please use these numbers for up to 48 hours following your procedure. Thereafter (and out of hours) please contact either your own General Practitioner (GP) or NHS 24 (111)

If your symptoms are severe then please go directly to your nearest Accident and Emergency (A&E) Department.

Further Information

- ❖ **NHS24** - Health Information and Self Care Advice for Scotland.

Comprehensive up-to-date health information and self care advice for people in Scotland.
www.nhs24.com
Tel No: 111

- ❖ **NHS inform** - the national health information service.

Quality assured health and care information for the public in Scotland.
www.nhsinform.co.uk



www.careopinion.org.uk

NHS Lanarkshire - for local services and the latest health news visit
www.nhslanarkshire.scot.nhs.uk

NHS Lanarkshire General Enquiry Line:
0300 30 30 243

If you need this information in another language or format, please e-mail:
Translation.Services@lanarkshire.scot.nhs.uk

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Discharge Information following a

Flexible Sigmoidoscopy without sedation



Design - Medical Illustration, NHS Lanarkshire

Name:

Date of Procedure:

The procedure you have had today was a Flexible Sigmoidoscopy without sedation carried out by:

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Please note the following points:

- 1) You may restart your normal diet (unless otherwise indicated).
- 2) You may resume your normal medication.
- 3) During the procedure air has been blown into your bowel. This may cause some discomfort but should settle within a few hours.
- 4) It is quite normal to notice some bleeding when you go to the toilet if you have had biopsies taken or a polyp removed.
- 5) Problems following this type of examination are very rare.

However, if you experience any of the following problems:

- v severe abdominal pain;
- v vomiting;
- v passing a lot of blood from your back passage;
- v high temperature; then please seek medical advice (see the contact numbers on the back page of this leaflet).

The result of your examination was:

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Follow up details:

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