

Integrated Population Health Plan

Strategy/Plan	Expected Outcomes	Oversight group	Measures of progress	Risks/issues	
<i>PHP 1: A Scotland where we live in vibrant, healthy and safe places and communities</i>					
Lanarkshire Green Health Partnership	<ul style="list-style-type: none"> • Raise awareness and confidence of the health and social care sector workforce and members of the public to “Get Outdoors Lanarkshire” • Increase access to and quality of green space (particularly for selected SIMD 1 & 2 areas) • Use a multiagency approach to increase joint working and buy-in to refer to green health opportunities • Develop a strategic volunteer framework 	LGHP Strategic group/National Our Natural Health Service steering group	<p>LGHP Action Plan contains range of performance measures e.g.</p> <ul style="list-style-type: none"> • No. Green Health places/projects/programmes • No. people participating in Green Health Opportunities • No. Pathways and referrals linking into Green Health • No. promotional tools for green health opportunities • No. green health volunteering opportunities • No. green health opportunities available within NHS estate 		
NL Community Safety Plan	New Community Safety Strategy under development and will be ready by March 2020	NL Community Safety Strategy Group			
SL Community Safety Plan	<ul style="list-style-type: none"> • Contribute to reducing the health, social and economic harm caused by drug misuse; • Contribute to reducing both the prevalence and impact of domestic abuse upon victims, children, families and communities; • Contribute to making people safe and feel safe using roads in South Lanarkshire; • Contribute to reducing the risk of unintentional injuries within the home environment; and 	Safer South Lanarkshire Board (Reports to the CPP)	<ul style="list-style-type: none"> • Range of targets detailed in Safer South Lanarkshire Partnership Improvement Plan 2017- 2020 (New plan for 2020 -2023 TBD) 		

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	<ul style="list-style-type: none"> Contribute to reducing the impact antisocial behaviour has on people's lives. 				
South Lanarkshire H&SCP Building and Celebrating Communities (BCC)	We will have succeeded <ul style="list-style-type: none"> when we have clear evidence that residents are taking more responsibility for their own health, care and wellbeing needs when residents tell us that they have more trust in services when services are more responsive, imaginative, focused and agile to their needs when residents tell us life and conditions in communities have improved when we can provide sustained and evidenced improvements in resident's lifestyle choices and reduced dependency on services when we can see and evidence increases in staff pride and satisfaction when we can clearly demonstrate how we have collectively enabled community building 	South Lanarkshire BCC Programme Board	To be determined		
North Lanarkshire Community Capacity Building and Carer Support Strategy	<ul style="list-style-type: none"> A reduction in isolation and loneliness Enhanced use of information, advice and education Improved independence and wellbeing People feel included, connected and safe Citizens have greater access to health and wellbeing supports and services 	North Lanarkshire Community Capacity Building and Carer Support Strategy	A broad range of output measures have been identified to demonstrate delivery against outcomes		

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	<ul style="list-style-type: none"> • Carers have accessed a short break from their caring • Carers have increased ability to manage or cope with their caring role • Carers health and wellbeing is optimised • Carers have been referred/signposted to direct carer support services • Children and Young People's (C&YP) sense of wellbeing is increased • C&YP's mental health is optimised • C&YP's parental/carer attachment is improved • C&YP's physical activity is increased • C&YP's resilience is improved 				
The Plan for North Lanarkshire: Inequalities prevention and anticipatory care	<ul style="list-style-type: none"> • Improve preventative approaches including self-management and giving people information and choice over supports and services • Ensure our residents are able to achieve, maintain, and recover their independence through appropriate supports at home and in their communities • Ensure our digital transformation is responsive to all people's needs and enable access to the services they need • Build a workforce for the future capable of delivering on our priorities and shared ambition 	Inequalities. Prevention and Anticipatory Care Group	<p>A range of performance measures have been identified across the following workstreams:</p> <ul style="list-style-type: none"> • Expansion of Making Life Easier • Health Improvement routine enquiry in First Point of Contact • Test of a health hub model in Houldsworth health centre • Use of technology for condition monitoring • Anticipatory Care Planning • Embedding Care About Physical Activity in health and social care practice 		
South Lanarkshire H&SCP Early Intervention, Prevention and	<ul style="list-style-type: none"> • Reduced reliance on health and social care by Improved preventative approaches including self-management • Reduced impact of social isolation on health and wellbeing 		<p>A range of performance measures have been identified across the following workstreams:</p> <ul style="list-style-type: none"> • Physical Activity prescription and a range of physical activity programmes have 		

