



# Following a bereavement

Useful information, help and guidance after the death of a loved one in hospital

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## **DISCLAIMER**

Please note that inclusion in this booklet of any product or service does not imply endorsement by NHS Lanarkshire.

#### FIRST AND FOREMOST

We wish to express our sincere sympathy to you and your family at this time of loss.

When someone close to you dies, you may be unsure what to do. We hope this leaflet will help you through the first few days. It describes:

- What you need to do, and
- How you may feel

The death of someone close can be overwhelming and you may need help to do these things. Relatives, friends or neighbours can support you. A faith leader or celebrant may be able to help you or tell you where you can find help. Bereavement helpline: 01698 751040. This service is available, and a member of our team will call you, if the call is not answered.

# Immediate Information And Advice Following The Death

You will need a death certificate. This is now called the 'Medical Certificate of Cause of Death' (MCCD) or 'Form 11'. All deaths must be registered and you will need the MCCD in order to do this.

#### Organ donation

Your loved one may or may not have discussed Organ Donation. Under the new opt out system, if all adults aged 16 years and over have not confirmed whether they want to be a donor, they will be considered to be willing to donate their organs and tissue when they die, unless they choose to opt out.

#### Post-mortems

The Procurator Fiscal may decide that a post mortem is necessary. The aim of a post mortem is to determine the cause of death. Arrangements to conduct the post mortem will be made as soon as possible. Post mortem examinations are carried out in Glasgow at the Queen Elizabeth University Hospital. Please feel free to speak with the doctor if you have any questions or concerns about a postmortem.

#### The Mortuary

The deceased will be transferred from the hospital to the mortuary. This may be at another NHS Lanarkshire hospital. Staff will advise you if this is the case.

#### Management of infection

The deceased will be placed in a protective cover sometimes known as a body bag. This will be done when the deceased has been laid out by nursing staff. This is necessary to minimise the risk of infection to other people and to preserve the dignity of the deceased. Staff will advise you of the possible restrictions this will place on viewing the deceased at a later time.

#### Viewings

Families are encouraged to view their relative at their funeral directors as this is a more suitable environment. However, there are some occasions when you may want to view your relative while they are in the hospital mortuary. If you would like to do this please ring the ward and ask the nursing staff to arrange this.

#### REGISTERING THE DEATH

You should try and register the death at the earliest opportunity.

In North Lanarkshire death registrations are done remotely; however, they ask that families contact the office of their choice directly by telephone.

For South Lanarkshire, registrations are carried out remotely which means they can complete the registration over the phone. Please email licensing@southlanarkshire.gov.uk or phone 0303 123 1015 (select option 7). Phone calls are answered between 10am - 12pm and 2pm - 4pm - this is for South Lanarkshire.

Since 1st April 2022 remote death registration appointments can now be made by the family. Appointments can be booked online by going to the North Lanarkshire Council or South Lanarkshire Council website.

Once registration is complete you will be given a Certificate of Registration of Death (Form 14). This is the document that confirms that the death has been registered and is required before a burial or cremation can go ahead.

It is worth bearing in mind that you may need several certified copies of the entry of death. These can be obtained for a small charge and may be needed for legal or financial purposes.

# Procedure for Death Registration in The HOSPITAL

When a patient's family are required to contact their local authority, this booklet gives information to relatives in relation to North and South Lanarkshire.

#### North Lanarkshire Council

- The hospital will send the Death Certificate to North Lanarkshire Council Registrar's Office
- Next of Kin details will be provided to the Registry Office
- Motherwell Registry Office will contact the Next of Kin

#### South Lanarkshire Council

- The hospital will send the Death Certificate to South Lanarkshire Council Registrar's Office
- The Next of Kin is required to contact South Lanarkshire Council
- Appointments can be booked online by going to the South Lanarkshire Council website

# REGISTRATION OFFICES

#### North Lanarkshire Council Registration Offices

*	Airdrie	37 Alexander Street	01236 758080
*	Cumbernauld	Council Offices, Bron Way	01236 632740
*	Motherwell	Civic Centre	01698 302206

#### **Appointments**

All three Registration Offices operate an appointment service only. Please arrange an appointment by telephoning before attending

