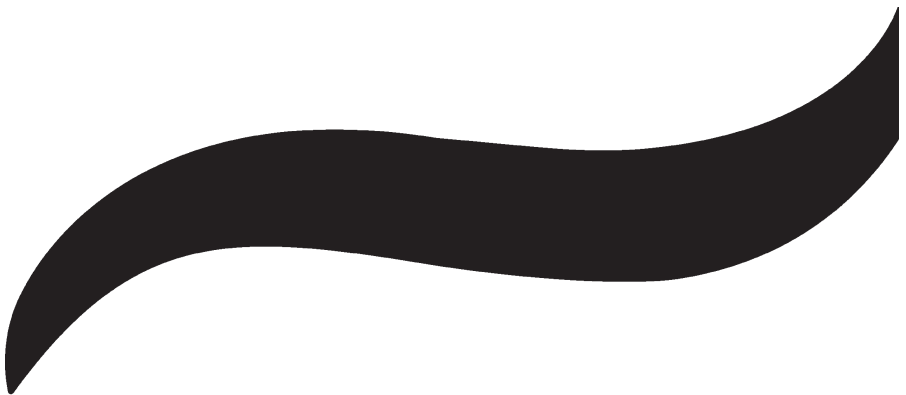




Child Health Programme in Schools

Information for parents and carers



This leaflet provides information about the child health programme offered in Lanarkshire schools.

The role of a school nurse is to ensure the health and wellbeing of children and young people is supported.

The universal child health programme offers children services such as immunisations and growth and health assessments.

CORE CHILD HEALTH PROGRAMME

Primary school – Primary 1 health review

All children are offered a health review on entry to primary school.

A letter and health questionnaire will be sent home in your child's school bag for you to complete. If you do not wish your child to participate, you can opt-out of the review by notifying the school nursing service as detailed in the letter. If you are happy for your child to be reviewed, please complete the questionnaire and return it to your child's school in the confidential return envelope provided.

Information is collected on existing health conditions and any health concerns that you, or the school nurse may have about your child. Height and weight measurements are carried out in school by the school health team.

Some children may need further health or development assessment. The school nurse will contact you about your child's growth, if this is necessary, to offer advice and to let you know about other support services that are available.

Primary school – Immunisation

In addition, the school immunisation team will offer all children the nasal flu (influenza) vaccine to protect them from the flu virus each year they are in primary school. A separate information pack and consent form will be sent to you. Please sign and return this if you wish your child to receive the flu vaccine.

Secondary school

There are no formal health reviews for children and young people in secondary school.

The school immunisation team offer vaccines in secondary school to protect children and young people against infection and disease. These include:

- ❖ Human Papilloma Vaccine (HPV) – all young people aged 11-13 years
- ❖ Tetanus, Diphtheria, Polio – all young people around 14 years old
- ❖ Meningococcal groups ACWY – all young people around 14 years old

An information pack and consent form will be sent to you, which you will be asked to sign and return if you wish your child to receive each vaccine. Young people over the age of 12 years can provide their own consent for immunisation (if deemed able to).

HOW TO CONTACT YOUR SCHOOL NURSE

If you have any questions about the P1 health review, contact details for the school nursing service can be found in the letter.

For advice on immunisations, please contact the school immunisation team: Telephone: 0300 303 3229

CONFIDENTIALITY AND THE USE OF PATIENT INFORMATION

NHS Lanarkshire take care to ensure your personal information is only accessible to authorised people. Our staff have a legal and contractual duty to keep personal health information secure, and confidential. In order to find out more about current data protection legislation and how we process your information, please visit the Data Protection Notice on our website at www.nhslanarkshire.scot or ask a member of staff for a copy of our Data Protection Notice.

NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.scot

NHS Lanarkshire General Enquiry Line: 0300 30 30 243

NHS inform - The national health information service for Scotland.

www.nhsinform.co.uk

Tel No: 0800 22 44 88

If you need this information in another language or format, please contact the NHS Lanarkshire General Enquiry Line on 0300 3030 243 or e-mail info@lanarkshire.scot.nhs.uk

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