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Health Improvement	<ul style="list-style-type: none"> • Reduced inequalities in health and wellbeing outcomes • Communities realise the benefits of good health and wellbeing and how they can have more control over this • People access more information and have more choice over supports and services • People are able to achieve, maintain, and recover their independence through appropriate supports at home and in their communities • Build a workforce for the future capable of delivering on our priorities and shared ambition <p><i>Not the entire list of expected outcomes</i></p>		<p>good adherence and reach to those most in need</p> <ul style="list-style-type: none"> • Routine enquiry around financial status of pregnant women and mothers of children under 5 • Expanding Telehealth and telecare for condition monitoring and support • A cohesive and accessible Social Prescribing offer is available and accessible • Third sector supports that reduce reliance on health and social care are available and growing • Adherence and success across weight management programmes <p><i>Not the entire list of measure and indicators</i></p>		
PHP2: A Scotland where we flourish in our early years					
Children and Young People's Health Plan	<ul style="list-style-type: none"> • Unmet need is identified and addressed to ensure improved outcomes for looked after children and young people • The stretch aims of the CYP Improvement Collaborative are achieved through early intervention and targeting of services • The health and wellbeing of children and young people is improved • CYP experience smooth and efficient transition between paediatric and adult services 	Child Health Commissioner's Steering Group	Maternal and Child Health Dashboard measures		

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	<ul style="list-style-type: none"> • Health services are person-centred, safe and effective • Data systems support the identification of need and risks in vulnerable populations and allow monitoring of improvement • CYP and families are actively involved in the planning and provision of health services • Health services have an active role in preventing and mitigating the effects of child poverty • The wider workforce understands the impact of Adverse Childhood Experiences (ACEs) on child and adult wellbeing 				
Breastfeeding programme for government	<ul style="list-style-type: none"> • Staff will have increased knowledge and confidence in using behaviour change skills to manage difficult conversations including where mothers advise they do not wish to breastfeed • Staff will understand and adapt generic behaviour change skills appropriately to manage and support conversations specific to breastfeeding • An increase in initiation in breast milk feeding of babies in the NNU • An increase in sustainment of lactation • Increased breastfeeding rates on discharge • Improved developmental and neurological outcomes (from increased skin to skin contact and parental involvement) 	NHS Lanarkshire Breastfeeding Group	<ul style="list-style-type: none"> • National stretch aim 'The exclusive* breastfeeding drop off rate in each NHS Board at 6-8 weeks will reduce by 10% by 2025' • Number of staff trained • Breastfeeding initiation rates increase by 10% over 3 years • An increase in initiation in breast milk feeding of babies in the NNU • An increase in sustainment of lactation • Increased breastfeeding rates on discharge • Improved developmental and neurological outcomes (from increased skin to skin contact and parental involvement) 		

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			*Awaiting national guidance to change from exclusive to any breastfeeding		
North Lanarkshire Children's Partnership Plan 2017-2020/ South Lanarkshire Children's Services Partnership Plan 2017-2020	<ul style="list-style-type: none"> Health and wellbeing of children is improved through the provision of parenting support programmes and interventions for parents and carers across levels 1-3 (universal, additional, intensive/specialist provision) in line with needs. 	North Lanarkshire Prevention Task Group. South Lanarkshire Parenting Task and Finish Group.	<ul style="list-style-type: none"> Actions detailed in the South Lanarkshire Parenting Support Improvement Plan 2017-20 and the North Lanarkshire Children's Services Partnership Prevention Task group Plan 2019 		
PHP 3: A Scotland where we have good mental wellbeing					
Good Mental Health for All Action Plans	<ul style="list-style-type: none"> Promoting a safe and supportive environment at home and in the community Increasing social inclusion and decreasing inequality and discrimination Increasing financial security and creating healthy environments for working and learning Increasing social connectedness, relationships and trust in families and communities Promoting health and healthy behaviour Sustaining inner resources 	GMHFA North and South Partnership Groups which report to Mental Health Strategy Group.	GMHFA High level action plan outlines measures of progress across the following six areas: <ul style="list-style-type: none"> Mentally healthy infants, children and young people Mentally healthy later life Mentally healthy environments and communities Mentally healthy employment Reducing the prevalence of suicide, self-harm, and common mental health problems 		