#### **Hours of Business**

**Monday - Friday** Offices close each day for lunch

12.30pm - 1.30pm

Monday - Thursday 08.45am - 4.30pm

**Friday** 08.45am - 4pm

#### South Lanarkshire Council Registration Offices

*	Hamilton	Town House 102 Cadzow Street and Council Offices, Almada Street	01698 453792
*	Rutherglen	Town Hall, 139 Main Street	0141 584 2933
*	East Kilbride	Civic Centre, Cornwall Street	01698 453792
*	Lanark	Council Offices, South Vennel	01698 453792

All offices are strictly by appointment only

#### Hours of business

Hamilton Town House and Rutherglen Town Hall only:

Monday to Thursday 8.45am - 4.45pm

**Friday** 8.45am - 4.15pm

Phone enquiries only between 10am - 12pm and 2pm - 4pm

Saturday 9am - 12.30pm

To contact a registration office in South Lanarkshire please contact the South Lanarkshire customer service centre on: 0303 123 1015

# What does a review of the 'Medical Certificate OF CAUSE OF DEATH' INVOLVE?

There is a national review system of 'Medical Certificate of Cause of Death' which involves independent checks on the quality and accuracy of such certificates and to improve how this information is recorded. They are not a review of the deceased's personal care or cause of death. All deaths not referred to the Procurator Fiscal or relating to a still birth will be subject to random selection for review by Health Information Scotland medical reviewers, an organisation independent of NHS Lanarkshire.

#### The two main categories of review are:

Level one review		Level two review	
*	Expected to be completed in one working day.	*	Expected to be completed in three working days.
*	Will apply to about 10% of non-Fiscal or still birth deaths.	*	Will apply to approximately 1,000 deaths a year (Scotland-wide).

#### What does that mean for me?

- You may be advised that the certificate has been selected for a random review when you take it to the registrar. You do not have to do anything at this point. The only deaths which are exempt from this process are still births of babies or deaths which have been reported to the Procurator Fiscal.
- The review relates to the quality and accuracy of the 'Medical Certificate of Cause of Death' and involves the independent medical reviewers contacting the certifying doctor. The registrar will contact you as soon as the review has taken place to allow you to proceed to the Certificate of Registration of Death (Form 14) and then to arrange the funeral.

- ❖ You to proceed to the Certificate of Registration of Death (Form 14) and then to arrange the funeral.
- ❖ You need not delay in contacting a funeral director even if a review is taking place. The time of the funeral cannot, however, be confirmed until the Form14 has been issued.

# INVESTIGATION OF A DEATH BY THE PROCURATOR FISCAL

Deaths which are reported to the Procurator Fiscal will not be included in those selected for review.

Further information on the role of the Procurator Fiscal in the investigation of deaths can be found at:

www.copfs.gov.uk/publications/deaths

#### The Procurator Fiscal

In some cases a death needs to be reported to the Procurator Fiscal. This usually happens if the death has been sudden, unexpected or accidental or if the death is suspicious or unexplained.

The medical staff at the hospital will contact the Procurator Fiscal, who may decide to investigate the death. This may involve:

- speaking with the person's GP, relatives, friends or those present at the time of death; and
- a Post-mortem examination (In these cases your consent is \*\* not required)

Please try not to be too concerned about the Procurator Fiscal's involvement or the involvement of the police who may assist in the investigation, as it is quite normal for the Procurator Fiscal to investigate sudden and unexpected deaths. None of this should stop you making funeral arrangements. Your Funeral Director will be able to communicate with the hospital to obtain any information required to proceed.

#### TELL US ONCE

Tell Us Once is a service that lets you report a death to most government organisations in one go.

#### This includes:

- Social Security Scotland
- HM Revenue and Customs (HMRC)
- Department for Work and Pensions (DWP)
- **Passport Office**
- Driver and Vehicle Licensing Agency (DVLA)
- The local council
- Veterans UK
- Some Public Sector Pension Schemes

#### How to use Tell Us Once

A Registrar will explain the Tell Us Once service when you register a death.

If you do not use Tell Us Once you will need to tell the relevant organisations about the death yourself.

