





The following guidance provides key points that must be followed for testing during Covid-19 outbreaks in care homes. The following information is applicable for residents and staff.

- Following confirmation of a single positive case of Covid-19, temporary restrictions are placed on the care home and outbreak testing should be undertaken
- Residents should be tested via PCR on day 1 and (if negative on day 1) day 4/5 by the Care Home Testing Team
- PCR positive residents should be managed as per extant guidance
- Staff should be tested daily via LFT for a minimum of 7 consecutive days
- LFT positive staff should immediately self-isolate and book a PCR test via the NHS Inform website
- PCR negative result staff can return to work
- PCR positive result staff should self-isolate for 10 days.

A flow chart diagram overleaf summarises the key points



****** Outbreak testing triggered by single positive LFT or PCR in resident or staff member.

All LFTs recorded on NHS Scotland Testing and Registration System by staff member. Positive results will flow into the Test and Protect system to initiate contact tracing. A confirmatory PCR test is required. Further information is available at https://www.gov.scot/publications/coronavirus-covid-19-adult-care-home-visitor-testing-guidance/

NB: negative LFD and PCR tests should be assessed in the context of other clinical and epidemiological information available.