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			<ul style="list-style-type: none"> Improving the quality of life of those experiencing mental health problems 		
Transforming Psychological Trauma Framework and Action Plan	<p>The National Trauma Training Plan is implemented to ensure:</p> <ul style="list-style-type: none"> Trauma training needs are identified across workforce groups. Training is developed or commissioned to address the needs of the workforce. High quality trauma training is delivered. Organisational structures and policies support and maintain the translation of training into practice. 	Trauma Training Implementation Group	<ul style="list-style-type: none"> Implement the National Trauma Training Plan to 100% of the workforce over 3 years 		
PHP 4: A Scotland where we reduce the use of and harm from alcohol, tobacco and other drugs					
South Lanarkshire ADP Strategy <i>Strategy under development</i>	<ul style="list-style-type: none"> Work with key partners to implement the Strategic ambitions of Rights, Respect and Recovery – Scotland’s strategy to improve health by preventing and reducing alcohol and drug use, harm and related deaths 	SL ADP Board			
North Lanarkshire ADP Strategy <i>Strategy to be developed</i>	<ul style="list-style-type: none"> Work with key partners to implement the Strategic ambitions of Rights, Respect and Recovery – Scotland’s strategy to improve health by preventing and reducing alcohol and drug use, harm and related deaths 	NL ADP Board			

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Lanarkshire Tobacco Control Strategy	<ul style="list-style-type: none"> • Increase tobacco control programmes focusing on prevention and protection activities • Lanarkshire will support environments where children and young people choose not to smoke and don't see adults smoking • Children, adults and pets will be protected from the harmful effects of second hand smoke • People in Lanarkshire will receive help to stop smoking from services which are needs led, person centred, and delivered at the right time in the right place • Partnership approaches across Lanarkshire will demonstrate the importance of anti-tobacco actions at an individual, team, organisational, and societal level 	Lanarkshire Tobacco Control Steering Group	<ul style="list-style-type: none"> • Overall prevalence of smoking in Lanarkshire will be 11% by 2022. • Exposure to second hand smoke in Lanarkshire will reduce to 6% by 2022. • LDP annual smoking cessation targets will be met. • The proportion of Stop Smoking Service provision will increase in SIMD areas 1 and 2, to 70%. 		
Sexual Health and BBV Framework 2015-2020	<ul style="list-style-type: none"> • Fewer newly acquired blood borne virus and sexually transmitted infections; fewer unintended pregnancies • A reduction in the health inequalities gap in sexual health and blood borne viruses • People affected by blood borne viruses lead longer, healthier lives, with a good quality of life. • Sexual relationships are free from coercion and harm • A society where the attitudes of individuals, the public, professionals and the media in Scotland towards sexual health and blood borne viruses are positive, non-stigmatising and supportive. 	Lanarkshire BBV Prevention and Care Network; Lanarkshire Sexual Health Steering Group	<ul style="list-style-type: none"> • KPIs for each of the 5 outcomes have been agreed as part of the National Framework. • Locally, the BBV Prevention and Care Network have a BBV Prevention Strategy 2017 to 2020. • More recently a local Hep C Action Plan has been developed by the BBV PCN to support the elimination of Hep C in Lanarkshire. 		
PHP 5: A Scotland where we have a sustainable, inclusive economy with equality of outcomes for all					

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Employability	<ul style="list-style-type: none"> Continue to support programmes such as Project Search and the Modern Apprenticeship initiative. Benchmark current approaches and undertake a gap analysis in relation to the Fair Work framework 	NHSL Board	<ul style="list-style-type: none"> Numbers participating in Project search and Modern Apprenticeships Fairwork framework measures 		
Child Poverty Action Reports	<ul style="list-style-type: none"> Positive destinations for CEYP Financial wellbeing pathways midwifery/health visiting NHSL procurement increasing trade spend to LW accredited suppliers and Supported Businesses NHSL addressing underemployment 	NL/SL Child Poverty Action Groups	<ul style="list-style-type: none"> Number CEYP employed by NHSL Number of financial wellbeing referrals/% engaged/financial gain (£) Proportion of trade spend to LW accredited suppliers and Supported Businesses Number of staff supported to increase contracted hours 		
Welfare Reform Action Plan	<ul style="list-style-type: none"> Health and social care staff have the knowledge, confidence and skills to routinely enquire about financial insecurity and provide information, signpost or refer service users to available support. Public can access information which aims to reduce the stigma of poverty/ financial insecurity and about how to access help on welfare issues Advice sector staff have access to information and training on health related issues and an understanding of the role and contribution of advice services to health outcomes and addressing inequalities. Service users should be asked about financial insecurity as part of routine assessments and signposted/referred to support where required 	Welfare Reform Steering Group	<p>The Welfare Reform Action Plan contains a range of measures of progress.</p> <ul style="list-style-type: none"> E-learning modules and guidance updated. Number of staff accessing training. Learning evaluation. Number of referrals to welfare advice services. Activity to improve integration and consistency of learning across health and social care. Record of communication activity. 		