Find out more about Tell Us Once on gov.uk

It will help if you to have the following information where relevant about the person who has died when you use the service:

- date of birth
- address of the deceased
- if you have it, their National Insurance number
- their driving licence number
- vehicle registration number
- their passport number

- details of any local council services they were receiving, for example Adult Social Services, Blue Badge
- dates of any recent stays in hospital, a hospice or care home

We may also ask you for the contact details for:

- their next of kin
- a surviving husband, wife or civil partner
- the person dealing with their estate

There is no need to follow-up contact after you have used Tell Us Once unless you don't receive a confirmation from the relevant department after a reasonable period of time, in most cases a calendar month.

Once the various agencies informed by Tell Us Once have received notification of the death, they will make any further contact if necessary with the bereaved family.

Tell Us Once does not notify any commercial organisations of the death and cannot arrange for redirection of post.

People can find out about all the help that may be available to them on mygov.scot.

If you would like to find out more or apply for benefits over the phone, you can do this by calling 0800 182 2222. This information can be provided in alternative languages or formats.

# PEOPLE TO INFORM

Following a bereavement various people, companies, and other interested parties need to be informed of the death. The following list is to help start the process.

Who to inform	Done	Date
General Practitioner (GP)		
Solicitor		
Bank, Building Society, Insurance Companies		
Social Work Department, if the person had been getting any Home Care assistance		
Employers and Trade Unions		
Insurance Companies (Care/home contents and so on)		
Gas/Electric/Telephone/TV Licence/Water		
Local Council (Council Tax)		
Any hospital/clinic the person was attending with NHS Lanarkshire		
Memberships (professional organisations, Gym memberships, libraries and so on)		
Schools, Colleges or Universities the person had been attending		
A child's teacher, if a child, their parent or other close relative has died. Inform the school		

What to return	Done	Date
Passport to the Passport Office		
Driving Licence to DVLA		
Registration documents of car in order to change ownership (DVLA)		
Papers to the Tax Office		
Any hospital equipment		
Medicines should be returned to a Community Pharmacy for destruction		
Membership cards of clubs and associations - You may be able to claim on unexpired memberships		

# Stopping lunk Mail to the recently deceased

If someone you know has died, the amount of unwanted marketing post being sent to them can be greatly reduced which helps to stop painful daily reminders.

By registering with the free service **www.stopmail.co.uk** the names and addresses of the deceased are removed from mailing lists, stopping most advertising mail within as little as six weeks. If you cannot access the internet you can call 0808 168 9607, where you will be asked for very simple information that will take only a few minutes to complete. Alternatively, ask the bereavement team for a leaflet that can be returned in the post.

This free of charge service provided by the Bereavement Support Network will actively reduce the unwanted marketing mail but also can help reduce the likelihood of identity theft following the death of someone close. The information is not used for any other purpose and you only have to complete this once. Additionally to Stop Mail a comparable service can also be accessed from the Bereavement Register or Deceased Preference Service if you would prefer to use them.

#### BEREAVEMENT - OUR RESPONSE TO LOSS

Grief is our natural response to loss - a complex mix of sometimes sadness, anger, helplessness, regret and despair.

Whether someone we are close to dies suddenly or when we have known for some time to expect their death, it is most likely that we will experience a sense of shock and disbelief. Initially, we may feel numb, and our loss and situation around us seem unreal for some considerable time. This initial sense of disbelief will start to lift over the forthcoming days or weeks, though it can return from time to time throughout our grief. Sometimes, especially in the early days of grieving, it is not uncommon to think we can see or hear the person who has died. Should this happen, we can feel a sharp shock, when we realise the reality that the person has died.

It is not unusual for people to cry, sometimes uncontrollably, and this can make you feel exhausted. However many people find it is more helpful to cry, rather than bottle up feelings. Alongside your great feeling of sadness, you may have a sense of feeling empty and without purpose. Your concentration may be poor, and you can be off your food. You may find sleeping difficult. It is important to realise that, although these feelings are very distressing, they are all normal responses to the loss of a loved one.

Looking after yourself will assist in lowering the impact of your grief. Try to avoid anything that requires too much concentration. If you find eating difficult, try to eat smaller portions of nutritious food that you find appealing, rather than snacking.

Grieving takes time and cannot be hurried. Complex emotional feelings may come and go for a long time; this is all part of adjustment to life without your special person.

#### How can I deal with my feelings?

As you try to cope with the emotions of a death, consider the following.

