

## Directorate for Mental Health

Performance, Remobilisation and Renewal Unit



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NHS Lanarkshire

Cc Heather Knox

22 June 2021

Dear Paula,

**ENHANCED SUPPORT: REQUEST FOR LOCAL IMPROVEMENT PLANS FOR CAMHS AND PSYCHOLOGICAL THERAPIES**

As you will be aware, last November we wrote to your Chief Executive to explain that NHS Lanarkshire was one of seven Boards selected to receive a tailored programme of enhanced improvement support. The objective was to deliver a local recovery plan and our offer was to work with Mental Health leads and colleagues in NHS Lanarkshire with the aim of getting a plan in place by the end of March 2021.

Since then, our Professional Advisors for CAMHS and Psychological Therapies (PT) (Stephen McLeod and Lynne Taylor) have been working closely with service managers and professional leads in the Board to do the necessary work which would make up the content of a next steps plan to: review existing recovery plans; analyse performance and capacity data; advise on the development of modelling and trajectories; and discuss where there are issues/ gaps and advise on actions to take e.g. reform and redesign.

We would like to thank colleagues in NHS Lanarkshire for engaging really positively in this work. We understand that good progress has been made towards developing robust local improvement plans for CAMHS and PT.

Although the original request was for plans to be developed by the end of March, we recognise that timescales have slipped a bit and have allowed some extra time for plan development. As discussed in recent routine meetings, we are now writing to confirm our request for you to share your local improvement plans with us by 2 July. This will enable us to review them and provide feedback, and ultimately to provide the Minister with assurance that locally owned, robust plans are in place.

Whilst we understand that your local plans will be set out in the format most useful to the Board, we endorse the advice provided from our Professional Advisors that, as a minimum, the following aspects are included:

## CAMHS

Your plan to implement the National CAMHS Service Specification Standards, and in particular:

- Your capacity model assumptions for meeting demand and clearing the historic waiting list backlog, including the data used to model this;
- Your workforce plan, including recruitment and workforce development;
- Your proposed trajectory towards (i) meeting the CAMHS Waiting Time Standard, and (ii) clearing the historic backlog of children and young people on the waiting list - both by 31 March 2023;
- Your plans to raise the age for access to CAMHS to de minimus 18;
- Your plans to implement the Transition Care Plan protocol;
- Confirmation you have appointed a CAMHS Clinical Director;
- The financial plan and use of the funding provided to you to deliver your plan.

## Psychological Therapies

- Your capacity model assumptions for meeting demand and clearing the historic waiting list backlog, including the data used to model this;
- Your workforce plan, including recruitment and workforce development;
- Your trajectory towards (i) meeting the Psychological Therapies Waiting Times Standard and, (ii) clearing the historic backlog on the waiting list – both by 31 March 2023;
- Confirmation you have appointed a Professional Lead for all Psychology across NHS Lanarkshire.

As well as sharing the plans with us we would like to know their status in your governance structures i.e. whether the plans are in draft, or else have formally been adopted by your senior management team, or the stage they are at in this process.

Once we have received and reviewed local improvement plans for all of the Boards receiving enhanced support, we will offer feedback which we hope will be helpful to you and will get back to you on next steps.

In addition, we intend to write out to all Boards in July [to tie in with the commissioning process for the next set of remobilisation plans – RMP4] setting out the information that we will require on plans for spending the Recovery and Renewal funding, in order to monitor its use and impact over the coming months.

We are working closely with our Planning colleagues in the Scottish Government to streamline these processes as far as possible, and therefore anticipate that the local improvement plans you are submitting for CAMHS and PT will provide much of the material for this commission, albeit with added detail on specific funding proposals and plans for other service areas.

Many thanks again to all of the colleagues who have worked so hard with the us to develop the local improvement plans which we look forward to receiving by 2 July.

Kind regards,

Luska Jerdin.

Head of Mental Health Performance, Remobilisation and Renewal