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	<ul style="list-style-type: none"> NHSL employee support mechanisms and local policies support staff financial insecurities and health 				
Health & Homelessness Delivery Plan	<ul style="list-style-type: none"> A coordinated early intervention approach is agreed to address the needs of those at risks of, or experiencing homelessness in order to mitigate negative impact on health and wellbeing Clients at risk of or experiencing homelessness who have complex needs are supported through a multi-agency person centred approach Children and young people at risk of or experiencing homelessness have their needs met Pregnant women at risk of, or experiencing homelessness are able to access services which support their needs 	Lanarkshire Health and Homelessness Steering Group	<p>The Health and Homelessness action plan outlines actions and measures of progress including.</p> <ul style="list-style-type: none"> Improved uptake of national cancer screening services and sexual health services for homeless people. Improved access to GP services for challenging patients via implementation of the Virtual GP Practice Model. Number of staff trained in and delivering trauma-informed health and housing services. Number of children experiencing homelessness who have had a wellbeing assessment as a result of that homelessness and have initiatives in place to improved outcomes. Implementation of the Rapid Rehousing Transition Plans. Implementation of Housing First. 		

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Healthcare public health	<ul style="list-style-type: none"> • Make better use of routinely available information in various databases to inform systems development and processes. Particular emphasis should be placed upon the uptake of services by those who are vulnerable or live in our most deprived areas. • Undertake focused work on analysing users of services from an inequalities perspective. • Develop a mechanism to support NHSL and both HSCPs in their strategic decision making with regard to the Fairer Scotland Duty 	Lanarkshire and University of Strathclyde Partnership Board	<ul style="list-style-type: none"> • Evaluation of the impact of the current Chronic Pain website and the updated multifunctional resource for patients with CP • Evaluation of the Patient Initiated Follow Up Pilot in Rheumatology services, which is expected to commence in April 2020 	<p>No benefits realisation for CP patients</p> <p>PIFU not leading to improvement in follow up care for patients with clinical need, especially those with flare ups.</p>	
Keep Well Action Plan	<p>Early identification of risk factors for CHD/diabetes and support to access services for the following groups:</p> <ul style="list-style-type: none"> • BME communities • Those affected by substance misuse • Gypsy travellers • Those affected by homelessness • Deafblind community • Carers • Those in the criminal justice system 	North HSCP Senior Leadership Teams	<p>Individuals seen by gender/age</p> <p>Individuals living in SIMD 1&2</p> <p>Number of workshops delivered to client group</p> <p>Number of Health checks and referrals for clinical risk (including BBV)</p> <p>Referrals to other services to support health and well-being</p> <p>Numbers Case Managed by Keep Well due to complexity</p>		

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PHP 6: A Scotland where we eat well, have a healthy weight and are physically active					
Lanarkshire Healthy Weight Strategy	<ul style="list-style-type: none"> • Maximise opportunities for active play • Promote active travel/recreational activities in relation to cycling and walking • Development of new and promotion of existing physical activity opportunities for older people • Food providers are actively engaged and encouraged to offer and promote healthy food choices • Children and young people have the opportunity to develop healthy eating habits and make healthy choices • Workplaces provide employees with opportunities to improve their nutrition and achieve a healthy weight • Community efforts to increase access to and affordability of healthy foods are strengthened • Evidence informed weight management services and interventions are developed, delivered and evaluated 	LHWS Implementation & Monitoring Group	As detailed in the LHWS Implementation Plan		
Maternal and Infant Nutrition Framework Action Plan	<ul style="list-style-type: none"> • Improved nutritional status of women of childbearing age and children under five years of age • Increased rate and duration of breastfeeding • An established and sustained local partnership model for delivery of Healthy Start vitamins • Support for antenatal and postnatal weight management and improved outcomes for this client group 	NHSL Maternal and Infant Nutrition Steering Group	<p>As detailed in the MIN Framework Action Plan including:</p> <ul style="list-style-type: none"> • 40% of eligible women (BMI of 30 or more) are referred to the Healthy Lifestyle in Pregnancy Service by March 2019. 30% of those referred engage with the service (opt-in) by 		