#### Take your time

It's important - especially in the first few days - that you allow yourself:

- Time to take in what has happened
- Time to talk about the person who has died
- Time to feel the pain and the loneliness
- Time for yourself

#### Do it your way

We are all different, and we react to death in different ways. There is no right or wrong way to grieve. Just try to do what feels right for you.

#### Take care of yourself

It is important to look after yourself. For example, you should try to eat well, and avoid drinking too much alcohol. It's also important to know that it's normal to feel afraid, have nightmares or struggle to see the point of life. However, if you are worried about your feelings; you can speak to someone on our bereavement support line 01698 751040.

#### Remember

- Grief is normal it is part of what it is to be human and to have feelings.
- Grief is a journey it is often hard, but it will get easier.

- Grief has no shortcuts grief takes time. It often takes much longer than you, and many people around you, may expect.
- It is normal both to grieve and live when you find yourself not thinking about the person who has died, that is alright.
- Grief can be scary and can lead to depressing thoughts and even thoughts of suicide. It is natural to think this way and okay to talk about it.

Finally, it is important not to expect too much of yourself, and know when to ask for help. The death of someone close is a major event in anybody's life and there are no quick ways of adjusting. It can be helpful to find someone you trust that you can to talk to.

#### EMOTIONAL SUPPORT

Everyone experiences different reactions following a loss. Bereavement can turn our world upside down and is one of the most painful experiences we have to endure. Some people feel extremely anxious or may have trouble sleeping.

#### Family and friends

Family and friends can be of great support at this difficult time. Being close to others can be a great source of comfort. It is not always necessary to say anything, just being there is enough.

Allow people into your life and accept offers of practical help, for example with domestic chores and looking after children.

#### Spiritual Care

The death of a loved one can be a time of great pain and sometimes people experience shock, numbness, sadness, anger, exhaustion, confusion, and irritability. At such times, people often have a need to express their feelings honestly in a safe and confidential space.

Healthcare Chaplains are employed by the NHS and operate as part of the wider healthcare team. They are employed to respond to the needs of people going through difficult times especially deep emotions that come with loss and grief. Chaplains will listen, with care, about your loss and give the time and space for your feelings to be heard.

Chaplains are always available and can be contactable via the hospital switchboard or bereavement care helpline on 01698 751040

Each hospital has a Sanctuary which is a shared space for all faiths and none. It is open at all times and can provide a place of peace and guiet, reflection and prayer.

You are welcome to spend time there.

Chaplains can also offer advice and support to help with the planning and arrangement of funeral services. Where appropriate, and requested by the next of kin of the deceased, chaplains will conduct funerals.

'Though we need to weep your loss, you dwell in that safe place in our hearts where no storm or night of pain can reach you.'

John O'Donohue (2008).

# Useful contacts and FURTHER SOURCES OF ADVICE AND SUPPORT

NHS Lanarkshire website: www.nhslanarkshire.org.uk

#### **NHS Lanarkshire Bereavement Helpline**

Helpline: 01698 751040

NHS Inform website: www.nhsinform.scot/care-support-and-

rights/death-and-bereavement

#### **University Hospital Hairmyres**

Eaglesham Road, East Kilbride G75 8RG Telephone: 01355 585000 (Switchboard)

#### **University Hospital Monklands**

Monkscourt Avenue, Airdrie ML6 0IS Telephone: 01236 748748 (Switchboard)

#### **University Hospital Wishaw**

50 Netherton Street, Wishaw ML2 0DP Telephone: 01698 361100 (Switchboard)

#### **Kilbryde Hospice**

McGuiness Way, Hairmyres, East Killbridge G75 8GJ

Email: info@kilbrydehospice.org.uk

Telephone: 01355 202020

#### **North Lanarkshire Council**

For general enquiries contact

Northline: Customer Contact Centre

Telephone: 01698 403200 www.northlanarkshire.gov.uk

#### South Lanarkshire Council

Telephone: 0303 123 1016 (Bereavement Services) Telephone: 0303 123 1015 (Customer Services)

