



NHS Lanarkshire Care Homes Protocol Group

Form for Communication of Insulin Dose Amendments

For Use in Community Settings including Care Homes

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Governance or Assurance Committee	South HSCP Clinical Governance and Risk Management Committee
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INSULIN DOSE AMENDMENT FORM
FOR USE IN THE COMMUNITY AND IN CARE HOMES

Guidance for Community Nursing and for Residential Homes

This section of guidance is intended for circumstances in which community nurses administer insulin to patients in their own homes in the community or in residential care homes (i.e. care homes which do not have their own employed nursing staff).

When a diabetic specialist nurse recommends a change of dose of insulin, she/he will leave the insulin dose amendment form in the patient's house or in the residential care home and the diabetic specialist nurse will inform the community nursing team for the patient.

When the community nurse next visits the patient to administer insulin, the community nurse will administer the current dose of insulin and will collect the insulin dose amendment form and the NHS Lanarkshire insulin prescription chart and take them to the GP practice for the prescriber to confirm that the prescriber is happy with the dose amendment and for the prescriber to update the insulin prescription chart. The amended dose of insulin can then be given the next time the community nurse visits.

The community nurse will then take the updated insulin prescription chart back to the patient's house or to the residential care home.

Guidance for Care Homes with Employed Nursing Staff

This section of guidance is intended for circumstances in which care home employed nurses administer insulin to the residents in the care home.

When a diabetic specialist nurse recommends a change of dose of insulin, she/he will fax the insulin dose amendment form to the resident's GP practice.

A prescriber in the GP practice will then confirm that they are happy with the suggested change of dose by signing the relevant box on the insulin dose amendment form.

The practice will then notify the care home, either verbally or by fax, and the insulin dose amendment form becomes the authorisation to administer the amended dose of insulin until such time as the prescriber from the GP practice updates the NHS Lanarkshire insulin prescription chart in the care home at the next routine care home visit.