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			<p>March 2019, increasing to 35% by March 2020.</p> <ul style="list-style-type: none"> • Healthy Start Scheme registration is increased from 70% to 75%. <p>30% of eligible children in Lanarkshire receive Healthy Start vitaminsThe exclusive* breastfeeding drop off rate in each NHS Board at 6-8 weeks will reduce by 10% by 2025</p> <p>*Awaiting national guidance to change from exclusive to any breastfeeding</p>		
<p>Health Promoting Health Service - CMO Letter (2018) 3 HPHS</p>	<ul style="list-style-type: none"> • Prevention, improving health and reducing health inequalities are core parts of the system and planned, delivered and performance managed as such. • Patients are routinely assessed for health improvement and inequalities as part of their person centred assessment and care. Where appropriate, they are offered quality assured interventions that improve their health outcomes and support their clinical treatment, rehabilitation and on-going management of long term conditions. • All staff work in an environment that promotes physical and mental health, safety and wellbeing. • The hospital environment is designed and maintained to support and promote the health and wellbeing of staff, patients and visitors. 	<p>Population Health, Primary Care Community Services Governance Committee</p>	<p>A range of indicators of progress have been set nationally and local actions have been prioritised for delivery in accordance with the baseline assessment carried out in March 2019.</p>		

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Healthy Working Lives	<p>The health and wellbeing of staff is improved Staff have an improved awareness of health and wellbeing supports and information available</p> <p>Staff have the opportunity to improve their health and wellbeing</p>	Occupational Health and Safety Performance Group (OHSPG)	Annual maintenance of HWL Gold award		
<p>Oral Health Improvement Plan (National outcomes)</p> <p><i>Local Oral Health Action Plan to be developed</i></p>	<p>Prevention – aim is that all children grow up with good oral health. Adults will start to get an Oral Health Risk Assessment (OHRA) every five years.</p> <p>Reducing Oral Health Inequalities – The OH Community Challenge Fund (OHCCF) is for third sector organisations to promote OH in areas of deprivation.</p> <p>Meeting the Needs of an Ageing Population – Ensuring all over 75's have access to dental treatment.</p> <p>More Services on the High Street – reducing the need for hospital treatment.</p> <p>Improving Information for Patients - Dental patients receive clearer info on the cost of dental treatments.</p> <p>Quality – better monitoring of dental services people receive.</p> <p>Workforce – ensuring people are seen by the right person in the right place.</p>	Health Board Dental Team. (Anne Moore is newly appointed Director of Dentistry, NHSL)	<p>The Scottish Government will:</p> <ul style="list-style-type: none"> • Work towards a single database of quality improvement information for NHS Boards. Commission the development of a National Framework for Quality Assurance and Improvement across NHS dental services, using the HIS report as a starting point; and, • Work with HIS and NES on ensuring an overarching quality approach to NHS dentistry. 		
Healthy Schools Curricular Framework	<ul style="list-style-type: none"> • LHWS ambitions on childhood overweight are supported • Provide training and CPD opportunities to 80 additional nursery and primary school teachers each academic year to support implementation of the Healthy Schools approach. • Support for planning, delivery and evaluation of HWB education from nursery 	Healthy Weight Interventions Group	<p>KPI are:</p> <ul style="list-style-type: none"> • The % of schools that report using the resource • Teacher CPD sessions delivered 		

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	<p>to P7 supports improved learning & teaching</p> <ul style="list-style-type: none"> • Support more effective parent/carer engagement • Support more effective partner organisation engagement • Nursery and primary school aged children benefit from improved health & wellbeing outcomes 				
Diabetes Framework	<ul style="list-style-type: none"> • The necessary strategic and operational partnerships will be strengthened and access to relevant health intelligence systems secured to support the design, processes and systems required to identify, engage and support those at risk of diabetes, with pre-diabetes or recently diagnosed with diabetes to access appropriate weight management interventions and support services. 	<p>Diabetes Framework Steering Group</p> <p>Lanarkshire Healthy Weight Strategy Steering Group</p>	<p>Outlined in the diabetes implementation plan and include the following:</p> <ul style="list-style-type: none"> • Staff recruitment • Establish reporting mechanisms, • Establish partnership agreements • Establish Service Level Agreements • Resource development • Intervention design • Initiation of a suite of new services • Enhanced provision of a range of existing services • Scoping out need for additional services • Development of data analysis & evaluation systems • Production of quarterly and annual reports 		