www.southlanarkshire.gov.uk

#### St. Andrews Hospice

Henderson Street, Airdrie, Lanarkshire ML6 6DI

Telephone: 01236 766951

#### The Haven

Blantyre Health Centre, Victoria Street, Blantyre G72 0BS

Email: info@thehavencentre.com

Telephone: 01555 811846

#### Maggie's Lanarkshire

Contact: Maggie's Lanarkshire, Elizabeth Montgomerie Building,

Monklands Hospital, Airdrie ML6 0JS

Email: lanarkshire@maggies.org Telephone: 01236 771199

www.maggiescentres.org/lanarkshire

#### Cruse Bereavement Care Scotland

Bereavement counselling support

Helpline: 0808 802 6161

#### **Department for Work and Pensions (DWP) Bereavement Service**

Telephone: 0800 731 0469

#### The Samaritans

Confidential emotional support 24 hours a day

Helpline: 116 123

#### **Breathing Space Scotland**

Telephone: 0800 83 85 87 www.breathingspace.scot

If you need this information in another language or format, please contact the NHS Lanarkshire General Enquiry Line on 0300 3030 243 or email info@ lanarkshire.scot.nhs.uk.

#### THE FUNERAL DIRECTOR

Another important thing to do is to engage with a funeral director. You do not have to wait until the medical certificate of death is issued.

The Funeral Director will take care of all the practical arrangements for you. They will arrange transfer of your loved one from hospital to a funeral home if that is what you wish. They will also advise and guide you through your chosen funeral in an expert way.

Funeral arrangements should be considered carefully. Try to have someone with you.

#### Bereavement benefits and payments

#### This includes:

- Funeral Support Payment help towards the cost of a funeral if you're on low income and live in Scotland.
- Bereavement Support Payment If you're under State Pension age and have a husband, wife or civil partner who has died in the last 21 months

More information is available here: www.mygov.scot/bereavement-benefits

#### It's also advisable at this time to:

Make sure everyone who needs to know is told, for example family, friends, employer, and try to find out whether a Will has been made.

# Funeral directors in Lanarkshire

#### Airdrie

The Co-operative Funeralcare	125 Graham Street Airdrie ML6 6DE	01236 762310
Donald McLaren	10 Adam Avenue Airdrie ML6 6DN	01236 762000
Fosters Family Funeral Directors	3 Anderson Street Town Centre Airdrie ML6 0AA	01236 339020
G. McAllisters	Monklands Funeral Home 93 High Street Airdrie ML6 0DX	01236 480344

# Biggar

Andrew Ironside Funeral Services	2 High Street Biggar ML12 6BN	01899 220602
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# **Cambuslang / Rutherglen**

Birrell Corrance Funeral Directors	10 Johnson Drive Cambuslang G72 8JW	0141 237 4770
Cambuslang Funeralcare	178 Main Street Cambuslang G72 7EN	0141 641 3495
Desmond Maguire	The Mill Funeral Home 115 Mill Street, Rutherglen G73 2AW	0141 647 0900
Fosters Family Funeral Directors	240 Glasgow Road Rutherglen G73 1UZ	0141 647 8080
Fosters Family Funeral Directors	292 Stonelaw Road Rutherglen G73 3RP	0141 647 8080
George S Munn Funeral Directors	Fishcoates Fishcoates Avenue Burnside G73 5QZ	0141 634 1291
Joseph Nelson Funeral Director	Glen Street Funeral Home 10 Glen Street Cambuslang C72 8UR	0141 643 9090
Joseph Nelson Funeral Director	166 Main Street Rutherglen G73 2HW	0141 647 9772
Malone & Fox	51 Rossendale Road, Glasgow G41 3RH	0141 649 4900
Mitchells Funeral Directors	23a Stonelaw Road Rutherglen G73 3TW	0141 647 3040
Rutherglen Funeralcare	41 Queen Street Rutherglen G73 1JP	0141 647 1188

# Clydesdale

Carluke Funeralcare	19 High Street Carluke ML8 4AL	01555 751118
G. McAllister	Sandy Road Funeral Home 53 Sandy Road Carluke ML8 5DH	01555 728228
G. McAllister	155-159 Station Road Shotts ML7 4BQ	01501 822612
Henry Dorricott	1 Bakers Brae Lesmahagow ML11 0EP	01555 894933
Henry Dorricott	10 Woodstock Street Lanark ML11 7DH	01555 666620
lan Brown	83 Lanark Road Lanark ML11 8QQ	01555 807407
Joseph Potts Funeral Directors	15 Hamilton Street Carluke ML8 4HA	01555 772099
Lanark Funeralcare	22 Bannatyne Street Lanark ML11 7JR	01555 666644
Lesmahagow Funeralcare	65 Abbeygreen Lesmahagow ML11 0EF	01555 895222

