**DEFINITION**

**ACTIVE**

Presence of active ulceration, spreading infection, critical ischaemia, gangrene or unexplained hot, red, swollen foot with or without the presence of pain.

**ACTION**

Rapid referral to and management by a member of a Multidisciplinary Foot Team. Agreed and tailored management/treatment plan according to patient needs. Provide written and verbal education with emergency contact numbers. Referral for specialist intervention when required.

**HIGH**

Previous ulceration or amputation or more than one risk factor present e.g. loss of sensation or signs of peripheral vascular disease with callus or deformity.

**ACTION**

Annual assessment by a specialist podiatrist. Agreed and tailored management/treatment plan by specialist podiatrist according to patient needs. Provide written and verbal education with emergency contact numbers. Referral for specialist intervention if/when required.

**MODERATE**

One risk factor present e.g. loss of sensation or signs of peripheral vascular disease without callus or deformity.

**ACTION**

Annual assessment by a podiatrist. Agreed and tailored management/treatment plan by podiatrist according to patient needs. Provide written and verbal education with emergency contact numbers.

**LOW**

No risk factors present e.g. no loss of sensation, no signs of peripheral vascular disease and no other risk factors.

**ACTION**

Annual screening by a suitably trained Health Care Professional. Agreed self management plan. Provide written and verbal education with emergency contact numbers. Appropriate access to podiatrist if/when required.

*These risk categories relate to the use of the SCI-DC foot risk stratification tool.*

Produced by the Scottish Diabetes Group - Foot Action Group