

Guidelines for people changing from Lantus Solostar[®] Pens to Abasaglar KwikPens[®]

Both Lantus Solostar[®] Pen and Abasaglar KwikPen[®] contain insulin glargine therefore it is the same insulin.

When changing from Lantus[®] to Abasaglar[®] there is no need to change your dose. For example if you inject 20 units of Lantus[®] you will inject 20 units of Abasaglar[®].

Read the instructions for use included in the package leaflet carefully before using Abasaglar KwikPen[®] for the first time.

When you first start using Abasaglar[®] monitor your blood glucose four times a day before main meals and before bed. Your blood glucose monitoring results should be similar to when you were taking Lantus[®].

If you require assistance adjusting your insulin dose or if you have any concerns with your diabetes control that you are unable to manage yourself you should contact your Diabetes Specialist Nurse listed below.

The needles you currently use for your Lantus Solostar[®] pen can be used with your Abasaglar KwikPen[®].

GENERAL ADVICE FOR ALL INSULIN USE/INJECTIONS WITH A PEN DEVICE

Storing insulin pens

Before use:

- ◆ Store in a refrigerator (2°C - 8°C).
- ◆ Do not freeze.
- ◆ Do not store insulin next to the freezer compartment or a freezer pack.
- ◆ Keep the pre-filled pen in the outer carton in order to protect from light.

In use:

- ◆ Pens in use or carried as a spare may be stored for a maximum of 28 days up to 30°C and away from direct heat or direct light.
- ◆ Pens in use must not be stored in the refrigerator.
- ◆ The pen cap must be put back on the pen after each injection in order to protect from light.

Always use a new needle every injection.

Carry out a test shot before every injection by dialling up 2 units and inject into the air to ensure insulin is coming out.

Rotate injection sites

- ◆ Lipohypertrophy (lumps under the skin) is commonly found in areas where insulin is injected into the same area. These lumps can delay insulin absorption and cause erratic blood glucose results. It is therefore important to continuously rotate your injection site in order to prevent these lumps developing.

Contact telephone numbers for Diabetes Specialist Nurses (DSNs)

Monklands catchment area

- ◆ Type 1 diabetes - contact:
DSNs/David Matthews Diabetes Centre Tel: 01236 712430
- ◆ Type 2 diabetes/Community DSNs - contact:
Gillian Burns Covering for areas: Airdrie/Coatbridge Tel: 01236 707199
Margo Calder Covering for areas: Cumbernauld/Abrohill/Kilsyth Tel: 01236 508321

Wishaw General catchment area

- ◆ Type 1 diabetes - contact:
DSNs/WGH Tel: 01698 366361/366362
- ◆ Type 2 diabetes/Community DSNs - contact:
Trish McCue Covering for areas: Bellshill/Viewpark/Motherwell Tel: 01698 206405
Katie Whyte Covering for areas: Lanark/Wishaw/Carluke/Shotts Tel: 01555 890413

Hairmyres catchment area

- ◆ Type 1 diabetes contact: DSNs/Hairmyres Diabetes Centre Tel: 01355 585230
- ◆ Type 2 diabetes/Community DSN team - contact: Tel: 01355 597493
Covering for areas: Hamilton/Blantyre/Larkhall/Stonehouse/Strathaven/East Kilbride

Hairmyres and Glasgow catchment area

- ◆ Type 1 diabetes contact: DSN at Hairmyres or whichever Glasgow Hospital you attend.
- ◆ Type 2 diabetes/Community DSN team - contact: Tel: 0141 531 6028
Debbie Halliday covering Rutherglen/Cambuslang/ Greenhill Health Centre

NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.org.uk
NHS Lanarkshire General Enquiry Line: 0300 30 30 243



www.careopinion.org.uk

NHS inform - The national health information service for Scotland.
www.nhsinform.co.uk
Tel No: 0800 22 44 88

If you need this information in another language or format, please contact the NHS Lanarkshire General Enquiry Line on 0300 30 30 243 or e-mail info@lanarkshire.scot.nhs.uk

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