# Coatbridge

The Co-operative Funeralcare	1 Muiryhall Street Coatbridge ML5 3EA	01236 421 544
Donald McLaren	45 Sunnyside Road Coatbridge ML5 3DG	01236 424132
Gribben & Sneddon Funeral Directors	485 Main Street Coatbridge ML5 3RD	01236 710222
G. McAllister	Easton Place, Coatbridge ML5 4EW	01236 898080
MacGregor Family Funeral Directors	132 Muiryhall Street Coatbridge ML5 3NH	01236 425109

# **Cumbernauld / Kilsyth**

Co-operative Funeralcare	28 The Wynd Cumbernauld G67 2SU	01236 725547
Co-operative Funeralcare	Parkburn Road Kilsyth G65 9DG	01236 822158
Cullen & Easton Funeral Directors	58 Main Street Cumbernauld G67 2RX	01236 724000
Fosters Family Funeral Directors	44 Teviot Walk Cumbernauld G67 1NG	01236 339013
Gerald Mellon Funeral Directors	3 Hume Road Cumbernauld G67 1AP	01236 724396
K. McMillan Family Funeral Directors	6 Market Cross West Burnside Kisyth G65 0HL	01236 821278
Paterson & Hughes	16 Main Street Kilsyth G65 0AH	01236 829988
Paterson & Hughes	45 Main Street Cumbernauld G67 2RT	01236 733744

#### **East Kilbride**

Adams and Duncan	2 Westgarth Place College Milton East Kilbride G74 5NT	01355 279700
The Co-operative Funeralcare	15 Maxwell Drive East Kilbride G74 4HG	01355 220637
Co-operative Funeralcare	54 Waterside Street Strathaven ML10 6AW	01357 529292
Fosters Family Funeral Directors	1 Glebe Street East Kilbride G74 4LY	01355 201808
Heritage Funeral Services	10 Montgomery Street East Kilbride G74 4JS	01355 271717
Heritage Funeral Services	23 Townhead Street Strathaven ML10 6AB	01357 528799

#### **Hamilton**

Blantyre Funeralcare	233 Glasgow Road Blantyre G72 0YS	01698 828335
Co-operative Funeralcare	208 Quarry Street Hamilton ML3 6QW	01698 286307
Heritage Funeral Services	52 Gateside Hamilton ML3 7JQ	01698 421300
Joseph Nelson Funeralcare	261 Glasgow Road Blantyre G72 0AB	01698 827136
Joseph Potts Funeral Directors	259 Glasgow Road Blantyre G72 0YS	01698 822236
Scotmid Funeral Directors	6 Portland Place Hamilton ML3 7JU	01698 534333
Scotmid Co-operative	141 Main Street Uddingston G71 7EN	01698 535111
Smiths Funeral Services	83 Stonefield Road Blantyre G72 9SA	01698 826141
T&A Fyfe	Peacock Cross Almada Street Hamilton ML3 0EW	01698 283344
Wylie & Lochhead	8 Main Street Uddingston G71 7HD	01698 818822
Young's Independent Funeral Services	Silverwell's House 114 Cadzow Street Hamilton ML3 6HP	01698 285350

#### **Motherwell / Bellshill**

Co-operative Funeralcare	32 Hamilton Road Bellshill ML4 1AQ	01698 747211
Dundas Fyfe Funeral Directors	31 Melville Drive Motherwell ML1 1RW	01698 263115
Fosters Family Funeral Directors	386 Main Street Bellshill ML4 1AX	01698 674799
Fosters Family Funeral Directors	29 Brandon Parade South Motherwell Shopping Centre Motherwell ML1 1QY	01698 678170
James Sherry	100-106 Park Street Motherwell ML1 1PF	01698 264000
John Clark Funeral Services	10 Jubilee Way Bellshill ML4 ISA	01698 842233
Joseph Potts	1-3 North Road Bellshill ML4 1QU	01698 746886
Motherwell Funeralcare	157 Windmillhill Street Motherwell ML1 1RY	01698 263628
W. O'Mara and Sons	313 Orbiston Street Motherwell ML1 1QH	01698 760505

