Background GCU Info for Board Paper

University Hospital Departmental Status

Three clinical departments successfully met the criteria to be awarded university departmental status from Glasgow Caledonian University (GCU). The departments involved are:

- Podiatry
- Psychology
- NHSL Stroke Services at University Hospital Monklands

The title has been granted for three years. After the three years, a review will take place to determine the continued use.

Lecturer Practitioners Posts

Furthermore, three lecturer practitioners posts in Podiatry, Orthoptics and Physiotherapy are in place. These posts contribute to the teaching schedule at GCU, while at the same time holding a clinical role within NHSL. Students report that these roles carry added credibility when compared to lecturers who are solely based in academia.

Honorary Awards

Several senior medical staff were awarded honorary professorships from GCU from 1st Jan 2018:

- Prof Iain Wallace
- Prof Eamonn Brankin
- Prof Roy Scott
- Prof Mark Barber
- Prof Graham Ellis.
- Prof Ross Miller, a Consultant Foot and Ankle Surgeon, is a recent addition having been awarded an honorary professorship from the University in October 2019.
- Prof Frances Dodd was also awarded an honorary chair by the Business School @ GCU in February 2020.

Also, three Honorary Fellows of the School of Health and Life Sciences at GCU have were awarded to:

- Dr Claire James, Podiatry Team Leader
- Mrs Margot Russell, Director of Practice Development
- Mr Peter McCrossan, Director for Allied Health Professionals

Research

The partnership relationship GCU has generated two PhD studentship which has been jointly sponsored by GCU and NHSL. Through an interview process These PhD studentships have been awarded to:

• Cassandra Macgregor - Specialist Physiotherapist in chronic pain, researching 'The coproduction and development of a Brief Intervention to facilitate acceptance in people with chronic pain to help realise the aims of Realistic Medicine. • Jennifer Elizabeth Scott – Podiatrist, researching 'Prevention of hospitalisation based functional decline in older adults in inpatient and 'Hospital at Home' settings

Furthermore, there are several joint research activities taking place involving the Orthopaedics, Service and the Diabetic Foot Service.

Professor Jim Woodburn from GCU has been working collaboratively on some research projects. However, one specific project involves the Foot & Ankle team, which is examining data gathered on approximately 500 patients assessed by orthopaedics between 2012- 2014.

The data gathered helped inform service development strategies relating to patient flow. The Patient Recorded Outcome Measures (PROMs) data collected as part of this workstream was not scrutinised due to a lack of resource.

Recently the Foot and Ankle team along with Professor Woodburn, have re-visited the questionnaire to analyse the PROMs data and publish the results. However, a member of the Podiatry team currently undertaking a Master's degree at GCU has volunteered process this data for analysis by Professor Woodburn with a view to publication on completion

There is potential for NHSL to be involved in three Covid 19 related research topics.

The research questions under consideration are:

• Project 1 – Longitudinal assessment of symptoms and disability following Covid-19 infection

- Project 2 Home-based rehabilitation following Covid-19 infection
- Project 3 The effects of exercise on long-term recovery following Covid-19 infection

Physiotherapy MSK Clinic-Based at GCU

Unfortunately, due to the current covid 19 situation. The university has decided to close the GCU MSK clinic as the campus is likely to stay closed for the rest of 2020. The outpatient clinic at GCU was treating NHS Lanarkshire MSK physiotherapy patients.