## Wishaw

Brodies Funeral Services	9 West Street Shotts ML7 5QD	01501 751214
Co-operative Funeralcare	151 Station Road Shotts ML7 4BQ	01501 821700
Co-operative Funeralcare	58 Montgomery Street Larkhall ML9 2AD	01698 882760
Fosters Family Funeral Directors	30 Main Street Wishaw ML2 7AF	01698 678176
G. McAllister	155 - 159 Station Road Shotts ML7 4BQ	01501 822612
G. McAllister	Westcross Funeral Home Main Street Wishaw ML2 7PJ	01698 356588
Henry Dorricott	10-12 London Street Larkhall ML9 1AG	01698 882170
Joseph Nelson Funeral Care	2 London Street Larkhall ML9 1AG	01698 317171
MacGregor Family Funeral Directors	Manse Road Funeral Home 126 Manse Road Wishaw ML2 9BD	01698 387444
Shotts Funeral Care	151 Station Road Shotts	01501 821700
Wishaw Funeralcare	71 Hill Street Wishaw ML2 7BG	01698 372378

#### PAYING FOR THE FUNERAL

Funeral costs vary and you may wish to ask several funeral directors about the service they provide.

Funeral directors should explain their costs and give you a written estimate. Before meeting the funeral director, you should try to think about how to pay for the funeral.

- 1. Find out if the person who died:
- ❖ Made arrangements to pay for the funeral for example, with a life assurance policy or a prepaid funeral plan.
- ❖ Left enough money to pay for the funeral. Funeral costs have first claim on any remaining estate.
- 2. If no money is available and you get benefits or tax credits, you may be able to apply for:
- Funeral Support Payment help towards the cost of a funeral if you're on low income and live in Scotland.
- Tell the funeral director as soon as possible if you want to apply.
- 3. If your wife, husband or civil partner has died you may be able to apply for a benefit called a 'Bereavement Support payment'.

More information is available here: www.mygov.scot/bereavement-benefits

The 'Funeral Support payment' and 'Bereavement Support payment' are subject to conditions and you should not assume you are eligible.

If no one is able to arrange and pay for the funeral, the local council may be able to advise.

#### DO NOT STAND AT MY GRAVE AND WEEP

Do not stand at my grave and weep I am not there, I do not sleep. I am a thousand winds that blow. I am the diamond glints on snow. I am the sunlight on ripened grain, I am the gentle autumn rain. When you awaken in the morning's hush I am the swift uplifting rush Of guiet birds in circled flight I am the soft stars that shine at night. Do not stand at my grave and cry, Those who are loved can never die.

Attributed to Mary Elizabeth Frye (1905-2004) (adapted)

Reference: NHS Lanarkshire Bereavement Booklet

Publication Date: February 2023 Review Date: February 2025



The Hospital would like to thank RNS Publications for publishing this information and the following pages contain some features from local services offering their help at this time.

Whilst the Hospital is grateful of their support it does not endorse or recommend any of the services that they provide.



stopping mail

# STOPPING JUNK MAIL

It is distressing to deal with a bereavement and unsolicited mail can be insensitive and destructive during a grieving process.

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Independent Funeral & Memorial Specialist

# A family owned and run business trusted by local people

Here at Heritage Funeral Services we make it our duty to ensure that your loved ones are taken care of in a dignified and professional manner.

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We're grateful to everyone who chooses to remember someone special through a gift to the NSPCC. We can help make collecting funeral donations easy through an online NSPCC tribute page and funeral collection envelopes.

Find a tribute page or create your own at nspcc.muchloved.org

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This publication has been jointly developed between ourselves and the hospital. We hope that it has been or will be of help at this time and we welcome any comments or suggestions that you may have.

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East Kilbride

2 Westgarth Place G74 5NT Glasgow 49 Dougrie Drive G45 9AD

Tel: 01355 279 700 Te

Tel: 0141 630 0090

ADfunerals.com d at time of publication but may be subject to change



# Here for you at one of life's most difficult times.

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# Remember your loved one with an online tribute

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Together we will beat cancer





Ian Brown Funeral Directors are a long established funeral service providing a close, trusting relationship to the families of Lanarkshire.

#### Lanarkshire

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